



SAN DIEGO-IMPERIAL SWIMMING 2015 – 2016 SHORT COURSE SEASON MEET BID PACKAGE

Attached is the San Diego-Imperial Swimming 2015 - 2016 short course swim meet schedule as approved by the SI Swimming Program Committee, and the approved format for each meet. The application form to be used to bid for any meets your club wishes to host is also attached; a separate application is required for each meet that you bid upon. All bids must be received at the SI Swim Office by 2:30 pm on Monday, May 11, 2015.

The Meet Bid Form must be filled out completely, and Proof of Water must be received with the bid in order for the bid to be considered. If you bid on more than one meet, indicate which meets you would accept if you are awarded more than one. Also, if you bid on more than one meet, indicate your priority for your choices (1, 2, 3, etc.). Traditional meets must be specifically requested.

The Program Committee will meet on Monday, May 11, 2015 at 8:00 p.m. at the All-Sports Swim Office to select meet hosts from the bids received. If you wish to present additional information about your bid or to be available to answer any questions about your bid, you are welcome to attend the meeting for that purpose.

Some of the criteria (but not necessarily all of them) used to select bids are:

- Physical Facility (appropriateness of pool, warm-up area, rest areas, spectator areas, etc.)
- Prior history of the club with respect to meet operations and compliance with SI Swimming's administrative requirements (timely submission of reports, fees, etc.).

Dates	Meet	Notes
September 26	Freestyle Festival – North	
September 27	Freestyle Festival – South	
October 4-5		
October 10	14 & Under Pentathlon	Columbus Day 12 Oct
October 11	* October Senior Meet	
October 17-18	C All Ages Meet	
October 23-25	AB All Ages Meet North & South	
November 1-2		
November 7-8	11 & Over BC Meet	Veteran's Day 11 Nov
November 14	10 & Under Mini-Meet	
November 15	11 & Over Distance Meet	
November 21-22		
November 28-29		<i>Thanksgiving Weekend</i>
December 4-6	ABC All Ages Meet North & South	
December 12	C All Ages Meet	
December 19-21	Winter Age Group Championships	
December 26-27		<i>Christmas Weekend</i>
January 2-3		
January 8-10	ABC All Ages Meet	
January 16-17	All-Star Tri-Meet (SDI Host)	ML King Day 18 Jan
January 22-24	* 12 & Over NTS Meet	
January 29-31	12 & Under ABC – North & South	
February 6-8		
February 12-15	* SI Senior Swimming Classic	President's Day 15 Feb
February 19-21	SI SC Junior Olympics	
February 27-28		
March 4-6	JOMAX North & South	

* Meets open to Mexican Federation teams / swimmers

Freestyle Festival North & South (new format)

Sept 26 (North) & Sept 27 (South), 2015

		Girls				Boys			
		B Min	A Min	Age	Dist/Stroke	A min	B min		
		Saturday, September 26, 2015						Meet Starts 9:00am	
		Warmup 7:30am							
1	1:46.10	1:28.40	8/Under	ABC	100 Free	1:25.00	1:42.00	2	
3	1:21.50	1:14.70	9 – 10	ABC	100 Free	1:14.30	1:21.00	4	
5	1:12.70	1:06.70	11 – 12	ABC	100 Free	1:06.20	1:12.20	6	
7	-	-	6/Under		25 Free	-	-	8	
9	21.70	18.10	7 – 8	ABC	25 Free	17.60	21.10	10	
11	2:37.20	2:24.10	11 – 12	ABC	200 Free	2:24.60	2:37.80	12	
13	2:56.80	2:42.00	9 – 10	AB	200 Free	2:41.80	2:56.50	14	
15	3:50.20	3:11.80	8/Under	AB	200 Free	3:04.50	3:41.30	16	
17	33.50	30.70	11 – 12	ABC	50 Free	30.80	33.60	18	
19	37.00	33.90	9 – 10	ABC	50 Free	34.10	37.20	20	
21	48.60	40.50	7 – 8	ABC	50 Free	39.40	47.30	22	
23	-	-	6/Under		50 Free	-	-	24	
25	6:59.50	6:24.60	12/Under	AB	500 Free	6:29.80	7:05.30	26	
Afternoon Session									
27	1:08.50	1:02.80	15/Over	ABC	100 Free	57.40	1:02.60	28	
29	1:09.10	1:03.40	13 – 14	ABC	100 Free	59.60	1:05.00	30	
31	2:28.80	2:16.40	15/Over	ABC	200 Free	2:04.80	2:16.20	32	
33	2:28.40	2:16.10	13 – 14	ABC	200 Free	2:10.90	2:22.80	34	
35	31.90	29.30	15/Over	ABC	50 Free	26.50	28.90	36	
37	31.90	29.30	13 – 14	ABC	50 Free	27.50	30.00	38	
39	6:32.30	5:59.60	13/Over	AB	500 Free	5:48.60	6:20.30	40	

Notes:

- The 8/U and 9-10 200 Free have minimum time standards.
- The 12/U and 13/Ov 500 free also have a minimum time standard.
- All afternoon session events of the same stroke & distance will be swum combined and awarded separately.

14 & Under Pentathlon (new format)

October 10, 2015

Warmup 7:30 am		Saturday, October 10, 2015		Meet Starts 9:00 am	
Girls Event #	Min	Age	Dist/Stroke	Min	Boys Event #
1	55.60	8 & Under	50 Y FLY	56.40	2
3	41.80	9	50 Y FLY	41.60	4
5	38.30	10	50 Y FLY	38.20	6
7	34.30	11	50 Y FLY	34.50	8
9	34.30	12	50 Y FLY	34.50	10
11	1:11.00	13	100 Y FLY	1:07.70	12
13	1:11.00	14	100 Y FLY	1:07.70	14
15	57.80	8 & Under	50 Y BACK	56.30	16
17	44.30	9	50 Y BACK	44.20	18
19	40.50	10	50 Y BACK	40.40	20
21	36.20	11	50 Y BACK	36.60	22
23	36.20	12	50 Y BACK	36.60	24
25	1:14.10	13	100 Y BACK	1:11.30	26
27	1:14.10	14	100 Y BACK	1:11.30	28
29	1:02.80	8 & Under	50 Y BREAST	1:01.20	30
31	49.80	9	50 Y BREAST	49.80	32
33	45.60	10	50 Y BREAST	45.60	34
35	40.80	11	50 Y BREAST	41.00	36
37	40.80	12	50 Y BREAST	41.00	38
39	1:23.40	13	100 Y BREAST	1:19.10	40
41	1:23.40	14	100 Y BREAST	1:19.10	42
43	48.60	8 & Under	50 Y FREE	47.30	44
45	37.00	9	50 Y FREE	37.20	46
47	33.90	10	50 Y FREE	34.10	48
49	30.70	11	50 Y FREE	30.80	50
51	30.70	12	50 Y FREE	30.80	52
53	1:03.40	13	100 Y FREE	59.60	54
55	1:03.40	14	100 Y FREE	59.60	56
57	2:01.40	8 & Under	100 Y IM	1:58.20	58
59	1:34.40	9	100 Y IM	1:34.80	60
61	1:26.60	10	100 Y IM	1:26.90	62
63	1:17.70	11	100 Y IM	1:17.70	64
65	1:17.70	12	100 Y IM	1:17.70	66
67	2:36.60	13	200 Y IM	2:29.00	68
69	2:36.60	14	200 Y IM	2:29.00	70

8 & Under and age 9 swimmers must meet the minimum time standard for all events.

