



SAN DIEGO-  
IMPERIAL  
SWIMMING

**CENTRAL CALIFORNIA SWIMMING  
VS  
SIERRA NEVADA SWIMMING  
VS  
SAN DIEGO-IMPERIAL SWIMMING  
ALL-STAR TRI-MEET**

**JANUARY 23-24, 2010  
CHULA VISTA, CALIFORNIA**



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
Central California ★ San Diego-Imperial ★ Sierra Nevada



Girls	Event	Boys
<hr/>		
SATURDAY, 23 JANUARY	WARM-UP: SI-11:30, CC-12:00, SN-12:30	MEET STARTS 1:10
<hr/>		
1	10 & Under 200Y Medley Relay	2
3	11 - 12 200Y Medley Relay	4
5	13 - 14 200Y Medley Relay	6
7	10 & Under 500Y Freestyle	8
9	11 - 12 200Y Backstroke	10
11	13 - 14 200Y Backstroke	12
13	10 & Under 50Y Backstroke	14
15	11 - 12 100Y Breaststroke	16
17	13 - 14 100Y Breaststroke	18
19	10 & Under 100Y Breaststroke	20
21	11 – 12 100Y Butterfly	22
23	13 – 14 100Y Butterfly	24
25	10 & Under 100Y Butterfly	26
27	11 – 12 200Y Freestyle	28
29	13 – 14 200Y Freestyle	30
31	10 & Under 100Y Freestyle	32
33	11 - 12 400Y Individual Medley	34
35	13 – 14 400Y Individual Medley	36
37	10 & Under 100Y Individual Medley	38
39	11 – 12 50Y Freestyle	40
41	13 – 14 50Y Freestyle	42
43	10 & Under 400Y Freestyle Relay	44
45	11 – 12 400Y Freestyle Relay	46
47	13 – 14 400Y Freestyle Relay	48
<hr/>		
SUNDAY, 24 JANUARY	WARM-UP: SI-7:30, CC-8:00, SN-8:30	MEET STARTS 9:10
<hr/>		
49	10 & Under 200Y Freestyle Relay	50
51	11 - 12 200Y Freestyle Relay	52
53	13 - 14 200Y Freestyle Relay	54
55	10 & Under 200Y Freestyle	56
57	11 - 12 200Y Breaststroke	58
59	13 - 14 200Y Breaststroke	60
61	10 & Under 50Y Breaststroke	62
63	11 – 12 200Y Butterfly	64
65	13 - 14 200Y Butterfly	66
67	10 & Under 50Y Butterfly	68
69	11 – 12 500Y Freestyle	70
71	11 – 12 100Y Backstroke	72
73	13 – 14 100Y Backstroke	74
75	10 & Under 100Y Backstroke	76
77	11 - 12 100Y Freestyle	78
79	13 – 14 100Y Freestyle	80
81	13 – 14 500Y Freestyle	82
83	10 & Under 200Y Individual Medley	84
85	11 - 12 200Y Individual Medley	86
87	13 – 14 200Y Individual Medley	88
89	10 & Under 50Y Freestyle	90
91	10 & Under 400Y Medley Relay	92
93	11 – 12 400Y Medley Relay	94
95	13 – 14 400Y Medley Relay	96



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
Central California ★ San Diego-Imperial ★ Sierra Nevada



**SANCTION:** This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-10-08.

**FACILITY:** Loma Verde Pool, 1420 Loma Lane, Chula Vista, CA. Take I-805 South, exit west on Orange to Loma Lane. Right to pool. 8 lane, 25 yard pool with warm-up area available.

**ELIGIBILITY:** This is a closed meet, open only to the All-Star teams of each participating LSC. Each All-Star team will be composed of a maximum of 8 athletes per age group and gender (10&UN, 11-12, 13-14) for a maximum total of 48 athletes per team. Teams may not go over capacity in one age group/gender by going under in another.

**RULES:** Current SI Swimming and USA Swimming rules will govern the conduct of the meet, and will take precedence over errors/omissions on this meet announcement.

- a. Each LSC may enter up to 4 swimmers in each event.
- b. No swimmer may compete in more than 3 individual events and 2 relay events per day.
- c. Each LSC may enter up to 2 relay teams in each relay event.

**MEET CONDUCT:** This meet will be pre-seeded. Team roster changes, event entry changes, seeding time changes or similar requests, even if due to an administrative error, are prohibited per terms of the Tri-Meet LSC agreement. Only one-for-one swimmer substitutions may be allowed, and the new swimmer may only swim in the same events (and the same seeding) of the swimmer being replaced.

**MEET PROGRAMS:** A meet program containing a listing of each seeded event will be emailed to each participating LSC by 5:00pm Wednesday, January 20, 2010. Each LSC is responsible for producing as many copies of the program as they desire; none will be available for purchase at the meet location.

**SCORING:** Scoring shall be as follows:

INDIVIDUAL: 13, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1.

RELAYS: 26, 22, 20, 18, 16, 14.

**AWARDS:** Perpetual trophy to the winning team. No other awards are permitted.

**WARMUP ASSIGNMENTS:**

SATURDAY: Competition lanes: SI - 11:30, CC – 12:00, SN - 12:30. Warm-up concludes 1:00; meets starts 1:10pm.

SUNDAY: Competition lanes: SI - 7:30, CC – 8:00, SN - 8:30. Warm-up concludes 9:00; meets starts 9:10am.



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 1 Girls 10 & Under 200 Yard Medley Relay**

		2:23.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:39.99
2	Sierra Nevada		B	2:20.89
3	San Diego-Imperial		A	2:13.46
4	Sierra Nevada		A	2:16.49
5	Central California		A	2:24.85
6	San Diego-Imperial		B	NT

**Event 2 Boys 10 & Under 200 Yard Medley Relay**

		2:27.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:56.33
2	Sierra Nevada		A	2:18.50
3	San Diego-Imperial		A	2:07.05
4	San Diego-Imperial		B	2:16.00
5	Central California		A	2:27.17

**Event 3 Girls 11-12 200 Yard Medley Relay**

		2:06.19	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:19.11
2	Sierra Nevada		B	2:05.50
3	San Diego-Imperial		A	1:56.39
4	Sierra Nevada		A	2:01.30
5	Central California		A	2:06.31
6	San Diego-Imperial		B	NT

**Event 4 Boys 11-12 200 Yard Medley Relay**

		2:07.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:22.38
2	Central California		A	2:07.85
3	San Diego-Imperial		A	1:57.27
4	Sierra Nevada		A	2:07.00
5	Sierra Nevada		B	2:13.00
6	San Diego-Imperial		B	NT

**Event 5 Girls 13-14 200 Yard Medley Relay**

		2:01.59	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Sierra Nevada		B	NT
2	Central California		A	2:00.11
3	Sierra Nevada		A	1:49.99
4	San Diego-Imperial		A	1:57.09
5	Central California		B	2:12.11
6	San Diego-Imperial		B	NT

**Event 6 Boys 13-14 200 Yard Medley Relay**

		1:54.79	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Sierra Nevada		B	1:58.20
2	Sierra Nevada		A	1:55.10
3	San Diego-Imperial		A	1:47.01
4	Central California		A	1:49.11
5	Central California		B	1:56.11
6	San Diego-Imperial		B	NT

**Event 7 Girls 10 & Under 500 Yard Freestyle**

		6:20.99	Far Westerns		
Lane	Name		Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>					
1	Brown, Scout		10	SN	6:55.74
2	Favagrossa, Francesca		10	CC	6:34.84
3	Boese, Isabela		10	SI	6:25.65
4	Hopkins, Madison		10	SN	6:33.62
5	Down, Delaney		10	SN	6:37.30
6	Greenwood, Megan		10	CC	NT
<b>Heat 2 of 2 Timed Finals</b>					
1	Buell, Sierra		10	SN	6:18.89
2	Faulstich, April		9	SI	6:09.17
3	Snyder, Caitlyn		10	CC	5:50.76
4	Thomas, Katelyn		9	SI	6:03.42
5	Parsons, Julie		10	SI	6:15.90
6	McBride, Gwynne		10	CC	6:22.43

**Event 8 Boys 10 & Under 500 Yard Freestyle**

		6:10.89	Far Westerns		
Lane	Name		Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>					
2	Duncan, Josh		10	CC	NT
3	Sellers, Nathan		10	SN	6:37.55
4	Johnson, Lucas		10	SN	6:59.44
5	Koster, Jd		9	CC	NT
<b>Heat 2 of 2 Timed Finals</b>					
1	Santana, Alexander		10	SI	6:11.69
2	Jessen, Blayze		10	CC	5:54.61
3	Sande, Ty		10	SI	5:47.46
4	Santana, Brendan		10	SI	5:50.42
5	Danzer, Jake		10	SI	5:57.33
6	Nguyen, Kiet		9	SN	6:17.48



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 9 Girls 11-12 200 Yard Backstroke**

		2:26.49	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Herrera, Katelyn	12	CC	2:35.31	
2	Brown, Vanessa	12	SI	2:27.53	
3	Snyder, Sarah	12	CC	2:23.86	
4	Schwab, Laura	12	SI	2:25.89	
5	Goodbar, Emily	12	CC	2:33.92	
6	Williams, Mei	11	CC	2:37.29	
<b>Heat 2 of 2 Timed Finals</b>					
1	Thuen, Karli	12	SI	2:21.49	
2	Curry, Joanna	12	SN	2:18.78	
3	Reilly, Georgia	12	SI	2:16.62	
4	Maynard, Paige	12	SN	2:18.54	
5	Eastman, Hannah	12	SN	2:20.84	
6	Pinson, Claire	12	SN	2:23.57	

