

# CORONADO NAVY SWIM ASSOCIATION

## B/C ALL AGES MEET ★ JUNE 5 – 6, 2010

Girls						Boys		
	B min	A min	Age	Dist/Stroke	A min	B min		
<b>Warmup 7:30am</b>						<b>Meet Starts 9:00am</b>		
<b>Saturday, June 5, 2010</b>								
1	48.60	40.50	8/U	B/C	50 FREE	39.40	47.30	2
3	37.00	33.90	9-10	B/C	50 FREE	34.10	37.20	4
5	33.50	30.70	11-12	B/C	50 FREE	30.80	33.60	6
7	2:01.40	1:41.20	8/U	B/C	100 IM	1:38.50	1:58.20	8
9	1:34.40	1:26.60	9-10	B/C	100 IM	1:26.90	1:34.80	10
11	1:24.70	1:17.70	11-12	B/C	100 IM	1:17.70	1:24.70	12
13	57.80	48.10	8/U	B/C	50 BACK	46.80	56.30	14
15	1:36.80	1:28.60	10/U	B/C	100 BACK	1:28.70	1:37.00	16
17	1:25.20	1:17.90	11-12	B/C	100 BACK	1:20.50	1:28.00	18
19	1:02.80	52.30	8/U	B/C	50 BRST	51.00	1:01.20	20
21	49.80	45.60	9-10	B/C	50 BRST	45.60	49.80	22
23	44.50	40.80	11-12	B/C	50 BRST	41.00	44.80	24
25	55.60	46.30	8/U	B/C	50 FLY	47.00	56.40	26
27	1:37.40	1:29.30	10/U	B/C	100 FLY	1:29.40	1:37.60	28
29	1:23.00	1:16.10	11-12	B/C	100 FLY	1:18.20	1:25.30	30
31	2:56.80	2:42.00	10/U	B/C	200 FREE	2:41.80	2:56.50	32
33	2:37.20	2:24.10	11-12	B/C	200 FREE	2:24.60	2:37.80	34
35	-	-	10/U		200 MED RELAY	-	-	36
37	-	-	11-12		200 MED RELAY	-	-	38
<b>AFTERNOON SESSION</b>								
39	-	-	13-Ov		400 MED RELAY	-	-	40
41	2:28.40	2:16.10	13-14	B/C	200 FREE	2:10.90	2:22.80	42
43	2:28.80	2:16.40	15/Ov	B/C	200 FREE	2:04.80	2:16.20	44
45	2:55.10	2:40.50	13-14	B/C	200 FLY	2:33.30	2:47.30	46
47	2:50.90	2:36.60	15/Ov	B/C	200 FLY	2:21.60	2:34.40	48
49	3:18.20	3:01.70	13-14	B/C	200 BRST	2:50.80	3:06.40	50
51	3:17.30	3:00.80	15/Ov	B/C	200 BRST	2:43.00	2:57.80	52
53	1:21.00	1:14.10	13-14	B/C	100 BACK	1:11.30	1:18.00	54
55	1:21.50	1:14.50	15/Ov	B/C	100 BACK	1:08.20	1:14.50	56
57	31.90	29.30	13-14	B/C	50 FREE	27.50	30.00	58
59	31.90	29.30	15/Ov	B/C	50 FREE	26.50	28.90	60
61	6:07.30	5:36.60	13-14	B/C	400 IM	5:18.20	5:47.30	62
63	5:51.50	5:22.00	15/Ov	B/C	400 IM	5:01.20	5:28.80	64
<b>Warmup 7:30am</b>						<b>Meet Starts 9:00am</b>		
<b>Sunday, June 6, 2010</b>								
65	6:59.50	6:24.60	12/U	B/C	500 FREE	6:29.80	7:05.30	66
67	37.40	34.30	11-12	B/C	50 FLY	34.50	37.70	68
69	41.80	38.30	9-10	B/C	50 FLY	38.20	41.60	70
71	1:12.70	1:06.70	11-12	B/C	100 FREE	1:06.20	1:12.20	72
73	1:21.50	1:14.70	10/U	B/C	100 FREE	1:14.30	1:21.00	74
75	1:37.00	1:28.90	11-12	B/C	100 BRST	1:29.00	1:37.10	76
77	1:49.10	1:40.00	10/U	B/C	100 BRST	1:40.50	1:49.70	78
79	39.60	36.20	11-12	B/C	50 BACK	36.60	40.00	80
81	44.30	40.50	9-10	B/C	50 BACK	40.40	44.20	82
83	3:01.30	2:46.20	11-12	B/C	200 IM	2:46.50	3:01.70	84
85	3:23.50	3:06.50	10/U	B/C	200 IM	3:07.40	3:24.50	86
87	-	-	11-12		200 FREE RELAY	-	-	88
89	-	-	10/U		200 FREE RELAY	-	-	90
<b>AFTERNOON SESSION</b>								
91	-	-	13/O		400 FREE RELAY	-	-	92
93	1:17.50	1:11.10	15/Ov	B/C	100 FLY	1:05.10	1:11.00	94
95	1:17.40	1:11.00	13-14	B/C	100 FLY	1:07.70	1:13.80	96
97	1:08.50	1:02.80	15/Ov	B/C	100 FREE	57.40	1:02.60	98
99	1:09.10	1:03.40	13-14	B/C	100 FREE	59.60	1:05.00	100
101	2:48.10	2:33.80	15/Ov	B/C	200 BACK	2:23.90	2:37.30	102
103	2:54.50	2:39.60	13-14	B/C	200 BACK	2:31.00	2:45.10	104
105	1:31.60	1:23.90	15/Ov	B/C	100 BRST	1:15.80	1:22.70	106
107	1:31.00	1:23.40	13-14	B/C	100 BRST	1:19.10	1:26.30	108
109	2:52.10	2:37.70	15/Ov	B/C	200 IM	2:21.70	2:34.70	110
111	2:50.90	2:36.60	13-14	B/C	200 IM	2:29.00	2:42.60	112
113	6:29.90	5:57.40	15/Ov	B/C	500 FREE	5:34.80	6:05.30	114
115	6:32.30	5:59.60	13-14	B/C	500 FREE	5:48.60	6:20.30	116