Swimmers age 10 and older must meet the minimum time standard in at least 2 of the events, and enter at the minimum time for any non-qualifying events.

AWARDS: Trophies 1-8 Individuals will be scored using Hy-Tek Power Points. Swimmers must compete in all 5 events in order to be eligible for awards. (A DQ does not make them ineligible.)

October Senior Meet (new format)

October 11, 2015

Girls		Distance		Stroke	Boys	
Warmup 7:30 AM		Sun October 11, 2015			Meet Starts 9:00 AM	
1	5:36.60	OPEN	400 Y	IM	5:18.20	2
3	29.30	OPEN	50 Y	FREE	27.50	4
5	1:23.40	OPEN	100 Y	BREAST	1:19.10	6
7	2:16.10	OPEN	200 Y	FREE	2:10.90	8
9	2:40.50	OPEN	200 Y	FLY	2:33.30	10
11	1:14.10	OPEN	100 Y	BACK	1:11.30	12
13	3:01.70	OPEN	200 Y	BREAST	2:50.80	14
15	1:11.00	OPEN	100 Y	FLY	1:07.70	16
17	2:39.60	OPEN	200 Y	BACK	2:31.00	18
19	2:36.60	OPEN	200 Y	IM	2:29.00	20
21	1:03.40	OPEN	100 Y	FREE	59.60	22
23	5:59.60	*OPEN	500 Y	FREE	5:48.60	24
25	12:37.00	*OPEN	1000 Y	FREE	12:23.20	26
27	21:02.90	*OPEN	1650 Y	FREE	20:42.80	28

* Swimmers may swim only 1 of these 3 events. These 3 events may be seeded/swum together. The combination & seeding of these events will be determined and announced prior to event #15.

The 400 IM and the 500, 1000, 1650 frees will be swum fastest to slowest, alternating women and men's heats.
All other events will be seeded and swum fastest to slowest.

C All Ages Meet

October 17-18, 2015

Girls				Boys	
Warmup 7:30am		Saturday, October 17, 2015		Meet Starts 9:00am	
Event	B Min	Age	Dist/Stroke	B min	Event
1	--	6 & Under	25 Y Free	--	2
3	1:46.10	8 & Under	100 Y Free	1:42.00	4
5	1:21.50	9 – 10	100 Y Free	1:21.00	6
7	1:12.70	11 – 12	100 Y Free	1:12.20	8
9	1:09.10	13 & Over	100 Y Free	1:05.00	10
11	--	6 & Under	25 Y Back	--	12
13	57.80	8 & Under	50 Y Back	56.30	14
15	44.30	9 – 10	50 Y Back	44.20	16
17	39.60	11 – 12	50 Y Back	40.00	18
19	1:21.00	13 & Over	100 Y Back	1:18.00	20
21	--	6 & Under	25 Y Fly	--	22
23	55.60	8 & Under	50 Y Fly	56.40	24
25	41.80	9 – 10	50 Y Fly	41.60	26
27	37.40	11 – 12	50 Y Fly	37.70	28
29	1:17.40	13 & Over	100 Y Fly	1:13.80	30
31	--	6 & Under	25 Y Breast	--	22
33	2:56.80	9 – 10	200 Y Free	2:56.50	26
35	2:37.20	11 – 12	200 Y Free	2:37.80	28
37	2:28.40	13 & Over	200 Y Free	2:22.80	30
39		8 & Under	Mixed 100 Y Free Relay		
40		10 & Under	Mixed 200 Y Free Relay		
41		11 – 12	Mixed 200 Y Free Relay		
42		13 & Over	Mixed 200 Y Free Relay		
Warmup 7:30am		Sunday, October 18, 2015		Meet Starts 9:00am	
Event	B Min	Age	Dist/Stroke	B min	Event
43	48.60	8 & Under	50 Y Free	47.30	44
45	37.00	9 – 10	50 Y Free	37.20	46
47	33.50	11 – 12	50 Y Free	33.60	48
49	31.90	13 & Over	50 Y Free	30.00	50
51	2:01.40	8 & Under	100 Y IM	1:58.20	52
53	1:34.40	9 – 10	100 Y IM	1:34.80	54
55	1:24.70	11 – 12	100 Y IM	1:24.70	56
57	2:50.90	13 & Over	200 Y IM	2:42.60	58
59	1:02.80	8 & Under	50 Y Breast	1:01.20	60
61	49.80	9 – 10	50 Y Breast	49.80	62
63	44.50	11 – 12	50 Y Breast	44.80	64
65	1:31.00	13 & Over	100 Y Breast	1:26.30	66
67		8 & Under	Mixed 100 Y Medley Relay		
68		10 & Under	Mixed 200 Y Medley Relay		
69		11 – 12	Mixed 200 Y Medley Relay		
70		13 & Over	Mixed 200 Y Medley Relay		

This is a C meet. All swimmers must be slower than the B minimum time standard shown.
8 & Under swimmers may swim only one relay per day!

A/B All Ages Meet North & South (new format)

October 23-25, 2015

Warmup 4:00 pm		Friday, October 23, 2015					Meet Starts 5:00 pm	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
1	6:59.50	6:24.60	12 & Under	A/B	500 FREE	6:29.80	7:05.30	2
3	13:45.80	12:37.00	11 & Over	A/B	1000 FREE	12:23.20	13:30.70	4

