

Mission Valley YMCA

All Ages C Meet – July 17-18, 2010



Girls					Boys						
	B MIN	A MIN	AGE	EVENT	A MIN	B MIN					
Warmup 7:30am					Saturday, July 17, 2010					Meet Starts 9:00am	
1	6:32.30		OPEN	C 500 FREE			6:20.30	2			
3	1:02.80	52.30	8/U	A/B/C 50 BRST	51.00		1:01.20	4			
5	49.80		9-10	C 50 BRST			49.80	6			
7	44.50		11-12	C 50 BRST			44.80	8			
9	3:18.20		13-Ov	C 200 BRST			3:06.40	10			
11	1:37.40		10/U	C 100 FLY			1:37.60	12			
13	1:23.00		11-12	C 100 FLY			1:25.30	14			
15	1:17.40		13-Ov	C 100 FLY			1:13.80	16			
17	57.80	48.10	8/U	A/B/C 50 BACK	46.80		56.30	18			
19	44.30		9-10	C 50 BACK			44.20	20			
21	39.60		11-12	C 50 BACK			40.00	22			
23	2:54.50		13-Ov	C 200 BACK			2:45.10	24			
25	3:23.50		10/U	C 200 IM			3:24.50	26			
27	3:01.30		11-12	C 200 IM			3:01.70	28			
29	2:50.90		13-Ov	C 200 IM			2:42.60	30			
31	1:21.50		10/U	C 100 FREE			1:21.00	32			
33	1:12.70		11-12	C 100 FREE			1:12.20	34			
35	1:09.10		13-Ov	C 100 FREE			1:05.00	36			
37			10/U	200 MEDLEY RELAY				38			
39			11-12	200 MEDLEY RELAY				40			
41			13-Ov	200 MEDLEY RELAY				42			
Warmup 7:30am					Sunday, July 18, 2010					Meet Starts 9:00am	
43	48.60	40.50	8/U	A/B/C 50 FREE	39.40		47.30	44			
45	37.00		9-10	C 50 FREE			37.20	46			
47	33.50		11-12	C 50 FREE			33.60	48			
49	31.90		13-Ov	C 50 FREE			30.00	50			
51	55.60	46.30	8/U	A/B/C 50 FLY	47.00		56.40	52			
53	41.80		9-10	C 50 FLY			41.60	54			
55	37.40		11-12	C 50 FLY			37.70	56			
57	2:55.10		13-Ov	C 200 FLY			2:47.30	58			
59	2:01.40	1:41.20	8/U	A/B/C 100 IM	1:38.50		1:58.20	60			
61	1:34.40		9-10	C 100 IM			1:34.80	62			
63	1:24.70		11-12	C 100 IM			1:24.70	64			
65	6:07.30		13-Ov	C 400 IM			5:47.30	66			
67	2:56.80		10/U	C 200 FREE			2:56.50	68			
69	2:37.20		11-12	C 200 FREE			2:37.80	70			
71	2:28.40		13-Ov	C 200 FREE			2:22.80	72			
73	1:49.10		10/U	C 100 BRST			1:49.70	74			
75	1:37.00		11-12	C 100 BRST			1:37.10	76			
77	1:31.00		13-Ov	C 100 BRST			1:26.30	78			
79	1:36.80		10/U	C 100 BACK			1:37.00	80			
81	1:25.20		11-12	C 100 BACK			1:28.00	82			
83	1:21.00		13-Ov	C 100 BACK			1:18.00	84			
85			10/U	200 FREE RELAY				86			
87			11-12	200 FREE RELAY				88			
89			13-Ov	200 FREE RELAY				90			

NOTE: Except for 8 & Under events, a swimmer's best time must be slower than the B minimum times shown.

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SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-10-18.

POOL: Bruce Hazard Pool – Mission Valley YMCA, 5505 Friars Rd, San Diego, CA 92110. Telephone: (619) 298-3576. 8 lane, 25 yd pool with separate warm-up/warm-down pool available. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2010 USA Swimming Card issued no later than 2:30 pm on Thursday, July 8, 2010. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first eight events will close at 8:30 am. Check-in for the remaining events will close at start of the session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.
- **Timeline.** Assigned warm-ups, an estimated timeline and team timing assignments will be distributed the Wednesday before the meet.

ENTRIES: Individual entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to kbroderick@ymca.org with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com. All relays will be deck entered.

ENTRY TIMES: Submit Short Course times only. Times must be the best recorded time in the event from this or the previous swim season. Swimmers with no times use NT.

ENTRY FEE: Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. Relays: \$12.00 each. Late entries, IF ACCEPTED, will be charged double, including surcharge. Team entries must be paid with a single check.

Make all checks payable to: **MISSION VALLEY YMCA**

DELIVERY:

- **EMAIL:** Must be received by Thursday July 8, 2010, in acceptable Hytek format to: kbroderick@ymca.org with paper copy & team check mailed within 24 hrs.
- **MAIL:** Must be postmarked no later than Wednesday, July 7, 2010, to:
Kyle Broderick; 5505 Friars Rd, San Diego, CA 92110
- **HAND DELIVERY:** by 2:30pm Thursday, July 8, 2010 to the SI Swimming Office -
1511 Morena Blvd, San Diego, CA 92110.

AWARDS: Ribbons 1st – 8th place.