**Event 10 Boys 11-12 200 Yard Backstroke**

		2:23.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Anderson, Shane	12	SN	2:42.98	
2	Fluetsch, Josh	12	CC	2:39.19	
3	Overstreet, Erik	12	CC	2:30.66	
4	Fisk, Tucker	11	SN	2:35.00	
5	Mayer, Preston	11	CC	2:42.17	
6	Nash, Brandon	12	CC	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Hong, Minh	12	SI	2:27.24	
2	Halsted, Torin	12	SN	2:23.32	
3	Barry, Brendan	12	SI	2:17.61	
4	Brody, Orion	12	SI	2:21.01	
5	Parmenter, Josh	11	SI	2:26.76	
6	Desideri, Jonathan	12	SN	2:27.83	

**Event 11 Girls 13-14 200 Yard Backstroke**

		2:15.89	Western Zone		
		2:19.79	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Abell, Bre	13	CC	2:31.64	
2	Alving Trinh, Ali	13	CC	2:29.44	
3	Dong, Rochelle	14	SI	2:15.89	
4	Johnson, Bethany	13	CC	2:28.97	
5	Percin, Brittany	13	SN	2:31.47	
6	Lazerson, Claryce	13	CC	2:32.95	
<b>Heat 2 of 2 Timed Finals</b>					
1	Toronczak, Julia	13	SI	2:13.67	
2	Lenhoff, Sara	14	SI	2:07.44	
3	La Freniere, MARRISA	14	SN	2:06.87	
4	Green, Natalie	14	SN	2:07.25	
5	Halsted, Tara	14	SN	2:07.78	
6	Tomes, Annabel	14	SI	2:14.05	

**Event 12 Boys 13-14 200 Yard Backstroke**

		2:09.29	Western Zone		
		2:14.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Yang, Ivan	14	CC	2:17.46	
2	Indudhara, Christopher	14	SI	2:15.45	
3	Howen, Shawn	13	SI	2:12.49	
4	Spallas, Matthew	13	SN	2:13.55	
5	Liddell, Scotty	14	CC	2:16.88	
6	Yang, Daniel	14	CC	2:19.57	
<b>Heat 2 Timed Finals</b>					
1	Palecek, Adam	14	CC	2:09.64	
2	Recaido, Mitch	13	SN	2:09.42	
3	Glaudini, Garrett	14	SI	2:07.96	
4	Gartland, Sean	13	SI	2:09.34	
5	Bonzell, Bret	14	SN	2:09.44	
6	Klotz, Matthew	13	SN	2:11.34	

**Event 13 Girls 10 & Under 50 Yard Backstroke**

		34.99	Western Zone		
		35.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Mccarthy, Madison	9	CC	40.03	
2	Faulstich, April	9	SI	37.66	
3	Keenan-Rivers, Julee	10	SI	36.19	
4	Brown, Scout	10	SN	37.25	
5	Favagrossa, Francesca	10	CC	38.54	
6	Koster, Jacqui	10	CC	40.10	
<b>Heat 2 of 2 Timed Finals</b>					
1	Dodson, Fiona	10	SN	35.83	
2	Down, Delaney	10	SN	35.41	
3	Thomas, Katelyn	9	SI	34.49	
4	Fackenthal, Amalie	9	SN	35.34	
5	McBride, Gwynne	10	CC	35.79	
6	Van Buren, Amira	10	SI	35.97	

**Event 14 Boys 10 & Under 50 Yard Backstroke**

		35.09	Western Zone		
		35.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Grabowski, Micah	10	CC	43.33	
2	Roberts, Will	9	SN	38.35	
3	Mccannon, Mike	10	CC	38.31	
4	Sellers, Nathan	10	SN	38.32	
5	Koster, Jd	9	CC	41.68	
6	Tyler, Noah	9	CC	48.73	
<b>Heat 2 of 2 Timed Finals</b>					
1	Johnson, Lucas	10	SN	37.36	
2	Kos, Sean	10	SN	35.36	
3	Nguyen, Austin	10	SI	31.46	
4	Vo, Kasey	10	SI	34.95	
5	Machado, Marcelo	10	SI	36.18	
6	Greenbaum, Grant	9	SI	37.80	



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 15 Girls 11-12 100 Yard Breaststroke**

		1:13.99	Western Zone		
		1:17.59	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Rios, Kayla	12	SN	1:18.73	
2	Zaletel, Megan	12	CC	1:18.39	
3	Seale, Addison	12	SI	1:17.95	
4	Eastman, Hannah	12	SN	1:18.18	
5	Pinson, Claire	12	SN	1:18.66	
6	Mccarthy, Khloe	12	CC	1:20.38	
<b>Heat 2 of 2 Timed Finals</b>					
1	Brown, Vanessa	12	SI	1:16.36	
2	Kahn, Brittany	12	SI	1:14.17	
3	Barksdale, Emily	12	SN	1:13.74	
4	Buxbaum, Abby	12	SI	1:13.86	
5	Khieralla, Amber	11	CC	1:14.34	
6	Davis, Lauren	12	CC	1:17.65	

**Event 16 Boys 11-12 100 Yard Breaststroke**

		1:14.29	Western Zone		
		1:16.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Mallam, Stuart	11	CC	1:29.93	
2	Spitser, Jack	12	SI	1:20.74	
3	Halsted, Torin	12	SN	1:18.67	
4	Grissom, Kyle	12	CC	1:20.07	
5	Rasmussen, Austin	12	SN	1:26.08	
6	Koster, Jimmy	12	CC	1:30.10	
<b>Heat 2 of 2 Timed Finals</b>					
1	Parmenter, Josh	11	SI	1:17.50	
2	Nathanson, Michael	12	SI	1:13.29	
3	Knight, Bryce	12	SN	1:12.82	
4	Quarante, Marcello	12	SN	1:13.28	
5	Horne, John	12	SI	1:16.70	
6	Beutel, Sean	12	CC	1:18.62	

**Event 17 Girls 13-14 100 Yard Breaststroke**

		1:10.99	Western Zone		
		1:12.89	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Tay, Leslie	14	SN	1:22.88	
2	Aung, Ariella	13	SN	1:16.21	
3	Hull, Valerie	13	SI	1:13.82	
4	Bailey, Aubrey	13	SI	1:13.87	
5	Gutierrez, Leilani	13	CC	1:16.85	
6	Lazerson, Claryce	13	CC	1:26.34	
<b>Heat 2 Timed Finals</b>					
1	Woo, Cathy	14	SN	1:12.92	
2	McIntee, Sherri	13	SI	1:08.28	
3	Chase, Hayley	14	SN	1:07.41	
4	Caneta, Jorie	13	CC	1:08.09	
5	Johnson, Bethany	13	CC	1:10.12	
6	Wright, Elise	13	SI	1:13.71	

**Event 18 Boys 13-14 100 Yard Breaststroke**

		1:06.69	Western Zone		
		1:08.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Gartland, Sean	13	SI	1:20.10	
2	Cobarrubias, Joseph	13	CC	1:13.51	
3	Russo, Marco	14	SI	1:11.73	
4	Klotz, Matthew	13	SN	1:12.78	
5	Arnett, Grant	13	SN	1:18.87	
6	Yang, Ivan	14	CC	1:26.52	
<b>Heat 2 of 2 Timed Finals</b>					
1	Mobley, Dusty	14	CC	1:10.24	
2	Hickman, Riley	13	SN	1:08.79	
3	Ribal, Anthony	14	SI	1:06.04	
4	McDaniels, Sam	14	SI	1:08.33	
5	Nolan, Chris	13	CC	1:09.29	
6	Bonzell, Bret	14	SN	1:11.31	

**Event 19 Girls 10 & Under 100 Yard Breaststroke**

		1:25.29	Western Zone		
		1:27.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Nolan, Savannah	9	CC	1:34.48	
2	Johnson, Olivia	10	CC	1:31.96	
3	Thomas, Katelyn	9	SI	1:29.14	
4	Van Buren, Amira	10	SI	1:29.94	
5	Greenwood, Megan	10	CC	1:33.68	
6	Brown, Scout	10	SN	1:35.85	
<b>Heat 2 of 2 Timed Finals</b>					
1	Boese, Isabela	10	SI	1:26.87	
2	Snyder, Caitlyn	10	CC	1:24.85	
3	Greenbaum, Michala	10	SI	1:22.02	
4	Ferguson, Sally	10	SN	1:24.74	
5	Limberg, Sydney	10	SN	1:25.96	
6	Nabeta, Kailee	10	SN	1:29.12	

**Event 20 Boys 10 & Under 100 Yard Breaststroke**

		1:26.39	Western Zone		
		1:28.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Grabowski, Micah	10	CC	1:45.05	
2	Brooks, McCarthy	10	CC	1:35.37	
3	Roberts, Will	9	SN	1:31.49	
4	Sellers, Nathan	10	SN	1:34.79	
5	Mccannon, Mike	10	CC	1:36.31	
<b>Heat 2 Timed Finals</b>					
1	Vo, Kasey	10	SI	1:27.17	
2	Jessen, Blayze	10	CC	1:20.87	
3	Nguyen, Austin	10	SI	1:16.75	
4	Sande, Ty	10	SI	1:20.85	
5	Feldkamp, Jason	10	SN	1:23.24	
6	Greenbaum, Grant	9	SI	1:27.83	