Warmup 7:15 am		Saturday, October 24, 2015					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
5	2:56.80	2:42.00	10 & Under	A/B	200 FREE	2:41.80	2:56.50	6
7	2:37.20	2:24.10	11 - 12	A/B	200 FREE	2:24.60	2:37.80	8
9	48.60	40.50	8 & Under	A/B	50 FREE	39.40	47.30	10
11	37.00	33.90	9 - 10	A/B	50 FREE	34.10	37.20	12
13	33.50	30.70	11 - 12	A/B	50 FREE	30.80	33.60	14
15	55.60	46.30	8 & Under	A/B	50 FLY	47.00	56.40	16
17	41.80	38.30	9 - 10	A/B	50 FLY	38.20	41.60	18
19	37.40	34.30	11 - 12	A/B	50 FLY	34.50	37.70	20
21	57.80	48.10	8 & Under	A/B	50 BACK	46.80	56.30	22
23	44.30	40.50	9 - 10	A/B	50 BACK	40.40	44.20	24
25	39.60	36.20	11 - 12	A/B	50 BACK	36.60	40.00	26
27	1:02.80	52.30	8 & Under	A/B	50 BREAST	51.00	1:01.20	28
29	49.80	45.60	9 - 10	A/B	50 BREAST	45.60	49.80	30
31	44.50	40.80	11 - 12	A/B	50 BREAST	41.00	44.80	32
33	2:01.40	1:41.20	8 & Under	A/B	100 IM	1:38.50	1:58.20	34
35	1:34.40	1:26.60	9 - 10	A/B	100 IM	1:26.90	1:34.80	36
37	1:24.70	1:17.70	11 - 12	A/B	100 IM	1:17.70	1:24.70	38
39	--	--	10 & Under	--	200 MED RELAY	--	--	40
41	--	--	11 - 12	--	200 MED RELAY	--	--	42

AFTERNOON SESSION

43	--	--	13 & Over	--	200 MED RELAY	--	--	44
45	2:28.40	2:16.10	13 - 14	A/B	200 FREE	2:10.90	2:22.80	46
47	2:28.80	2:16.40	15 & Over	A/B	200 FREE	2:04.80	2:16.20	48
49	2:55.10	2:40.50	11 - 14	A/B	200 FLY	2:33.30	2:47.30	50
51	2:50.90	2:36.60	15 & Over	A/B	200 FLY	2:21.60	2:34.40	52
53	3:18.20	3:01.70	11 - 14	A/B	200 BREAST	3:06.40	2:50.80	54
55	3:17.30	3:00.80	15 & Over	A/B	200 BREAST	2:43.00	2:57.80	56
57	1:21.00	1:14.10	13 - 14	A/B	100 BACK	1:11.30	1:18.00	58
59	1:21.50	1:14.50	15 & Over	A/B	100 BACK	1:08.20	1:14.50	60
61	31.90	29.30	13 - 14	A/B	50 FREE	27.50	30.00	62
63	31.90	29.30	15 & Over	A/B	50 FREE	26.50	28.90	64
65	6:07.30	5:36.60	11 - 14	A/B	400 IM	5:18.20	5:47.30	66
67	5:51.50	5:22.00	15 & Over	A/B	400 IM	5:01.20	5:28.80	68

Warmup 7:15 am		Sunday, October 25, 2015					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
69	1:23.00	1:16.10	11 – 12	A/B	100 FLY	1:18.20	1:25.30	70
71	1:37.40	1:29.30	10 & Under	A/B	100 FLY	1:29.40	1:37.60	72
73	1:12.70	1:06.70	11 – 12	A/B	100 FREE	1:06.20	1:12.20	74
75	1:21.50	1:14.70	10 & Under	A/B	100 FREE	1:14.30	1:21.00	76
77	1:37.00	1:28.90	11 – 12	A/B	100 BREAST	1:29.00	1:37.10	78
79	1:49.10	1:40.00	10 & Under	A/B	100 BREAST	1:40.50	1:49.70	80
81	1:25.20	1:17.90	11 – 12	A/B	100 BACK	1:20.50	1:28.00	82
83	1:36.80	1:28.60	10 & Under	A/B	100 BACK	1:28.70	1:37.00	84
85	3:01.30	2:46.20	11 - 12	A/B	200 IM	2:46.50	3:01.70	86
87	3:23.50	3:06.50	10 & Under	A/B	200 IM	3:07.40	3:24.50	88
89	--	--	11 – 12	--	200 FREE RELAY	--	--	90
91	--	--	10 & Under	--	200 FREE RELAY	--	--	92

AFTERNOON SESSION

93	--	--	13 & Over	--	200 FREE RELAY	--	--	94
95	1:17.50	1:11.10	15 & Over	A/B	100 FLY	1:05.10	1:11.00	96
97	1:17.40	1:11.00	13 – 14	A/B	100 FLY	1:07.70	1:13.80	98
99	1:08.50	1:02.80	15 & Over	A/B	100 FREE	57.40	1:02.60	100
101	1:09.10	1:03.40	13 – 14	A/ B	100 FREE	59.60	1:05.00	102
103	2:48.10	2:33.80	15 & Over	A/B	200 BACK	2:23.90	2:37.30	104
105	2:54.50	2:39.60	11 – 14	A/ B	200 BACK	2:31.00	2:45.10	106
107	1:31.60	1:23.90	15 & Over	A/B	100 BREAST	1:15.80	1:22.70	108
109	1:31.00	1:23.40	13 – 14	A/B	100 BREAST	1:19.10	1:26.30	110
111	2:52.10	2:37.70	15 & Over	A/B	200 IM	2:21.70	2:34.70	112
113	2:50.90	2:36.60	13 – 14	A/B	200 IM	2:29.00	2:42.60	114
115	6:32.30	5:59.60	13 & Over	A/B	500 FREE	5:48.60	6:20.30	116

Notes:

- 4 events per day limit
- Distance freestyle events (500 and 1000 Y Free) will alternate women's and men's heats.

11 & Over BC Meet

November 7-8, 2015

Warmup 7:15 am		Saturday, November 7, 2015					Meet Starts 8:30 am		
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #	
1	2:37.20	2:24.10	11 - 12	B/C	200 FREE	2:24.60	2:37.80	2	
3	2:28.40	2:16.10	13 - 14	B/C	200 FREE	2:10.90	2:22.80	4	
5	2:28.80	2:16.40	15 & Over	B/C	200 FREE	2:04.80	2:16.20	6	
7	37.40	34.30	11 - 12	B/C	50 FLY	34.50	37.70	8	
9	2:55.10	2:40.50	13 - 14	B/C	50 FLY	2:33.30	2:47.30	10	
11	2:50.90	2:36.60	15 & Over	B/C	50 FLY	2:21.60	2:34.40	12	
13	44.50	40.80	11 - 12	B/C	100 BREAST	41.00	44.80	14	
15	3:18.20	3:01.70	13 - 14	B/C	100 BREAST	2:50.80	3:06.40	16	
17	3:17.30	3:00.80	15 & Over	B/C	100 BREAST	2:43.00	2:57.80	18	
19	--	--	11 - 12	--	200 MED RELAY	--	--	20	
21	--	--	13 & Over	--	200 MED RELAY	--	--	22	
23	1:25.20	1:17.90	11 - 12	B/C	100 BACK	1:20.50	1:28.00	24	
25	1:21.00	1:14.10	13 - 14	B/C	100 BACK	1:11.30	1:18.00	26	
27	1:21.50	1:14.50	15 & Over	B/C	100 BACK	1:08.20	1:14.50	28	
29	33.50	30.70	11 - 12	B/C	50 FREE	30.80	33.60	30	
31	31.90	29.30	13 - 14	B/C	50 FREE	27.50	30.00	32	
33	31.90	29.30	15 & Over	B/C	50 FREE	26.50	28.90	34	
35	2:52.10	2:37.70	11 - 12	B/C	200 IM	2:21.70	2:34.70	36	
37	2:50.90	2:36.60	13 - 14	B/C	200 IM	2:29.00	2:42.60	38	
39	3:01.30	2:46.20	15 & Over	B/C	200 IM	2:46.50	3:01.70	40	