**Note:** Swimmers may only swim five events per day, not including relays

# **CORONADO NAVY SWIM ASSOCIATION**

## **B/C ALL AGES MEET ★ JUNE 5 – 6, 2010**

**SANCTION:** This meet is sanctioned by USA Swimming and San Diego-Imperial Swimming #SI-10-21.

**POOL:** Brian Bent Memorial Aquatics Complex, Coronado High School, 818 6<sup>th</sup> Street, Coronado CA 92118. Phone (619) 437-0227. 8 lane, 25 yard x 50 meter pool with separate 6 lane 25 yard warmup pool. Colorado timing and large scoreboard in use. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Full snack bar available.

**ELIGIBILITY:** Open to SI and out-of-district USA swimmers who hold a valid 2010 USA Swimming Card issued no later than 2:30pm on Thursday, May 27, 2010. Swimmers with a disability are encouraged to participate. All USA Swimming registration numbers will be verified with the SWIMS registration database.

**RULES:** Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first 8 events on Saturday and Sunday will close ½ hour before the start of the session. Check-in for the remainder of the session will close at the start of the session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** Events 113/114 and 115/116 will be swum fastest to slowest, alternating girls and boys heats. Swimmers in these events must also provide their own timers and lap counters, if desired.

**ENTRIES:** Swimmers may enter any number of events, but will only be allowed to swim in 4 events per day. Entries must be submitted electronically using Hy-Tek Team Manager compatible software, and emailed to [swimcoachcheryl@aol.com](mailto:swimcoachcheryl@aol.com) with a paper copy and payment mailed separately. Event files can be uploaded from [www.si-swimming.com](http://www.si-swimming.com). All entries that do not show a current USA Swimming registration number will be rejected.

**ENTRY TIMES:** Submit swimmer's best short course yard times for this meet. Times must be best recorded times from this or the previous swim season. Swimmers with no recorded time in an event enter NT.

**WARM-UP:** Assigned warm-ups, an estimated timeline and team timing assignments will be posted at [www.cnsaswim.com](http://www.cnsaswim.com) the Wednesday before the meet.

### **ENTRY FEES:**

- Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. Teams (10 or more swimmers) not submitted entries electronically: \$6.00 each.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Team entries must be paid with a single check. Make checks payable to: **CNSA**

**DELIVERY:**

- EMAIL: Must be received by Thursday, May 27, 2010, to: [swimcoachcheryl@aol.com](mailto:swimcoachcheryl@aol.com) with paper copy & team check mailed within 24 hours.
- MAIL: Must be postmarked no later than Wednesday, May 26, 2010 to:  
Cheryl Bauman/CNSA  
728 1/2 Ormond Court, San Diego, CA 92109
- HAND DELIVERY: by 2:30pm Thursday, May 27, 2010 to the SI Swimming office:  
1511 Morena Blvd, San Diego CA 92110
- Questions: Cheryl Bauman Cell # 301-529-7946, or email: [swimcoachcheryl@aol.com](mailto:swimcoachcheryl@aol.com)

**AWARDS:** Individual B and C Events: Ribbons 1-8. Relays: Ribbons 1-3.