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 21 Girls 11-12 100 Yard Butterfly**

		1:03.99	Western Zone		
		1:08.39	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Reilly, Georgia	12	SI	1:11.17	
2	Seale, Addison	12	SI	1:10.24	
3	Mitchell, Chloe	12	SN	1:07.14	
4	Herrera, Katelyn	12	CC	1:08.73	
5	Williams, Mei	11	CC	1:10.79	
6	Davis, Lauren	12	CC	1:17.94	
<b>Heat 2 of 2 Timed Finals</b>					
1	Barksdale, Emily	12	SN	1:06.20	
2	Curry, Joanna	12	SN	1:04.15	
3	Nowaski, Sarah	12	SI	1:03.86	
4	Schwab, Laura	12	SI	1:03.87	
5	Rios, Kayla	12	SN	1:05.44	
6	Khieralla, Amber	11	CC	1:06.58	

**Event 22 Boys 11-12 100 Yard Butterfly**

		1:04.39	Western Zone		
		1:08.49	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Koster, Jimmy	12	CC	1:17.52	
2	Overstreet, Erik	12	CC	1:11.97	
3	Fisk, Tucker	11	SN	1:09.85	
4	Hong, Minh	12	SI	1:09.89	
5	Mayer, Preston	11	CC	1:17.45	
<b>Heat 2 of 2 Timed Finals</b>					
1	Grissom, Kyle	12	CC	1:04.03	
2	Johnson, Terry	12	SN	1:03.63	
3	Brody, Orion	12	SI	1:02.81	
4	Salazar, Michael	12	SI	1:03.47	
5	Remmert, Colton	12	SN	1:03.85	
6	Nathanson, Michael	12	SI	1:06.92	

**Event 23 Girls 13-14 100 Yard Butterfly**

		1:01.49	Western Zone		
		1:04.29	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Chase, Hayley	14	SN	1:08.95	
2	Wright, Elise	13	SI	1:05.95	
3	Percin, Brittany	13	SN	1:04.14	
4	Bailey, Aubrey	13	SI	1:04.24	
5	Alving Trinh, Ali	13	CC	1:07.13	
6	Abell, Bre	13	CC	1:09.98	
<b>Heat 2 of 2 Timed Finals</b>					
1	Lenhoff, Sara	14	SI	1:03.88	
2	Johnson, Bethany	13	CC	1:01.77	
3	Dong, Rochelle	14	SI	58.74	
4	Halsted, Tara	14	SN	1:01.15	
5	Woo, Cathy	14	SN	1:02.48	
6	Bullman, Chandler	14	CC	1:04.05	

**Event 24 Boys 13-14 100 Yard Butterfly**

		57.49	Western Zone		
		1:00.49	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Arnett, Grant	13	SN	1:03.33	
2	Machado, Thomas	14	SI	1:01.27	
3	Newsom, Dylan	14	SN	1:00.28	
4	Liddell, Scotty	14	CC	1:00.32	
5	Yang, Daniel	14	CC	1:01.48	
6	Nolan, Chris	13	CC	1:03.62	
<b>Heat 2 of 2 Timed Finals</b>					
1	Spallas, Matthew	13	SN	59.40	
2	Ribal, Anthony	14	SI	58.93	
3	Wright, Justin	13	CC	56.21	
4	Glaudini, Garrett	14	SI	58.29	
5	Recaido, Mitch	13	SN	59.11	
6	Howen, Shawn	13	SI	59.82	

**Event 25 Girls 10 & Under 100 Yard Butterfly**

		1:15.39	Western Zone		
		1:18.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Nolan, Savannah	9	CC	1:40.00	
2	Johnson, Olivia	10	CC	1:23.32	
3	Down, Delaney	10	SN	1:20.69	
4	Ferguson, Sally	10	SN	1:22.80	
5	Limberg, Sydney	10	SN	1:23.41	
6	Koster, Jacqui	10	CC	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Blik, Naomi	10	SI	1:15.81	
2	Greenbaum, Michala	10	SI	1:14.15	
3	Hopkins, Madison	10	SN	1:12.39	
4	Snyder, Caitlyn	10	CC	1:12.97	
5	Keenan-Rivers, Julee	10	SI	1:14.99	
6	Parsons, Julie	10	SI	1:16.06	

**Event 26 Boys 10 & Under 100 Yard Butterfly**

		1:14.79	Western Zone		
		1:20.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
2	Mason, Michael	9	CC	1:31.54	
3	Santana, Alexander	10	SI	1:21.20	
4	Brooks, McCarthy	10	CC	1:27.09	
<b>Heat 2 of 2 Timed Finals</b>					
1	Feldkamp, Jason	10	SN	1:14.47	
2	Vo, Kasey	10	SI	1:12.01	
3	Danzer, Jake	10	SI	1:07.74	
4	Santana, Brendan	10	SI	1:07.94	
5	Nguyen, Kiet	9	SN	1:13.98	
6	Duncan, Josh	10	CC	1:19.67	



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 27 Girls 11-12 200 Yard Freestyle**

2:03.79 Western Zone  
 2:09.29 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Mccarthy, Khloe	12	CC	2:16.03
2	Buxbaum, Abby	12	SI	2:10.89
3	Mitchell, Chloe	12	SN	2:06.93
4	Snyder, Sarah	12	CC	2:07.17
5	Zaletel, Megan	12	CC	2:12.62
6	Williams, Mei	11	CC	2:22.01
<b>Heat 2 of 2 Timed Finals</b>				
1	Schwab, Laura	12	SI	2:05.38
2	Kahn, Brittany	12	SI	2:04.54
3	Pincin, Jamie	12	SN	2:02.14
4	Pinson, Claire	12	SN	2:04.47
5	Roberts, Shelby	12	SN	2:04.95
6	Nowaski, Sarah	12	SI	2:06.21

**Event 28 Boys 11-12 200 Yard Freestyle**

2:03.09 Western Zone  
 2:10.19 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Mallam, Stuart	11	CC	2:27.72
2	Anderson, Shane	12	SN	2:11.84
3	Fisk, Tucker	11	SN	2:10.86
4	Horne, John	12	SI	2:11.00
5	Fluetsch, Josh	12	CC	2:18.67
6	Nash, Brandon	12	CC	2:38.34
<b>Heat 2 of 2 Timed Finals</b>				
1	Spitser, Jack	12	SI	2:08.58
2	Salazar, Michael	12	SI	2:04.09
3	Remmert, Colton	12	SN	2:00.28
4	Barry, Brendan	12	SI	2:02.17
5	Johnson, Terry	12	SN	2:05.32
6	Overstreet, Erik	12	CC	2:08.75

**Event 29 Girls 13-14 200 Yard Freestyle**

1:58.79 Western Zone  
 2:01.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Tay, Leslie	14	SN	2:11.08
2	Bailey, Aubrey	13	SI	2:05.92
3	Percin, Brittany	13	SN	2:04.13
4	Caneta, Jorie	13	CC	2:05.07
5	Bullman, Chandler	14	CC	2:09.32
6	Abell, Bre	13	CC	2:11.99
<b>Heat 2 of 2 Timed Finals</b>				
1	Toronczak, Julia	13	SI	2:02.07
2	Green, Natalie	14	SN	1:57.68
3	La Freniere, MARRISA	14	SN	1:56.61
4	Tomes, Annabel	14	SI	1:57.39
5	Hull, Valerie	13	SI	2:00.09
6	Solorio, Taylor	14	CC	2:02.88

**Event 30 Boys 13-14 200 Yard Freestyle**

1:52.49 Western Zone  
 1:55.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Yang, Ivan	14	CC	2:04.17
2	Klotz, Matthew	13	SN	1:58.82
3	Indudhara, Christopher	14	SI	1:58.00
4	Palecek, Adam	14	CC	1:58.37
5	Machado, Thomas	14	SI	1:59.09
6	Mobley, Dusty	14	CC	2:08.41
<b>Heat 2 of 2 Timed Finals</b>				
1	Wright, Justin	13	CC	1:55.04
2	Hickman, Riley	13	SN	1:51.40
3	Newsom, Dylan	14	SN	1:49.64
4	Russo, Marco	14	SI	1:51.21
5	McDaniels, Sam	14	SI	1:51.74
6	Gillespie, Kurtis	14	SN	1:55.50

**Event 31 Girls 10 & Under 100 Yard Freestyle**

1:03.69 Western Zone  
 1:06.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Greenwood, Megan	10	CC	1:11.34
2	Nabeta, Kailee	10	SN	1:09.95
3	McBride, Gwynne	10	CC	1:07.90
4	Faulstich, April	9	SI	1:08.45
5	Favagrossa, Francesca	10	CC	1:10.23
6	Mccarthy, Madison	9	CC	1:14.99
<b>Heat 2 of 2 Timed Finals</b>				
1	Dodson, Fiona	10	SN	1:06.70
2	Van Buren, Amira	10	SI	1:05.09
3	Parsons, Julie	10	SI	1:02.39
4	Hopkins, Madison	10	SN	1:04.04
5	Buell, Sierra	10	SN	1:05.24
6	Blik, Naomi	10	SI	1:07.58