Warmup 7:15 am		Sunday, November 8, 2015					Meet Starts 8:30 am		
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #	
41	1:17.50	1:11.10	11 - 12	B/C	100 FLY	1:05.10	1:11.00	42	
43	1:17.40	1:11.00	13 - 14	B/C	100 FLY	1:07.70	1:13.80	44	
45	1:23.00	1:16.10	15 & Over	B/C	100 FLY	1:18.20	1:25.30	46	
47	1:08.50	1:02.80	11 - 12	B/C	50 BACK	57.40	1:02.60	48	
49	1:09.10	1:03.40	13 - 14	B/C	50 BACK	59.60	1:05.00	50	
51	1:12.70	1:06.70	15 & Over	B/C	50 BACK	1:06.20	1:12.20	52	
53	2:48.10	2:33.80	11 - 12	B/C	100 FREE	2:23.90	2:37.30	54	
55	2:54.50	2:39.60	13 - 14	B/C	100 FREE	2:31.00	2:45.10	56	
57	39.60	36.20	15 & Over	B/C	100 FREE	36.60	40.00	58	
59	1:31.60	1:23.90	11 - 12	B/C	50 BREAST	1:15.80	1:22.70	60	
61	1:31.00	1:23.40	13 - 14	B/C	50 BREAST	1:19.10	1:26.30	62	
63	1:37.00	1:28.90	15 & Over	B/C	50 BREAST	1:29.00	1:37.10	64	
65	--	--	11 - 12	--	200 FREE RELAY	--	--	66	
67	--	--	13 & Over	--	200 FREE RELAY	--	--	68	
69	1:24.70	1:17.70	11 - 12	B/C	100 IM	1:17.70	1:24.70	70	
71	6:59.50	6:24.60	15 & Over	B/C	500 FREE	6:29.80	7:05.30	72	
73	6:32.30	5:59.60	13 - 14	B/C	500 FREE	5:48.60	6:20.30	74	
75	6:29.90	5:57.40	11 - 12	B/C	500 FREE	5:34.80	6:05.30	76	

10 & Under NTS Mini-Meet / 11 & Over NTS Distance Meet

November 14-15, 2015

Girls		Boys	
Warmup 7:30am	Saturday, Nov 14, 2015	Meet Starts 9:00am	
Morning Session			
1	9 – 10	100 Y Indiv Medley	2
3	8 & Under	100 Y Indiv Medley	4
5	10 & Under	50 Y Breast	6
7	7 – 8	25 Y Breast	8
9	6 & Under	25 Y Breast	10
11	10 & Under	50 Y Back	12
13	7 – 8	25 Y Back	14
15	6 & Under	25 Y Back	16
17	10 & Under	50 Y Fly	18
19	7 – 8	25 Y Fly	20
21	6 & Under	25 Y Fly	22
23	10 & Under	50 Y Free	24
25	7 – 8	25 Y Free	26
27	6 & Under	25 Y Free	28
29	10 & Under Mixed	200 Y Free Relay	
30	8 & Under Mixed	100 Y Free Relay	
Afternoon Session			
31	11 – 12	1650 Y Free	32
33	13 – 14	1650 Y Free	34
35	15 & Over	1650 Y Free	36

Girls		Distance	Stroke	Boys	
Warmup 7:30 AM	Sunday Nov 15, 2015		Meet Starts 9:00 AM		
37	11 – 12	500 Y	Free	38	
39	13 – 14	500 Y	Free	40	
41	15 & Over	500 Y	Free	42	
43	11 – 12	400 Y	IM	44	
45	13 – 14	400 Y	IM	46	
47	15 & Over	400 Y	IM	48	
49	11 – 12	200 Y	Back	50	
51	13 – 14	200 Y	Back	52	
53	15 & Over	200 Y	Back	54	
55	11 – 12	200 Y	Fly	56	
57	13 – 14	200 Y	Fly	58	
59	15 & Over	200 Y	Fly	60	
61	11 – 12	200 Y	Breast	62	
63	13 – 14	200 Y	Breast	64	
65	15 & Over	200 Y	Breast	66	
67	11 – 12	1000 Y	Free	68	
69	13 – 14	1000 Y	Free	70	
71	15 & Over	1000 Y	Free	72	

Notes:

- All events of same stroke & distance will be seeded by time and swum together, but awarded separately.
- Medals 1-3 and Ribbons 4-8 for 11-12 and 13-14 events, no awards for 15 & Over events.
- All events will be swum fastest to slowest.
- Distance freestyle events (500, 1000 and 1650Y Free) will alternate women's and men's heats as well.

AB All Ages Meet North & South (new format)

December 4-6, 2015

Warmup 4:00 pm		Friday, December 4, 2015					Meet Starts 5:00 pm	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
1	6:59.50	6:24.60	12 & Un	A/B	500 FREE	6:29.80	7:05.30	2
3	22:57.70	21:02.90	12 & Over	A/B	1650 FREE	20:42.80	22:35.80	4

Warmup 7:15 am		Saturday, December 5, 2015					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
5	2:37.20	2:24.10	11 - 12	A/B	200 FREE			
6	--	--	6 & Un	--	25 FREE	--	--	7
8	48.60	40.50	8 & Un	A/B	50 FREE	39.40	47.30	9
10	37.00	33.90	9 - 10	A/B	50 FREE	34.10	37.20	11
12	33.50	30.70	11 - 12	A/B	50 FREE			
13	2:01.40	1:41.20	8 & Un	A/B	100 IM	1:38.50	1:58.20	14
15	1:34.40	1:26.60	9 - 10	A/B	100 IM	1:26.90	1:34.80	16
17	1:24.70	1:17.70	11 - 12	A/B	100 IM			
18	--	--	6 & Un	--	25 BACK	--	--	19
20	57.80	48.10	8 & Un	A/B	50 BACK	46.80	56.30	21
22	1:36.80	1:28.60	10 & Un	A/B	100 BACK	1:28.70	1:37.00	23
24	1:25.20	1:17.90	11 - 12	A/B	100 BACK			
25	--	--	6 & Un	--	25 BREAST	--	--	26
27	1:02.80	52.30	8 & Un	A/B	50 BREAST	51.00	1:01.20	28
29	49.80	45.60	9 - 10	A/B	50 BREAST	45.60	49.80	30
31	44.50	40.80	11 - 12	A/B	50 BREAST			
32	--	--	6 & Un	--	25 FLY	--	--	33
34	55.60	46.30	8 & Un	A/B	50 FLY	47.00	56.40	35
36	1:37.40	1:29.30	10 & Un	A/B	100 FLY	1:29.40	1:37.60	37
38	1:23.00	1:16.10	11 - 12	A/B	100 FLY			
39	--	--	10 & Un	--	200 MED RELAY	--	--	40
41	--	--	11 - 12	--	200 MED RELAY			

