

## SAN DIEGO - IMPERIAL SWIMMING 2009 JUNIOR OLYMPIC TIME STANDARDS

GIRLS			BOYS	
LCM	SCY	10 & UNDER	SCY	LCM
:36.99	:33.59	50 FREE	:34.39	:37.99
1:22.29	1:14.59	100 FREE	1:15.99	1:25.49
2:59.29	2:41.89	200 FREE	2:48.99	3:02.49
:45.29	:39.49	50 BACK	:41.39	:47.59
1:38.59	1:26.39	100 BACK	1:32.09	1:42.69
:50.29	:44.39	50 BREAST	:46.89	:52.79
1:50.39	1:37.39	100 BREAST	1:43.59	1:54.49
:43.59	:38.99	50 FLY	:41.19	:44.79
1:44.29	1:28.89	100 FLY	1:38.89	1:53.19
-----	1:24.39	100 IM	1:29.09	-----
3:24.99	3:03.19	200 IM	3:13.89	3:29.39

LCM	SCY	11 & 12	SCY	LCM
:32.29	:28.99	50 FREE	:30.09	:33.29
1:10.89	1:02.59	100 FREE	1:04.59	1:12.99
2:35.19	2:17.99	200 FREE	2:22.99	2:40.49
5:24.89	6:02.99	400M/500Y FREE	6:22.39	5:43.59
:39.39	:34.19	50 BACK	:35.79	:40.89
1:24.89	1:13.59	100 BACK	1:18.09	1:28.09
:43.29	:38.79	50 BREAST	:39.89	:46.19
1:36.19	1:23.79	100 BREAST	1:27.79	1:40.89
:36.09	:32.89	50 FLY	:34.29	:38.19
1:24.09	1:13.29	100 FLY	1:18.39	1:28.69
-----	1:13.09	100 IM	1:17.19	-----
2:56.19	2:36.59	200 IM	2:44.39	3:03.19

LCM	SCY	13 & 14	SCY	LCM
:31.09	:27.59	50 FREE	:26.39	:30.09
1:07.39	:59.79	100 FREE	:58.29	1:06.49
2:26.99	2:08.49	200 FREE	2:07.19	2:24.99
5:12.39	5:46.19	400M/500Y FREE	5:48.69	5:14.49
10:39.89	11:31.69	800M/1000Y FREE	11:36.39	10:44.99
20:28.59	20:10.89	1500M/1650Y FREE	19:43.99	20:24.99
1:20.19	1:09.29	100 BACK	1:08.49	1:19.09
2:51.69	2:28.69	200 BACK	2:29.59	2:51.49
1:30.19	1:18.09	100 BREAST	1:16.49	1:28.09
3:13.39	2:48.99	200 BREAST	2:48.99	3:15.39
1:17.79	1:08.19	100 FLY	1:07.19	1:16.99
3:02.99	2:34.19	200 FLY	2:31.99	2:51.19
2:46.99	2:28.49	200 IM	2:26.69	2:45.99
6:03.39	5:11.79	400 IM	5:21.39	6:13.19

LCM	SCY	15 - 18	SCY	LCM
:29.99	:26.39	50 FREE	:23.79	:27.29
1:04.89	:56.99	100 FREE	:51.99	:59.39
2:20.59	2:02.89	200 FREE	1:54.89	2:11.99
4:58.29	5:29.99	400M/500Y FREE	5:16.09	4:47.59
10:29.99	11:15.99	800M/1000Y FREE	10:55.39	10:02.99
20:19.99	19:47.89	1500M/1650Y FREE	18:33.19	19:13.99
1:16.49	1:05.79	100 BACK	1:01.39	1:13.09
2:47.09	2:22.99	200 BACK	2:15.59	2:39.69
1:26.29	1:14.89	100 BREAST	1:09.59	1:20.99
3:07.79	2:42.99	200 BREAST	2:33.99	2:58.19
1:13.69	1:04.79	100 FLY	:59.49	1:07.69
2:51.99	2:25.99	200 FLY	2:19.79	2:41.59
2:40.09	2:19.09	200 IM	2:10.19	2:30.19
5:49.99	5:02.99	400 IM	4:48.99	5:42.99

**SAN DIEGO - IMPERIAL SWIMMING**  
**2009 JUNIOR OLYMPIC RELAY TIME STANDARDS**

GIRLS			BOYS	
LCM	SCY	10 & UNDER	SCY	LCM
3:08.29	2:45.29	200 MEDLEY RELAY	2:49.79	3:12.29
2:41.09	2:21.59	200 FREE RELAY	2:20.79	2:40.79

**11 & 12**

2:40.79	2:19.69	200 MEDLEY RELAY	2:24.49	2:44.19
2:19.99	2:01.79	200 FREE RELAY	2:03.99	2:21.19

**13 & 14**

5:25.99	4:43.19	400 MEDLEY RELAY	4:37.99	5:17.19
4:44.59	4:11.39	400 FREE RELAY	4:08.79	4:44.89
10:27.99	9:10.99	800 FREE RELAY	9:02.79	10:20.79

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5:24.99	-----	400 MEDLEY RELAY	-----	4:58.99
4:41.99	-----	400 FREE RELAY	-----	4:21.99
10:22.49	-----	800 FREE RELAY	-----	9:39.99