**Event 32 Boys 10 & Under 100 Yard Freestyle**

1:04.09 Western Zone  
 1:06.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Tyler, Noah	9	CC	1:38.30
2	Koster, Jd	9	CC	1:15.14
3	Kos, Sean	10	SN	1:06.32
4	Roberts, Will	9	SN	1:09.75
5	Mason, Michael	9	CC	1:18.88
<b>Heat 2 of 2 Timed Finals</b>				
1	Danzer, Jake	10	SI	1:04.91
2	Jessen, Blayze	10	CC	1:03.52
3	Sande, Ty	10	SI	1:00.54
4	Feldkamp, Jason	10	SN	1:03.01
5	Machado, Marcelo	10	SI	1:04.36
6	Santana, Alexander	10	SI	1:05.59



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 33 Girls 11-12 400 Yard IM**

		5:15.89	Far Westerns		
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 2 Timed Finals</b>					
1	Davis, Lauren	12	CC		5:38.40
2	Snyder, Sarah	12	CC		5:11.17
3	Eastman, Hannah	12	SN		5:03.23
4	Mitchell, Chloe	12	SN		5:09.87
5	Mccarthy, Khloe	12	CC		5:19.77
6	Goodbar, Emily	12	CC		5:39.09
<b>Heat 2 of 2 Timed Finals</b>					
1	Nowaski, Sarah	12	SI		4:59.29
2	Reilly, Georgia	12	SI		4:57.53
3	Thuen, Karli	12	SI		4:51.77
4	Kahn, Brittany	12	SI		4:54.11
5	Curry, Joanna	12	SN		4:58.38
6	Maynard, Paige	12	SN		5:02.86

**Event 34 Boys 11-12 400 Yard IM**

		5:15.89	Far Westerns		
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 2 Timed Finals</b>					
1	Grissom, Kyle	12	CC		NT
2	Fluetsch, Josh	12	CC		5:58.59
3	Quarante, Marcello	12	SN		5:30.89
4	Desideri, Jonathan	12	SN		5:30.89
5	Beutel, Sean	12	CC		6:01.70
6	Mayer, Preston	11	CC		NT
<b>Heat 2 of 2 Timed Finals</b>					
1	Parmenter, Josh	11	SI		5:13.86
2	Remmert, Colton	12	SN		5:00.33
3	Nathanson, Michael	12	SI		4:48.98
4	Brody, Orion	12	SI		4:54.83
5	Halsted, Torin	12	SN		5:07.29
6	Hong, Minh	12	SI		5:18.59

**Event 35 Girls 13-14 400 Yard IM**

		4:47.69	Western Zone		
		4:58.19	Far Westerns		
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 2 Timed Finals</b>					
1	Gutierrez, Leilani	13	CC		5:13.79
2	Toronczak, Julia	13	SI		5:00.76
3	Solorio, Taylor	14	CC		4:56.02
4	Chase, Hayley	14	SN		4:58.86
5	Alving Trinh, Ali	13	CC		5:10.57
6	Aung, Ariella	13	SN		5:22.81
<b>Heat 2 of 2 Timed Finals</b>					
1	McIntee, Sherri	13	SI		4:53.15
2	Lenhoff, Sara	14	SI		4:47.39
3	Halsted, Tara	14	SN		4:31.55
4	Green, Natalie	14	SN		4:45.44
5	Wright, Elise	13	SI		4:50.91
6	Caneta, Jorie	13	CC		4:54.07

**Event 36 Boys 13-14 400 Yard IM**

		4:32.19	Western Zone		
		4:46.99	Far Westerns		
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 2 Timed Finals</b>					
1	Yang, Daniel	14	CC		4:54.37
2	Nolan, Chris	13	CC		4:48.56
3	Recaido, Mitch	13	SN		4:48.35
4	Liddell, Scotty	14	CC		4:48.38
5	Gartland, Sean	13	SI		4:50.57
6	Cobarrubias, Joseph	13	CC		5:04.82
<b>Heat 2 of 2 Timed Finals</b>					
1	Indudhara, Christopher	14	SI		4:43.25
2	Hickman, Riley	13	SN		4:33.81
3	Glaudini, Garrett	14	SI		4:28.42
4	Gillespie, Kurtis	14	SN		4:29.90
5	Bonzell, Bret	14	SN		4:34.67
6	Ribal, Anthony	14	SI		4:43.26

**Event 37 Girls 10 & Under 100 Yard IM**

		1:16.99	Far Westerns		
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 2 Timed Finals</b>					
1	Koster, Jacqui	10	CC		1:30.69
2	Fackenthal, Amalie	9	SN		1:24.71
3	Limberg, Sydney	10	SN		1:19.53
4	Johnson, Olivia	10	CC		1:21.36
5	Mccarthy, Madison	9	CC		1:29.03
6	Nolan, Savannah	9	CC		1:33.52
<b>Heat 2 of 2 Timed Finals</b>					
1	Boese, Isabela	10	SI		1:18.57
2	Ferguson, Sally	10	SN		1:16.98
3	Greenbaum, Michala	10	SI		1:13.22
4	Blik, Naomi	10	SI		1:16.19
5	Buell, Sierra	10	SN		1:17.12
6	Keenan-Rivers, Julee	10	SI		1:18.77

**Event 38 Boys 10 & Under 100 Yard IM**

		1:16.99	Far Westerns		
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 2 Timed Finals</b>					
2	Mccannon, Mike	10	CC		1:26.95
3	Johnson, Lucas	10	SN		1:21.17
4	Brooks, McCarthy	10	CC		1:23.69
5	Mason, Michael	9	CC		1:30.82
<b>Heat 2 of 2 Timed Finals</b>					
1	Nguyen, Kiet	9	SN		1:17.49
2	Kos, Sean	10	SN		1:16.67
3	Nguyen, Austin	10	SI		1:07.93
4	Santana, Brendan	10	SI		1:12.04
5	Machado, Marcelo	10	SI		1:17.07
6	Duncan, Josh	10	CC		1:18.66



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 39 Girls 11-12 50 Yard Freestyle**

		25.99	Western Zone			
		27.19	Far Westerns			
Lane	Name	Age	Team	Seed	Time	
<b>Heat 1 of 2 Timed Finals</b>						
1	Buxbaum, Abby	12	SI	28.32		
2	Herrera, Katelyn	12	CC	28.18		
3	Roberts, Shelby	12	SN	27.58		
4	Brown, Vanessa	12	SI	27.64		
5	Zaletel, Megan	12	CC	28.27		
6	Goodbar, Emily	12	CC	28.94		
<b>Heat 2 of 2 Timed Finals</b>						
1	Thuen, Karli	12	SI	27.13		
2	Seale, Addison	12	SI	27.07		
3	Barksdale, Emily	12	SN	26.20		
4	Pincin, Jamie	12	SN	26.24		
5	Khieralla, Amber	11	CC	27.11		
6	Maynard, Paige	12	SN	27.19		

**Event 40 Boys 11-12 50 Yard Freestyle**

		25.99	Western Zone			
		26.99	Far Westerns			
Lane	Name	Age	Team	Seed	Time	
<b>Heat 1 of 2 Timed Finals</b>						
1	Nash, Brandon	12	CC	30.66		
2	Beutel, Sean	12	CC	28.21		
3	Knight, Bryce	12	SN	27.66		
4	Spitser, Jack	12	SI	28.12		
5	Koster, Jimmy	12	CC	29.61		
6	Mallam, Stuart	11	CC	31.84		
<b>Heat 2 of 2 Timed Finals</b>						
1	Horne, John	12	SI	27.50		
2	Quarante, Marcello	12	SN	27.13		
3	Salazar, Michael	12	SI	26.49		
4	Barry, Brendan	12	SI	26.75		
5	Anderson, Shane	12	SN	27.28		
6	Rasmussen, Austin	12	SN	27.55		

**Event 41 Girls 13-14 50 Yard Freestyle**

		25.39	Western Zone			
		26.29	Far Westerns			
Lane	Name	Age	Team	Seed	Time	
<b>Heat 1 of 2 Timed Finals</b>						
1	Gutierrez, Leilani	13	CC	28.11		
2	McIntee, Sherri	13	SI	27.18		
3	Bullman, Chandler	14	CC	26.27		
4	Aung, Ariella	13	SN	26.83		
5	Tay, Leslie	14	SN	27.21		
6	Lazerson, Claryce	13	CC	28.15		
<b>Heat 2 of 2 Timed Finals</b>						
1	Solorio, Taylor	14	CC	25.39		
2	Tomes, Annabel	14	SI	24.95		
3	Dong, Rochelle	14	SI	24.11		
4	La Freniere, MARRISA	14	SN	24.78		
5	Woo, Cathy	14	SN	25.32		
6	Hull, Valerie	13	SI	26.07		