AFTERNOON SESSION

			11 - 12	A/B	200 FREE	2:24.60	2:37.80	42
43	2:28.40	2:16.10	13 - 14	A/B	200 FREE	2:10.90	2:22.80	44
45	2:28.80	2:16.40	15 & Over	A/B	200 FREE	2:04.80	2:16.20	46
			11 - 12	A/B	50 FLY	34.50	37.70	47
48	2:55.10	2:40.50	13 - 14	A/B	200 FLY	2:33.30	2:47.30	49
50	2:50.90	2:36.60	15 & Over	A/B	200 FLY	2:21.60	2:34.40	51
			11 - 12	A/B	50 BREAST	41.00	44.80	52
53	3:18.20	3:01.70	13 - 14	A/B	200 BREAST	2:50.80	3:06.40	54
55	3:17.30	3:00.80	15 & Over	A/B	200 BREAST	2:43.00	2:57.80	56
			11 - 12	--	200 MED RELAY	--	--	57
58	--	--	13 & Over	--	200 MED RELAY	--	--	59
			11 - 12	A/B	100 BACK	1:20.50	1:28.00	60
61	1:21.00	1:14.10	13 - 14	A/B	100 BACK	1:11.30	1:18.00	62
63	1:21.50	1:14.50	15 & Over	A/B	100 BACK	1:08.20	1:14.50	64
			11 - 12	A/B	50 FREE	30.80	33.60	65
66	31.90	29.30	13 - 14	A/B	50 FREE	27.50	30.00	67
68	31.90	29.30	15 & Over	A/B	50 FREE	26.50	28.90	69
			11 - 12	A/B	100 IM	1:17.70	1:24.70	70
71	6:07.30	5:36.60	13 - 14	A/B	400 IM	5:18.20	5:47.30	72
73	5:51.50	5:22.00	15 & Over	A/B	400 IM	5:01.20	5:28.80	74

Warmup 7:15 am		Sunday, December 6, 2015					Meet Starts 8:30 am		
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #	
75	41.80	38.30	9 – 10	A/B	50 FLY	38.20	41.60	76	
77	37.40	34.30	11 – 12	A/B	50 FLY				
78	2:56.80	2:42.00	8 & Un	A/B	200 FREE	2:41.80	2:56.50	79	
80	2:56.80	2:42.00	9 – 10	A/B	200 FREE	2:41.80	2:56.50	81	
82	1:49.10	1:40.00	10 & Un	A/B	100 BREAST	1:40.50	1:49.70	83	
84	1:37.00	1:28.90	11 – 12	A/B	100 BREAST				
85	44.30	40.50	9 – 10	A/B	50 BACK	40.40	44.20	86	
87	39.60	36.20	11 – 12	A/B	50 BACK				
88	1:46.10	1:28.40	8 & Un	A/B	100 FREE	1:25.00	1:42.00	89	
90	1:21.50	1:14.70	9 – 10	A/B	100 FREE	1:14.30	1:21.00	91	
92	1:12.70	1:06.70	11 – 12	A/B	100 FREE				
93	3:23.50	3:06.50	8 & Un	A/B	200 IM	3:07.40	3:24.50	94	
95	3:23.50	3:06.50	9 – 10	A/B	200 IM	3:07.40	3:24.50	96	
97	3:01.30	2:46.20	11 – 12	A/B	200 IM				
98	--	--	10 & Un	--	200 FREE RELAY	--	--	99	
100	--	--	11 – 12	--	200 FREE RELAY				
101	--	--	10 & Un	--	500 FREE	--	--	102	
103	6:59.50	6:24.60	11 – 12	A/B	500 FREE				

SUNDAY AFTERNOON SESSION

104	1:17.50	1:11.10	15 & Over	A/B	100 FLY	1:05.10	1:11.00	105
106	1:17.40	1:11.00	13 – 14	A/B	100 FLY	1:07.70	1:13.80	107
			11 – 12	A/B	100 FLY	1:18.20	1:25.30	108
109	1:08.50	1:02.80	15 & Over	A/B	100 FREE	57.40	1:02.60	110
111	1:09.10	1:03.40	13 – 14	A/B	100 FREE	59.60	1:05.00	112
			11 – 12	A/B	100 FREE	1:06.20	1:12.20	113
114	2:48.10	2:33.80	15 & Over	A/B	200 BACK	2:23.90	2:37.30	115
116	2:54.50	2:39.60	13 – 14	A/B	200 BACK	2:31.00	2:45.10	117
			11 – 12	A/B	50 BACK	36.60	40.00	118
119	1:31.60	1:23.90	15 & Over	A/B	100 BREAST	1:15.80	1:22.70	120
121	1:31.00	1:23.40	13 – 14	A/B	100 BREAST	1:19.10	1:26.30	122
			11 – 12	A/B	100 BREAST	1:29.00	1:37.10	123
124	2:52.10	2:37.70	15 & Over	A/B	200 IM	2:21.70	2:34.70	125
126	2:50.90	2:36.60	13 – 14	A/B	200 IM	2:29.00	2:42.60	127
			11 – 12	A/B	200 IM	2:46.50	3:01.70	128
129	--	--	13 & Over	--	200 FREE RELAY	--	--	130
			11 – 12	--	200 FREE RELAY	--	--	131
132	6:29.90	5:57.40	15 & Over	A/B	500 FREE	5:34.80	6:05.30	133
134	6:32.30	5:59.60	13 – 14	A/B	500 FREE	5:48.60	6:20.30	135
			11 – 12	A/B	500 FREE	6:29.80	7:05.30	136