**Event 42 Boys 13-14 50 Yard Freestyle**

		23.89	Western Zone			
		24.59	Far Westerns			
Lane	Name	Age	Team	Seed	Time	
<b>Heat 1 of 2 Timed Finals</b>						
1	Howen, Shawn	13	SI	25.41		
2	Mobley, Dusty	14	CC	24.85		
3	Wright, Justin	13	CC	24.29		
4	Spallas, Matthew	13	SN	24.41		
5	Machado, Thomas	14	SI	24.94		
6	Palecek, Adam	14	CC	26.28		
<b>Heat 2 of 2 Timed Finals</b>						
1	Arnett, Grant	13	SN	24.13		
2	Gillespie, Kurtis	14	SN	24.03		
3	Russo, Marco	14	SI	23.11		
4	McDaniels, Sam	14	SI	23.46		
5	Newsom, Dylan	14	SN	24.10		
6	Cobarrubias, Joseph	13	CC	24.22		

**Event 43 Girls 10 & Under 400 Yard Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
1	Central California	B	5:15.00
2	Sierra Nevada	B	4:39.69
3	Sierra Nevada	A	4:22.79
4	San Diego-Imperial	A	4:28.88
5	Central California	A	4:52.61
6	San Diego-Imperial	B	NT

**Event 44 Boys 10 & Under 400 Yard Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
1	Central California	B	5:25.00
2	Sierra Nevada	A	4:26.00
3	San Diego-Imperial	A	4:10.14
4	San Diego-Imperial	B	4:24.77
5	Central California	A	4:57.89

**Event 45 Girls 11-12 400 Yard Freestyle Relay**

		4:04.59	Far Westerns			
Lane	Team	Relay	Seed Time			
<b>Heat 1 of 1 Timed Finals</b>						
1	Central California	B	4:17.00			
2	Sierra Nevada	B	3:56.10			
3	San Diego-Imperial	A	3:48.03			
4	Sierra Nevada	A	3:50.90			
5	Central California	A	4:01.00			
6	San Diego-Imperial	B	NT			



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 46 Boys 11-12 400 Yard Freestyle Relay**

		4:11.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	4:33.98
2	Sierra Nevada		B	4:09.00
3	San Diego-Imperial		A	3:49.11
4	Sierra Nevada		A	3:58.00
5	Central California		A	4:10.04
6	San Diego-Imperial		B	NT

**Event 47 Girls 13-14 400 Yard Freestyle Relay**

		3:51.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Sierra Nevada		A	NT
2	Central California		A	3:51.68
3	Sierra Nevada		B	3:41.62
4	San Diego-Imperial		A	3:44.72
5	Central California		B	4:04.01
6	San Diego-Imperial		B	NT

**Event 48 Boys 13-14 400 Yard Freestyle Relay**

		3:46.79	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	4:10.42
2	Sierra Nevada		B	3:40.17
3	Sierra Nevada		A	3:33.10
4	San Diego-Imperial		A	3:33.25
5	Central California		A	3:42.29
6	San Diego-Imperial		B	NT

**Fabulous Carne Asada Dinner**

Hosted by San Diego-Imperial Swimming  
and South Bay Aquatics  
Upon completion of Saturday's events



Free to All-Star swimmers and coaches -  
\$10 for everyone else.

Sunday 24 January

**Event 49 Girls 10 & Under 200 Yard Freestyle Relay**

		2:06.59	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:20.96
2	Sierra Nevada		B	2:05.79
3	San Diego-Imperial		A	2:01.68
4	Central California		A	2:04.85
5	Sierra Nevada		A	2:09.94
6	San Diego-Imperial		B	NT

**Event 50 Boys 10 & Under 200 Yard Freestyle Relay**

		2:06.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:25.00
2	Sierra Nevada		A	2:01.70
3	San Diego-Imperial		A	1:54.16
4	San Diego-Imperial		B	1:59.83
5	Central California		B	2:08.67

**Event 51 Girls 11-12 200 Yard Freestyle Relay**

		1:54.79	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:01.00
2	Sierra Nevada		B	1:50.40
3	San Diego-Imperial		A	1:45.31
4	Sierra Nevada		A	1:46.70
5	Central California		A	1:51.55
6	San Diego-Imperial		B	NT

**Event 52 Boys 11-12 200 Yard Freestyle Relay**

		1:54.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	2:03.55
2	Sierra Nevada		A	1:54.00
3	San Diego-Imperial		A	1:44.93
4	Central California		A	1:52.71
5	Sierra Nevada		B	1:56.00
6	San Diego-Imperial		B	NT

**Event 53 Girls 13-14 200 Yard Freestyle Relay**

		1:48.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	San Diego-Imperial		B	NT
2	Central California		A	1:45.44
3	Sierra Nevada		A	1:43.45
4	San Diego-Imperial		A	1:43.54
5	Central California		B	1:51.61
6	Sierra Nevada		B	NT



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 54 Boys 13-14 200 Yard Freestyle Relay**

		1:43.99	Far Westerns	
Lane	Team		Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Central California		B	1:53.61
2	Central California		A	1:41.29
3	San Diego-Imperial		A	1:35.49
4	Sierra Nevada		A	1:40.42
5	Sierra Nevada		B	1:44.63
6	San Diego-Imperial		B	NT

**Event 55 Girls 10 & Under 200 Yard Freestyle**

		2:20.39	Western Zone	
		2:27.99	Far Westerns	
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Brown, Scout	10	SN	2:35.37
2	Greenwood, Megan	10	CC	2:28.77
3	Faulstich, April	9	SI	2:23.03
4	Van Buren, Amira	10	SI	2:23.94
5	Nabeta, Kailee	10	SN	2:31.43
6	Nolan, Savannah	9	CC	2:50.67
<b>Heat 2 of 2 Timed Finals</b>				
1	McBride, Gwynne	10	CC	2:20.54
2	Buell, Sierra	10	SN	2:18.45
3	Parsons, Julie	10	SI	2:15.29
4	Snyder, Caitlyn	10	CC	2:15.66
5	Thomas, Katelyn	9	SI	2:19.23
6	Hopkins, Madison	10	SN	2:21.83

**Event 56 Boys 10 & Under 200 Yard Freestyle**

		2:19.59	Western Zone	
		2:26.99	Far Westerns	
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Koster, Jd	9	CC	2:40.00
2	Johnson, Lucas	10	SN	2:27.31
3	Duncan, Josh	10	CC	2:22.05
4	Nguyen, Kiet	9	SN	2:23.13
5	Brooks, McCarthy	10	CC	2:36.78
<b>Heat 2 of 2 Timed Finals</b>				
1	Santana, Alexander	10	SI	2:19.39
2	Danzer, Jake	10	SI	2:16.46
3	Sande, Ty	10	SI	2:10.22
4	Jessen, Blayze	10	CC	2:13.42
5	Machado, Marcelo	10	SI	2:18.45
6	Sellers, Nathan	10	SN	2:22.01

**Event 57 Girls 11-12 200 Yard Breaststroke**

		2:47.89	Far Westerns	
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Seale, Addison	12	SI	3:01.56
2	Rios, Kayla	12	SN	2:49.18
3	Barksdale, Emily	12	SN	2:45.95
4	Davis, Lauren	12	CC	2:47.28
5	Mccarthy, Khloe	12	CC	2:49.77
<b>Heat 2 of 2 Timed Finals</b>				
1	Eastman, Hannah	12	SN	2:45.19
2	Khieralla, Amber	11	CC	2:41.38
3	Kahn, Brittany	12	SI	2:39.28
4	Buxbaum, Abby	12	SI	2:40.64
5	Brown, Vanessa	12	SI	2:43.05
6	Zaletel, Megan	12	CC	2:45.54

**Event 58 Boys 11-12 200 Yard Breaststroke**

		2:41.69	Far Westerns	
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Koster, Jimmy	12	CC	3:20.47
2	Anderson, Shane	12	SN	3:02.75
3	Desideri, Jonathan	12	SN	2:52.64
4	Beutel, Sean	12	CC	2:55.86
5	Mallam, Stuart	11	CC	3:14.52
6	Grissom, Kyle	12	CC	NT
<b>Heat 2 of 2 Timed Finals</b>				
1	Halsted, Torin	12	SN	2:49.91
2	Horne, John	12	SI	2:45.63
3	Nathanson, Michael	12	SI	2:33.80
4	Knight, Bryce	12	SN	2:35.69
5	Parmenter, Josh	11	SI	2:49.00
6	Spitser, Jack	12	SI	2:51.18

**Event 59 Girls 13-14 200 Yard Breaststroke**

		2:33.29	Western Zone	
		2:39.89	Far Westerns	
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Aung, Ariella	13	SN	2:52.36
2	Bailey, Aubrey	13	SI	2:41.55
3	Solorio, Taylor	14	CC	2:37.20
4	Hull, Valerie	13	SI	2:37.39
5	Gutierrez, Leilani	13	CC	2:45.95
6	Tay, Leslie	14	SN	3:00.00
<b>Heat 2 of 2 Timed Finals</b>				
1	Caneta, Jorie	13	CC	2:31.73
2	Johnson, Bethany	13	CC	2:29.80
3	Chase, Hayley	14	SN	2:22.83
4	McIntee, Sherri	13	SI	2:26.44
5	Woo, Cathy	14	SN	2:30.90
6	Wright, Elise	13	SI	2:33.87



2010 All-Star Tri-Meet, 23 – 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 60 Boys 13-14 200 Yard Breaststroke**

		2:25.39	Western Zone		
		2:32.09	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Cobarrubias, Joseph	13	CC	2:37.35	
2	Gartland, Sean	13	SI	2:35.37	
3	Gillespie, Kurtis	14	SN	2:33.42	
4	Glaudini, Garrett	14	SI	2:34.30	
5	Mobley, Dusty	14	CC	2:37.00	
6	Klotz, Matthew	13	SN	2:41.02	
<b>Heat 2 of 2 Timed Finals</b>					
1	McDaniels, Sam	14	SI	2:31.70	
2	Bonzell, Bret	14	SN	2:28.72	
3	Ribal, Anthony	14	SI	2:25.52	
4	Hickman, Riley	13	SN	2:26.14	
5	Liddell, Scotty	14	CC	2:31.26	
6	Nolan, Chris	13	CC	2:32.52	

**Event 61 Girls 10 & Under 50 Yard Breaststroke**

		39.09	Western Zone		
		40.59	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Blik, Naomi	10	SI	45.26	
2	Greenwood, Megan	10	CC	42.24	
3	Nabeta, Kailee	10	SN	40.56	
4	Johnson, Olivia	10	CC	41.48	
5	Koster, Jacqui	10	CC	42.64	
6	Nolan, Savannah	9	CC	45.36	
<b>Heat 2 of 2 Timed Finals</b>					
1	Van Buren, Amira	10	SI	40.12	
2	Boese, Isabela	10	SI	40.04	
3	Greenbaum, Michala	10	SI	37.36	
4	Ferguson, Sally	10	SN	40.00	
5	Dodson, Fiona	10	SN	40.08	
6	Limberg, Sydney	10	SN	40.56	

**Event 62 Boys 10 & Under 50 Yard Breaststroke**

		39.69	Western Zone		
		40.59	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Grabowski, Micah	10	CC	47.22	
2	Mccannon, Mike	10	CC	43.97	
3	Johnson, Lucas	10	SN	41.89	
4	Roberts, Will	9	SN	42.00	
5	Koster, Jd	9	CC	44.20	
<b>Heat 2 of 2 Timed Finals</b>					
1	Vo, Kasey	10	SI	38.61	
2	Jessen, Blayze	10	CC	36.97	
3	Nguyen, Austin	10	SI	35.27	
4	Sande, Ty	10	SI	36.67	
5	Feldkamp, Jason	10	SN	37.93	
6	Greenbaum, Grant	9	SI	40.05	

**Event 63 Girls 11-12 200 Yard Butterfly**

		2:30.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Buxbaum, Abby	12	SI	NT	
2	Herrera, Katelyn	12	CC	2:35.26	
3	Brown, Vanessa	12	SI	2:32.62	
4	Williams, Mei	11	CC	2:35.13	
5	Mccarthy, Khloe	12	CC	2:49.70	
<b>Heat 2 of 2 Timed Finals</b>					
1	Khieralla, Amber	11	CC	2:28.62	
2	Schwab, Laura	12	SI	2:24.35	
3	Nowaski, Sarah	12	SI	2:18.17	
4	Curry, Joanna	12	SN	2:19.75	
5	Rios, Kayla	12	SN	2:28.17	
6	Mitchell, Chloe	12	SN	2:31.50	

**Event 64 Boys 11-12 200 Yard Butterfly**

		2:29.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Grissom, Kyle	12	CC	NT	
2	Mayer, Preston	11	CC	2:50.64	
3	Quarante, Marcello	12	SN	2:40.00	
4	Fisk, Tucker	11	SN	2:40.00	
5	Fluetsch, Josh	12	CC	2:50.64	
6	Overstreet, Erik	12	CC	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Halsted, Torin	12	SN	2:33.32	
2	Johnson, Terry	12	SN	2:21.16	
3	Brody, Orion	12	SI	2:18.79	
4	Nathanson, Michael	12	SI	2:20.19	
5	Salazar, Michael	12	SI	2:22.47	
6	Hong, Minh	12	SI	2:33.41	

**Event 65 Girls 13-14 200 Yard Butterfly**

		2:17.59	Western Zone		
		2:23.49	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	McIntee, Sherri	13	SI	NT	
2	Abell, Bre	13	CC	2:44.75	
3	Tay, Leslie	14	SN	2:37.37	
4	Alving Trinh, Ali	13	CC	2:37.66	
5	Lazerson, Claryce	13	CC	2:56.69	
6	Aung, Ariella	13	SN	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Lenhoff, Sara	14	SI	2:24.43	
2	Wright, Elise	13	SI	2:22.62	
3	Halsted, Tara	14	SN	2:12.10	
4	Bailey, Aubrey	13	SI	2:22.10	
5	Bullman, Chandler	14	CC	2:22.68	
6	Percin, Brittany	13	SN	2:28.24	



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 66 Boys 13-14 200 Yard Butterfly**

		2:09.89	Western Zone		
		2:17.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Bonzell, Bret	14	SN	2:26.47	
2	Machado, Thomas	14	SI	2:19.73	
3	Recaido, Mitch	13	SN	2:13.55	
4	Yang, Daniel	14	CC	2:14.83	
5	Nolan, Chris	13	CC	2:20.90	
6	McDaniels, Sam	14	SI	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Russo, Marco	14	SI	2:12.15	
2	Howen, Shawn	13	SI	2:10.29	
3	Wright, Justin	13	CC	2:02.68	
4	Spallas, Matthew	13	SN	2:09.49	
5	Gillespie, Kurtis	14	SN	2:11.30	
6	Liddell, Scotty	14	CC	2:13.20	

**Event 67 Girls 10 & Under 50 Yard Butterfly**

		32.49	Western Zone		
		34.49	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Mccarthy, Madison	9	CC	42.84	
2	Boese, Isabela	10	SI	35.56	
3	Buell, Sierra	10	SN	34.90	
4	Ferguson, Sally	10	SN	35.06	
5	Johnson, Olivia	10	CC	37.40	
6	Nolan, Savannah	9	CC	45.29	
<b>Heat 2 of 2 Timed Finals</b>					
1	Blik, Naomi	10	SI	33.44	
2	Greenbaum, Michala	10	SI	32.65	
3	Down, Delaney	10	SN	31.89	
4	Parsons, Julie	10	SI	32.40	
5	Snyder, Caitlyn	10	CC	33.24	
6	Limberg, Sydney	10	SN	34.01	

**Event 68 Boys 10 & Under 50 Yard Butterfly**

		32.59	Western Zone		
		34.09	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Tyler, Noah	9	CC	55.86	
2	Mason, Michael	9	CC	38.76	
3	Greenbaum, Grant	9	SI	35.91	
4	Roberts, Will	9	SN	38.58	
5	Grabowski, Micah	10	CC	48.11	
<b>Heat 2 of 2 Timed Finals</b>					
1	Kos, Sean	10	SN	33.87	
2	Danzer, Jake	10	SI	32.04	
3	Santana, Brendan	10	SI	30.07	
4	Vo, Kasey	10	SI	31.63	
5	Nguyen, Kiet	9	SN	33.57	
6	Duncan, Josh	10	CC	34.89	

**Event 69 Girls 11-12 500 Yard Freestyle**

		5:32.19	Western Zone		
		5:47.09	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Williams, Mei	11	CC	6:08.15	
2	Buxbaum, Abby	12	SI	5:44.95	
3	Eastman, Hannah	12	SN	5:35.42	
4	Reilly, Georgia	12	SI	5:42.23	
5	Herrera, Katelyn	12	CC	5:52.39	
6	Goodbar, Emily	12	CC	6:12.39	
<b>Heat 2 of 2 Timed Finals</b>					
1	Snyder, Sarah	12	CC	5:32.52	
2	Roberts, Shelby	12	SN	5:30.13	
3	Kahn, Brittany	12	SI	5:27.07	
4	Nowaski, Sarah	12	SI	5:27.25	
5	Pinson, Claire	12	SN	5:30.19	
6	Mitchell, Chloe	12	SN	5:35.02	

**Event 70 Boys 11-12 500 Yard Freestyle**

		5:31.19	Western Zone		
		5:46.59	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Koster, Jimmy	12	CC	NT	
2	Anderson, Shane	12	SN	6:02.53	
3	Overstreet, Erik	12	CC	5:46.82	
4	Hong, Minh	12	SI	5:55.63	
5	Fluetsch, Josh	12	CC	6:27.20	
6	Nash, Brandon	12	CC	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Johnson, Terry	12	SN	5:40.25	
2	Spitser, Jack	12	SI	5:31.94	
3	Remmert, Colton	12	SN	5:23.60	
4	Barry, Brendan	12	SI	5:29.28	
5	Salazar, Michael	12	SI	5:36.20	
6	Knight, Bryce	12	SN	5:44.49	

**Event 71 Girls 11-12 100 Yard Backstroke**

		1:05.79	Western Zone		
		1:08.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Zaletel, Megan	12	CC	1:12.53	
2	Seale, Addison	12	SI	1:10.96	
3	Pincin, Jamie	12	SN	1:08.60	
4	Roberts, Shelby	12	SN	1:09.81	
5	Goodbar, Emily	12	CC	1:12.02	
6	Davis, Lauren	12	CC	1:13.51	
<b>Heat 2 Timed Finals</b>					
1	Brown, Vanessa	12	SI	1:07.50	
2	Thuen, Karli	12	SI	1:05.16	
3	Reilly, Georgia	12	SI	1:03.61	
4	Curry, Joanna	12	SN	1:04.93	
5	Maynard, Paige	12	SN	1:05.28	
6	Snyder, Sarah	12	CC	1:07.90	