5 EVENTS PER DAY – USA SWIMMING LIMIT

1 Day C All Ages Meet

December 12, 2015

Warmup 7:30 am		Saturday, December 12, 2015			Meet Starts 9:00 am	
Girls Event #	B Min	Age	Div	Dist/Stroke	B min	Boys Event #
1	--	6 & Under	--	25 Y FREE	--	2
3	48.60	7 – 8	C	50 Y FREE	47.30	4
5	37.00	9 – 10	C	50 Y FREE	37.20	6
7	33.50	11 – 12	C	50 Y FREE	33.60	8
9	31.90	13 & Over	C	50 Y FREE	30.00	10
11	--	6 & Under	--	25 Y BACK	--	12
13	57.80	7 – 8	C	50 Y BACK	56.30	14
15	44.30	9 – 10	C	50 Y BACK	44.20	16
17	39.60	11 – 12	C	50 Y BACK	40.00	18
19	1:21.00	13 & Over	C	100 Y BACK	1:18.00	20
21	1:41.20	8 & Under	C	100 Y IM	1:37.00	22
23	1:34.40	9 – 10	C	100 Y IM	1:01.20	24
25	1:24.70	11 – 12	C	100 Y IM	49.80	26
27	2:50.90	13 & Over	C	200 Y IM	2:42.60	28
29	--	6 & Under	--	25 Y BREAST	--	30
31	1:02.80	7 – 8	C	50 Y BREAST	1:01.20	32
33	49.80	9 – 10	C	50 Y BREAST	49.80	34
35	44.50	11 – 12	C	50 Y BREAST	44.80	36
37	1:31.00	13 & Over	C	100 Y BREAST	1:26.30	38
39	--	6 & Under	--	25 Y FLY	--	40
41	55.60	7 – 8	C	50 Y FLY	56.40	42
43	41.80	9 – 10	C	50 Y FLY	41.60	44
45	37.40	11 – 12	C	50 Y FLY	37.70	46
47	1:17.40	13 & Over	C	100 Y FLY	1:13.80	48
49	1:46.10	8 & Under	C	100 Y FREE	1:42.00	50
51	1:21.50	9 – 10	C	100 Y FREE	1:21.00	52
53	1:12.70	11 – 12	C	100 Y FREE	1:12.20	54
55	1:09.10	13 & Over	C	100 Y FREE	1:05.00	56

SWIMMERS MUST BE SLOWER THAN THE B minimum TIMES SHOWN.

ABC All Ages Meet

January 8-10, 2016

		Girls					Boys			
		B min	A min	Age	Dist/Stroke		A min	B min		
Warmup 4:00pm		Friday, Jan. 8, 2016						Meet Starts 5:00pm		
1	13:45.80	12:37.00	13-Ov	A/B/C	1000	FREE	12:23.20	13:30.70	2	
Warmup 7:00am		Saturday, Jan. 9, 2016						Meet Starts 8:30am		
3	48.60	40.50	8/U	A/B/C	50	FREE	39.40	47.30	4	
5	37.00	33.90	9-10	A/B/C	50	FREE	34.10	37.20	6	
7	33.50	30.70	11-12	A/B/C	50	FREE	30.80	33.60	8	
9	2:01.40	1:41.20	8/U	A/B/C	100	IM	1:38.50	1:58.20	10	
11	1:34.40	1:26.60	9-10	A/B/C	100	IM	1:26.90	1:34.80	12	
13	1:24.70	1:17.70	11-12	A/B/C	100	IM	1:17.70	1:24.70	14	
15	57.80	48.10	8/U	A/B/C	50	BACK	46.80	56.30	16	
17	44.30	40.50	9-10	A/B/C	50	BACK	40.40	44.20	18	
19	39.60	36.20	11-12	A/B/C	50	BACK	36.60	40.00	20	
21	1:02.80	52.30	8/U	A/B/C	50	BRST	51.00	1:01.20	22	
23	49.80	45.60	9-10	A/B/C	50	BRST	45.60	49.80	24	
25	44.50	40.80	11-12	A/B/C	50	BRST	41.00	44.80	26	
27	55.60	46.30	8/U	A/B/C	50	FLY	47.00	56.40	28	
29	41.80	38.30	9-10	A/B/C	50	FLY	38.20	41.60	30	
31	37.40	34.30	11-12	A/B/C	50	FLY	34.50	37.70	32	
33	2:56.80	2:42.00	10/U	A/B/C	200	FREE	2:41.80	2:56.50	34	
35	2:37.20	2:24.10	11-12	A/B/C	200	FREE	2:24.60	2:37.80	36	
37	-	-	10/U		200	MED RELAY	-	-	38	
39	-	-	11-12		200	MED RELAY	-	-	40	
AFTERNOON SESSION										
41	-	-	13-Ov		200	MED RELAY	-	-	42	
43	2:28.40	2:16.10	13-14	A/B/C	200	FREE	2:10.90	2:22.80	44	
45	2:28.80	2:16.40	15-Ov	A/B/C	200	FREE	2:04.80	2:16.20	46	
47	2:55.10	2:40.50	13-14	A/B/C	200	FLY	2:33.30	2:47.30	48	
49	2:50.90	2:36.60	15-Ov	A/B/C	200	FLY	2:21.60	2:34.40	50	
51	3:18.20	3:01.70	13-14	A/B/C	200	BRST	2:50.80	3:06.40	52	
53	3:17.30	3:00.80	15-Ov	A/B/C	200	BRST	2:43.00	2:57.80	54	
55	1:21.00	1:14.10	13-14	A/B/C	100	BACK	1:11.30	1:18.00	56	
57	1:21.50	1:14.50	15-Ov	A/B/C	100	BACK	1:08.20	1:14.50	58	
59	31.90	29.30	13-14	A/B/C	50	FREE	27.50	30.00	60	
61	31.90	29.30	15-Ov	A/B/C	50	FREE	26.50	28.90	62	
63	6:07.30	5:36.60	13-14	A/B/C	400	IM	5:18.20	5:47.30	64	
65	5:51.50	5:22.00	15-Ov	A/B/C	400	IM	5:01.20	5:28.80	66	
Warmup 7:00am		Sunday, Jan. 10, 2016						Meet Starts 8:30am		
67	6:59.50	6:24.60	12/U	A/B/C	500	FREE	6:29.80	7:05.30	68	
69	1:23.00	1:16.10	11-12	A/B/C	100	FLY	1:18.20	1:25.30	70	
71	1:37.40	1:29.30	10/U	A/B/C	100	FLY	1:29.40	1:37.60	72	
73	1:12.70	1:06.70	11-12	A/B/C	100	FREE	1:06.20	1:12.20	74	
75	1:21.50	1:14.70	10/U	A/B/C	100	FREE	1:14.30	1:21.00	76	
77	1:37.00	1:28.90	11-12	A/B/C	100	BRST	1:29.00	1:37.10	78	
79	1:49.10	1:40.00	10/U	A/B/C	100	BRST	1:40.50	1:49.70	80	
81	1:25.20	1:17.90	11-12	A/B/C	100	BACK	1:20.50	1:28.00	82	
83	1:36.80	1:28.60	10/U	A/B/C	100	BACK	1:28.70	1:37.00	84	
85	3:01.30	2:46.20	11-12	A/B/C	200	IM	2:46.50	3:01.70	86	
87	3:23.50	3:06.50	10/U	A/B/C	200	IM	3:07.40	3:24.50	88	
89	-	-	11-12		200	FREE RELAY	-	-	90	
91	-	-	10/U		200	FREE RELAY	-	-	92	
AFTERNOON SESSION										
93	-	-	13-Ov		200	FREE RELAY	-	-	94	
95	1:17.50	1:11.10	15-Ov	A/B/C	100	FLY	1:05.10	1:11.00	96	
97	1:17.40	1:11.00	13-14	A/B/C	100	FLY	1:07.70	1:13.80	98	
99	1:08.50	1:02.80	15-Ov	A/B/C	100	FREE	57.40	1:02.60	100	
101	1:09.10	1:03.40	13-14	A/B/C	100	FREE	59.60	1:05.00	102	
103	2:48.10	2:33.80	15-Ov	A/B/C	200	BACK	2:23.90	2:37.30	104	
105	2:54.50	2:39.60	13-14	A/B/C	200	BACK	2:31.00	2:45.10	106	
107	1:31.60	1:23.90	15-Ov	A/B/C	100	BRST	1:15.80	1:22.70	108	
109	1:31.00	1:23.40	13-14	A/B/C	100	BRST	1:19.10	1:26.30	110	
111	2:52.10	2:37.70	15-Ov	A/B/C	200	IM	2:21.70	2:34.70	112	
113	2:50.90	2:36.60	13-14	A/B/C	200	IM	2:29.00	2:42.60	114	
115	6:29.90	5:57.40	15-Ov	A/B/C	500	FREE	5:34.80	6:05.30	116	
117	6:32.30	5:59.60	13-14	A/B/C	500	FREE	5:48.60	6:20.30	118	