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 72 Boys 11-12 100 Yard Backstroke**

		1:06.59	Western Zone		
		1:08.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Nash, Brandon	12	CC	1:24.47	
2	Rasmussen, Austin	12	SN	1:13.72	
3	Parmenter, Josh	11	SI	1:09.13	
4	Beutel, Sean	12	CC	1:12.65	
5	Mayer, Preston	11	CC	1:15.48	
6	Mallam, Stuart	11	CC	1:30.18	
<b>Heat 2 of 2 Timed Finals</b>					
1	Hong, Minh	12	SI	1:07.83	
2	Fisk, Tucker	11	SN	1:07.12	
3	Barry, Brendan	12	SI	1:04.46	
4	Desideri, Jonathan	12	SN	1:06.31	
5	Brody, Orion	12	SI	1:07.21	
6	Quarante, Marcello	12	SN	1:08.48	

**Event 73 Girls 13-14 100 Yard Backstroke**

		1:03.49	Western Zone		
		1:04.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Alving Trinh, Ali	13	CC	1:11.04	
2	Percin, Brittany	13	SN	1:09.12	
3	Bullman, Chandler	14	CC	1:06.87	
4	Johnson, Bethany	13	CC	1:07.61	
5	Gutierrez, Leilani	13	CC	1:10.01	
6	Chase, Hayley	14	SN	1:13.65	
<b>Heat 2 of 2 Timed Finals</b>					
1	Toronzak, Julia	13	SI	1:01.59	
2	Lenhoff, Sara	14	SI	1:00.07	
3	Dong, Rochelle	14	SI	59.08	
4	La Freniere, MARRISA	14	SN	59.32	
5	Green, Natalie	14	SN	1:00.85	
6	Tomes, Annabel	14	SI	1:02.04	

**Event 74 Boys 13-14 100 Yard Backstroke**

		1:00.19	Western Zone		
		1:01.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Yang, Ivan	14	CC	1:03.95	
2	Arnett, Grant	13	SN	1:01.88	
3	Palecek, Adam	14	CC	1:01.46	
4	Machado, Thomas	14	SI	1:01.71	
5	Klotz, Matthew	13	SN	1:02.02	
6	Mobley, Dusty	14	CC	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Wright, Justin	13	CC	1:00.71	
2	Recaido, Mitch	13	SN	1:00.49	
3	Glaudini, Garrett	14	SI	59.88	
4	Spallas, Matthew	13	SN	1:00.42	
5	Gartland, Sean	13	SI	1:00.68	
6	Howen, Shawn	13	SI	1:01.03	

**Event 75 Girls 10 & Under 100 Yard Backstroke**

		1:15.39	Western Zone		
		1:16.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Koster, Jacqui	10	CC	1:26.84	
2	Fackenthal, Amalie	9	SN	1:21.83	
3	McBride, Gwynne	10	CC	1:19.42	
4	Brown, Scout	10	SN	1:20.89	
5	Favagrossa, Francesca	10	CC	1:21.98	
6	Mccarthy, Madison	9	CC	1:27.28	
<b>Heat 2 of 2 Timed Finals</b>					
1	Faulstich, April	9	SI	1:16.45	
2	Hopkins, Madison	10	SN	1:15.36	
3	Parsons, Julie	10	SI	1:12.04	
4	Thomas, Katelyn	9	SI	1:12.66	
5	Down, Delaney	10	SN	1:15.84	
6	Keenan-Rivers, Julee	10	SI	1:17.82	

**Event 76 Boys 10 & Under 100 Yard Backstroke**

		1:15.59	Western Zone		
		1:18.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Mason, Michael	9	CC	1:32.41	
2	Sellers, Nathan	10	SN	1:22.62	
3	Duncan, Josh	10	CC	1:18.81	
4	Johnson, Lucas	10	SN	1:20.83	
5	Mccannon, Mike	10	CC	1:24.35	
6	Tyler, Noah	9	CC	1:55.76	
<b>Heat 2 Timed Finals</b>					
1	Machado, Marcelo	10	SI	1:16.08	
2	Feldkamp, Jason	10	SN	1:13.53	
3	Nguyen, Austin	10	SI	1:08.52	
4	Santana, Brendan	10	SI	1:10.24	
5	Vo, Kasey	10	SI	1:15.91	
6	Kos, Sean	10	SN	1:16.60	

**Event 77 Girls 11-12 100 Yard Freestyle**

		56.79	Western Zone		
		59.19	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Mccarthy, Khloe	12	CC	1:03.78	
2	Seale, Addison	12	SI	1:00.17	
3	Schwab, Laura	12	SI	58.82	
4	Snyder, Sarah	12	CC	59.51	
5	Goodbar, Emily	12	CC	1:03.15	
6	Williams, Mei	11	CC	1:04.06	
<b>Heat 2 of 2 Timed Finals</b>					
1	Maynard, Paige	12	SN	58.48	
2	Thuen, Karli	12	SI	57.87	
3	Pincin, Jamie	12	SN	57.11	
4	Pinson, Claire	12	SN	57.46	
5	Roberts, Shelby	12	SN	57.98	
6	Nowaski, Sarah	12	SI	58.74	



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 78 Boys 11-12 100 Yard Freestyle**

		56.39	Western Zone		
		58.49	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Fluetsch, Josh	12	CC	1:03.34	
2	Rasmussen, Austin	12	SN	1:01.62	
3	Overstreet, Erik	12	CC	1:00.17	
4	Horne, John	12	SI	1:00.62	
5	Beutel, Sean	12	CC	1:02.09	
6	Nash, Brandon	12	CC	1:10.41	
<b>Heat 2 of 2 Timed Finals</b>					
1	Fisk, Tucker	11	SN	59.05	
2	Johnson, Terry	12	SN	56.49	
3	Salazar, Michael	12	SI	56.24	
4	Barry, Brendan	12	SI	56.42	
5	Remmert, Colton	12	SN	56.60	
6	Spitser, Jack	12	SI	59.44	

**Event 79 Girls 13-14 100 Yard Freestyle**

		54.99	Western Zone		
		56.89	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Abell, Bre	13	CC	59.94	
2	Caneta, Jorie	13	CC	58.50	
3	Toronzak, Julia	13	SI	57.30	
4	Aung, Ariella	13	SN	57.45	
5	Tay, Leslie	14	SN	59.26	
6	Lazerson, Claryce	13	CC	1:02.14	
<b>Heat 2 of 2 Timed Finals</b>					
1	Solorio, Taylor	14	CC	55.53	
2	Tomes, Annabel	14	SI	54.14	
3	La Freniere, MARRISA	14	SN	53.14	
4	Dong, Rochelle	14	SI	53.84	
5	Green, Natalie	14	SN	54.54	
6	Hull, Valerie	13	SI	56.26	

**Event 80 Boys 13-14 100 Yard Freestyle**

		51.69	Western Zone		
		53.09	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Palecek, Adam	14	CC	55.02	
2	Cobarrubias, Joseph	13	CC	54.85	
3	Gillespie, Kurtis	14	SN	54.01	
4	Spallas, Matthew	13	SN	54.27	
5	Indudhara, Christopher	14	SI	54.88	
6	Yang, Ivan	14	CC	57.35	
<b>Heat 2 of 2 Timed Finals</b>					
1	Wright, Justin	13	CC	53.20	
2	McDaniels, Sam	14	SI	51.04	
3	Newsom, Dylan	14	SN	50.52	
4	Russo, Marco	14	SI	50.59	
5	Ribal, Anthony	14	SI	51.54	
6	Arnett, Grant	13	SN	53.52	

**Event 81 Girls 13-14 500 Yard Freestyle**

		5:18.19	Western Zone		
		5:24.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Gutierrez, Leilani	13	CC	6:01.82	
2	Alving Trinh, Ali	13	CC	5:47.28	
3	Toronzak, Julia	13	SI	5:35.54	
4	Bailey, Aubrey	13	SI	5:42.56	
5	Bullman, Chandler	14	CC	5:47.93	
6	Lazerson, Claryce	13	CC	6:05.37	
<b>Heat 2 Timed Finals</b>					
1	Hull, Valerie	13	SI	5:23.91	
2	Woo, Cathy	14	SN	5:16.81	
3	Halsted, Tara	14	SN	5:05.23	
4	Tomes, Annabel	14	SI	5:11.34	
5	Green, Natalie	14	SN	5:18.36	
6	Percin, Brittany	13	SN	5:32.63	

**Event 82 Boys 13-14 500 Yard Freestyle**

		5:04.69	Western Zone		
		5:11.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Yang, Daniel	14	CC	5:23.18	
2	Yang, Ivan	14	CC	5:18.63	
3	Indudhara, Christopher	14	SI	5:11.54	
4	Klotz, Matthew	13	SN	5:17.19	
5	Howen, Shawn	13	SI	5:22.26	
6	Liddell, Scotty	14	CC	5:30.11	
<b>Heat 2 of 2 Timed Finals</b>					
1	Palecek, Adam	14	CC	5:06.39	
2	Glaudini, Garrett	14	SI	4:57.67	
3	Hickman, Riley	13	SN	4:54.82	
4	Newsom, Dylan	14	SN	4:54.82	
5	Russo, Marco	14	SI	5:05.47	
6	Recaido, Mitch	13	SN	5:09.45	

**Event 83 Girls 10 & Under 200 Yard IM**

		2:37.99	Western Zone		
		2:46.99	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
1	Fackenthal, Amalie	9	SN	2:56.78	
2	Dodson, Fiona	10	SN	2:50.67	
3	Favagrossa, Francesca	10	CC	2:47.38	
4	Limberg, Sydney	10	SN	2:50.53	
5	Johnson, Olivia	10	CC	2:53.22	
6	Koster, Jacqui	10	CC	NT	
<b>Heat 2 of 2 Timed Finals</b>					
1	Faulstich, April	9	SI	2:43.20	
2	Buell, Sierra	10	SN	2:41.30	
3	Snyder, Caitlyn	10	CC	2:35.03	
4	Greenbaum, Michala	10	SI	2:37.21	
5	Thomas, Katelyn	9	SI	2:41.45	
6	Keenan-Rivers, Julee	10	SI	2:46.80	



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 84 Boys 10 & Under 200 Yard IM**

2:38.89 Western Zone  
 2:48.29 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
2	Mccannon, Mike	10	CC	3:09.11
3	Brooks, McCarthy	10	CC	2:53.81
4	Sellers, Nathan	10	SN	2:55.09
5	Mason, Michael	9	CC	NT
<b>Heat 2 Timed Finals</b>				
1	Nguyen, Kiet	9	SN	2:43.31
2	Danzer, Jake	10	SI	2:37.83
3	Santana, Brendan	10	SI	2:30.74
4	Jessen, Blayze	10	CC	2:32.27
5	Santana, Alexander	10	SI	2:38.33
6	Kos, Sean	10	SN	2:44.13

**Event 85 Girls 11-12 200 Yard IM**

2:20.19 Western Zone  
 2:27.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Zaletel, Megan	12	CC	2:33.11
2	Reilly, Georgia	12	SI	2:24.66
3	Schwab, Laura	12	SI	2:24.46
4	Khieralla, Amber	11	CC	2:24.47
5	Herrera, Katelyn	12	CC	2:28.96
6	Davis, Lauren	12	CC	2:38.02
<b>Heat 2 of 2 Timed Finals</b>				
1	Mitchell, Chloe	12	SN	2:23.15
2	Kahn, Brittany	12	SI	2:21.13
3	Curry, Joanna	12	SN	2:20.39
4	Pinson, Claire	12	SN	2:20.78
5	Thuen, Karli	12	SI	2:21.42
6	Barksdale, Emily	12	SN	2:24.10

**Event 86 Boys 11-12 200 Yard IM**

2:20.39 Western Zone  
 2:27.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Mallam, Stuart	11	CC	NT
2	Grissom, Kyle	12	CC	2:30.79
3	Horne, John	12	SI	2:30.18
4	Parmenter, Josh	11	SI	2:30.19
5	Mayer, Preston	11	CC	2:43.96
6	Koster, Jimmy	12	CC	NT
<b>Heat 2 of 2 Timed Finals</b>				
1	Halsted, Torin	12	SN	2:25.62
2	Brody, Orion	12	SI	2:22.27
3	Nathanson, Michael	12	SI	2:18.37
4	Remmert, Colton	12	SN	2:21.85
5	Knight, Bryce	12	SN	2:24.09
6	Quarante, Marcello	12	SN	2:26.32

**Event 87 Girls 13-14 200 Yard IM**

2:15.79 Western Zone  
 2:19.09 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	La Freniere, Marrisa	14	SN	2:23.08
2	Caneta, Jorie	13	CC	2:20.96
3	McIntee, Sherri	13	SI	2:20.27
4	Solorio, Taylor	14	CC	2:20.57
5	Wright, Elise	13	SI	2:21.80
6	Abell, Bre	13	CC	2:31.94
<b>Heat 2 of 2 Timed Finals</b>				
1	Johnson, Bethany	13	CC	2:19.42
2	Dong, Rochelle	14	SI	2:16.88
3	Halsted, Tara	14	SN	2:12.61
4	Woo, Cathy	14	SN	2:16.36
5	Lenhoff, Sara	14	SI	2:17.93
6	Chase, Hayley	14	SN	2:19.49

**Event 88 Boys 13-14 200 Yard IM**

2:07.79 Western Zone  
 2:11.99 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Nolan, Chris	13	CC	2:21.66
2	Cobarrubias, Joseph	13	CC	2:19.39
3	Indudhara, Christopher	14	SI	2:17.84
4	Arnett, Grant	13	SN	2:18.08
5	Yang, Daniel	14	CC	2:20.96
6	Mobley, Dusty	14	CC	2:27.18
<b>Heat 2 of 2 Timed Finals</b>				
1	Ribal, Anthony	14	SI	2:12.37
2	Bonzell, Bret	14	SN	2:12.04
3	Hickman, Riley	13	SN	2:07.35
4	Gartland, Sean	13	SI	2:11.02
5	Newsom, Dylan	14	SN	2:12.13
6	Machado, Thomas	14	SI	2:16.33

**Event 89 Girls 10 & Under 50 Yard Freestyle**

29.29 Western Zone  
 30.19 Far Westerns

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
1	Mccarthy, Madison	9	CC	34.37
2	Keenan-Rivers, Julee	10	SI	32.13
3	McBride, Gwynne	10	CC	30.73
4	Boese, Isabela	10	SI	32.01
5	Favagrossa, Francesca	10	CC	32.42
<b>Heat 2 of 2 Timed Finals</b>				
1	Blik, Naomi	10	SI	30.62
2	Nabeta, Kailee	10	SN	30.26
3	Van Buren, Amira	10	SI	29.30
4	Down, Delaney	10	SN	30.22
5	Greenwood, Megan	10	CC	30.50
6	Ferguson, Sally	10	SN	30.69



2010 All-Star Tri-Meet, 23 - 24 January, 2010  
 Central California ★ San Diego-Imperial ★ Sierra Nevada



**Event 90 Boys 10 & Under 50 Yard Freestyle**

		29.09	Western Zone		
		30.29	Far Westerns		
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Timed Finals</b>					
2	Grabowski, Micah	10	CC	36.07	
3	Brooks, McCarthy	10	CC	32.92	
4	Koster, Jd	9	CC	33.36	
5	Tyler, Noah	9	CC	40.24	
<b>Heat 2 of 2 Timed Finals</b>					
1	Santana, Alexander	10	SI	28.96	
2	Feldkamp, Jason	10	SN	28.78	
3	Sande, Ty	10	SI	28.03	
4	Nguyen, Austin	10	SI	28.32	
5	Machado, Marcelo	10	SI	28.85	
6	Roberts, Will	9	SN	31.44	

**Event 91 Girls 10 & Under 400 Yard Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
1	Central California	B	6:03.15
2	Sierra Nevada	B	5:11.99
3	San Diego-Imperial	A	4:58.73
4	Sierra Nevada	A	4:59.59
5	Central California	A	5:19.67
6	San Diego-Imperial	B	NT

**Event 92 Boys 10 & Under 400 Yard Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Timed Finals</b>			
1	Sierra Nevada	A	NT
2	Central California	A	5:24.37
3	San Diego-Imperial	A	4:35.27
4	San Diego-Imperial	B	5:00.15
5	Central California	B	6:34.04

**Event 93 Girls 11-12 400 Yard Medley Relay**

		4:39.49	Far Westerns		
Lane	Team	Relay	Seed Time		
<b>Heat 1 of 1 Timed Finals</b>					
1	Central California	B	4:46.46		
2	Sierra Nevada	B	4:28.06		
3	San Diego-Imperial	A	4:16.45		
4	Sierra Nevada	A	4:21.20		
5	Central California	A	4:32.46		
6	San Diego-Imperial	B	NT		

**Event 94 Boys 11-12 400 Yard Medley Relay**

		4:45.99	Far Westerns		
Lane	Team	Relay	Seed Time		
<b>Heat 1 of 1 Timed Finals</b>					
1	Central California	B	5:23.86		
2	Sierra Nevada	B	4:37.00		
3	San Diego-Imperial	A	4:19.07		
4	Sierra Nevada	A	4:25.00		
5	Central California	A	4:39.91		
6	San Diego-Imperial	B	NT		

**Event 95 Girls 13-14 400 Yard Medley Relay**

		4:21.99	Far Westerns		
Lane	Team	Relay	Seed Time		
<b>Heat 1 of 1 Timed Finals</b>					
1	San Diego-Imperial	B	NT		
2	Sierra Nevada	A	4:12.36		
3	San Diego-Imperial	A	4:08.16		
4	Central California	A	4:12.26		
5	Central California	B	4:33.94		
6	Sierra Nevada	B	NT		

**Event 96 Boys 13-14 400 Yard Medley Relay**

		4:16.39	Far Westerns		
Lane	Team	Relay	Seed Time		
<b>Heat 1 of 1 Timed Finals</b>					
1	Central California	B	4:32.48		
2	Central California	A	4:03.53		
3	San Diego-Imperial	A	3:55.15		
4	Sierra Nevada	A	4:02.68		
5	Sierra Nevada	B	4:14.11		
6	San Diego-Imperial	B	NT		