4 EVENTS PER DAY LIMIT

12 & Over No Time Standards Meet

January 22-24, 2016

Girls	Distance	Stroke	Boys
Warmup 4:00 PM	Friday Jan 22, 2016		Meet Starts 5:00 PM
1	12 & Over	1650 Y FREE	2

Warmup 7:15 AM	Saturday Jan 23, 2016		Meet Starts 9:00 AM
3	12 & Over	400 Y IM	4
5	12 & Over	200 Y FREE	6
7	12 & Over	100 Y BREAST	8
9	12 & Over	50 Y FREE	10
11	12 & Over	200 Y FLY	12
13	12 & Over	100 Y BACK	14
15	12 & Over	500 Y FREE	16

Warmup 7:15 AM	Sunday Jan 24, 2016		Meet Starts 9:00 AM
17	12 & Over	200 Y BREAST	18
19	12 & Over	100 Y FLY	20
21	12 & Over	200 Y BACK	22
23	12 & Over	200 Y IM	24
25	12 & Over	100 Y FREE	26
27	12 & Over	1000 Y FREE	28

Notes: All events will be swum fastest to slowest. Distance events (400Y IM and 500, 1000 and 1650Y Free) will alternate women's and men's heats as well.

12 & Under ABC Meet – North

January 29-31, 2016

Girls					Boys				
B min	A min	Age	Dist/Stroke		A min	B min			
Warmup 5:00pm					Friday, Jan. 29, 2016				Meet Starts 6:00pm
1	6:59.50	6:24.60	12/U	A/B/C	500	FREE	6:29.80	7:05.30	2

Warmup 7:30am					Saturday, Jan. 30, 2016				Meet Starts 9:00am
3	2:01.40	1:41.20	8/U	A/B/C	100	IM	1:38.50	1:58.20	4
5	1:34.40	1:26.60	9-10	A/B/C	100	IM	1:26.90	1:34.80	6
7	48.60	40.50	8/U	A/B/C	50	FREE	39.40	47.30	8
9	37.00	33.90	9-10	A/B/C	50	FREE	34.10	37.20	10
11	55.60	46.30	8/U	A/B/C	50	FLY	47.00	56.40	12
13	41.80	38.30	9-10	A/B/C	50	FLY	38.20	41.60	14
15	-	-	10/U		200	FREE RELAY	-	-	16
17	1:49.10	1:40.00	10/U	A/B/C	100	BRST	1:40.50	1:49.70	18
19	1:36.80	1:28.60	10/U	A/B/C	100	BACK	1:28.70	1:37.00	20
21	2:56.80	2:42.00	10/U	A/B/C	200	FREE	2:41.80	2:56.50	22

2ND SESSION STARTS NO EARLIER THAN 30 MINS AFTER THE 1ST ENDS

23	1:24.70	1:17.70	11	A/B/C	100	IM	1:17.70	1:24.70	24
25	1:24.70	1:17.70	12	A/B/C	100	IM	1:17.70	1:24.70	26
27	33.50	30.70	11	A/B/C	50	FREE	30.80	33.60	28
29	33.50	30.70	12	A/B/C	50	FREE	30.80	33.60	30
31	37.40	34.30	11	A/B/C	50	FLY	34.50	37.70	32
33	37.40	34.30	12	A/B/C	50	FLY	34.50	37.70	34
35	-	-	11-12		200	FREE RELAY	-	-	36
37	1:37.00	1:28.90	11	A/B/C	100	BRST	1:29.00	1:37.10	38
39	1:37.00	1:28.90	12	A/B/C	100	BRST	1:29.00	1:37.10	40
41	1:25.20	1:17.90	11	A/B/C	100	BACK	1:20.50	1:28.00	42
43	1:25.20	1:17.90	12	A/B/C	100	BACK	1:20.50	1:28.00	44
45	2:37.20	2:24.10	11	A/B/C	200	FREE	2:24.60	2:37.80	46
47	2:37.20	2:24.10	12	A/B/C	200	FREE	2:24.60	2:37.80	48

Warmup 7:30am					Sunday, Jan. 31, 2016				Meet Starts 9:00am
49	57.80	48.10	8/U	A/B/C	50	BACK	46.80	56.30	50
51	44.30	40.50	9-10	A/B/C	50	BACK	40.40	44.20	52
53	1:46.10	1:28.40	8/U	A/B/C	100	FREE	1:25.00	1:42.00	54
55	1:21.50	1:14.70	9-10	A/B/C	100	FREE	1:14.30	1:21.00	56
57	1:02.80	52.30	8/U	A/B/C	50	BRST	51.00	1:01.20	58
59	49.80	45.60	9-10	A/B/C	50	BRST	45.60	49.80	60
61	-	-	10/U		200	MED RELAY	-	-	62
63	1:37.40	1:29.30	10/U	A/B/C	100	FLY	1:29.40	1:37.60	64
65	3:23.50	3:06.50	10/U	A/B/C	200	IM	3:07.40	3:24.50	66

2ND SESSION STARTS NO EARLIER THAN 30 MINS AFTER THE 1ST ENDS

67	39.60	36.20	11	A/B/C	50	BACK	36.60	40.00	68
69	39.60	36.20	12	A/B/C	50	BACK	36.60	40.00	70
71	1:12.70	1:06.70	11	A/B/C	100	FREE	1:06.20	1:12.20	72
73	1:12.70	1:06.70	12	A/B/C	100	FREE	1:06.20	1:12.20	74
75	44.50	40.80	11	A/B/C	50	BRST	41.00	44.80	76
77	44.50	40.80	12	A/B/C	50	BRST	41.00	44.80	78
79	-	-	11-12		200	MED RELAY	-	-	80
81	1:23.00	1:16.10	11	A/B/C	100	FLY	1:18.20	1:25.30	82
83	1:23.00	1:16.10	12	A/B/C	100	FLY	1:18.20	1:25.30	84
85	3:01.30	2:46.20	11	A/B/C	200	IM	2:46.50	3:01.70	86
87	3:01.30	2:46.20	12	A/B/C	200	IM	2:46.50	3:01.70	88

12 & Under ABC Meet – South

January 29-31, 2016

Girls						Boys			
	B min	A min	Age	Dist/Stroke		A min	B min		
Warmup 5:00pm						Friday, Jan. 29, 2016			Meet Starts 6:00pm
1	6:59.50	6:24.60	12/U	A/B/C	500 FREE	6:29.80	7:05.30	2	
Warmup 7:30am						Saturday, Jan. 30, 2016			Meet Starts 9:00am
3	2:01.40	1:41.20	8/U	A/B/C	100 IM	1:38.50	1:58.20	4	
5	1:34.40	1:26.60	9-10	A/B/C	100 IM	1:26.90	1:34.80	6	
7	1:24.70	1:17.70	11-12	A/B/C	100 IM	1:17.70	1:24.70	8	
9	48.60	40.50	8/U	A/B/C	50 FREE	39.40	47.30	10	
11	37.00	33.90	9-10	A/B/C	50 FREE	34.10	37.20	12	
13	33.50	30.70	11-12	A/B/C	50 FREE	30.80	33.60	14	
15	55.60	46.30	8/U	A/B/C	50 FLY	47.00	56.40	16	
17	41.80	38.30	9-10	A/B/C	50 FLY	38.20	41.60	18	
19	37.40	34.30	11-12	A/B/C	50 FLY	34.50	37.70	20	
21	-	-	10/U		200 FREE RELAY	-	-	22	
23	-	-	11-12		200 FREE RELAY	-	-	24	
25	1:49.10	1:40.00	10/U	A/B/C	100 BRST	1:40.50	1:49.70	26	
27	1:37.00	1:28.90	11-12	A/B/C	100 BRST	1:29.00	1:37.10	28	
29	1:36.80	1:28.60	10/U	A/B/C	100 BACK	1:28.70	1:37.00	30	
31	1:25.20	1:17.90	11-12	A/B/C	100 BACK	1:20.50	1:28.00	32	
33	2:56.80	2:42.00	10/U	A/B/C	200 FREE	2:41.80	2:56.50	34	
35	2:37.20	2:24.10	11-12	A/B/C	200 FREE	2:24.60	2:37.80	36	
Warmup 7:30am						Sunday, Jan. 31, 2016			Meet Starts 9:00am
37	57.80	48.10	8/U	A/B/C	50 BACK	46.80	56.30	38	
39	44.30	40.50	9-10	A/B/C	50 BACK	40.40	44.20	40	
41	39.60	36.20	11-12	A/B/C	50 BACK	36.60	40.00	42	
43	1:46.10	1:28.40	8/U	A/B/C	100 FREE	1:25.00	1:42.00	44	
45	1:21.50	1:14.70	9-10	A/B/C	100 FREE	1:14.30	1:21.00	46	
47	1:12.70	1:06.70	11-12	A/B/C	100 FREE	1:06.20	1:12.20	48	
49	1:02.80	52.30	8/U	A/B/C	50 BRST	51.00	1:01.20	50	
51	49.80	45.60	9-10	A/B/C	50 BRST	45.60	49.80	52	
53	44.50	40.80	11-12	A/B/C	50 BRST	41.00	44.80	54	
55	-	-	10/U		200 MED RELAY	-	-	56	
57	-	-	11-12		200 MED RELAY	-	-	58	
59	1:37.40	1:29.30	10/U	A/B/C	100 FLY	1:29.40	1:37.60	60	
61	1:23.00	1:16.10	11-12	A/B/C	100 FLY	1:18.20	1:25.30	62	
63	3:23.50	3:06.50	10/U	A/B/C	200 IM	3:07.40	3:24.50	64	
65	3:01.30	2:46.20	11-12	A/B/C	200 IM	2:46.50	3:01.70	66	

5 EVENT PER DAY LIMIT

JO MAX Meet – North & South

March 4-6, 2016

Girls MAXIMUM		AGE	EVENT	Boys MAXIMUM	
Warmup 4:00pm		Friday, Mar 4, 2016		Meet Starts 5:00pm	
1	6:00.50	11-12	500 FREE	6:18.90	2
3	11:31.30	13-14	1000 FREE	11:27.70	4
5	11:16.00	15-18	1000 FREE	10:55.40	6
Warmup 7:30am		Saturday, Mar 6, 2016		Meet Starts 9:00am	
7	1:23.70	8/U	100 IM	1:27.00	8
9	1:23.70	9-10	100 IM	1:27.00	10
11	1:12.70	11-12	100 IM	1:15.20	12
13	5:09.90	13-14	400 IM	5:09.00	14
15	5:08.00	15-18	400 IM	4:47.10	16
17	2:40.60	10/U	200 FREE	2:47.60	18
19	2:17.10	11-12	200 FREE	2:20.80	20
21	2:06.80	13-14	200 FREE	2:03.90	22
23	2:01.60	15-18	200 FREE	1:52.90	24
25	1:37.20	10/U	100 BRST	1:42.00	26
27	1:23.20	11-12	100 BRST	1:26.50	28
29	1:17.40	13-14	100 BRST	1:15.30	30
31	1:14.90	15-18	100 BRST	1:09.20	32
33	33.10	8/U	50 FREE	33.40	34
35	33.10	9-10	50 FREE	33.40	36
37	28.90	11-12	50 FREE	29.30	38
39	27.10	13-14	50 FREE	25.90	40
41	26.20	15-18	50 FREE	23.70	42
43	2:20.00	10/U	200 FR REL	2:20.00	44
45	2:00.00	11-12	200 FR REL	2:02.80	46
47	---	13-14	200 FR REL	---	48
49	---	15-18	200 FR REL	---	50
51	38.20	8/U	50 FLY	40.30	52
53	38.20	9-10	50 FLY	40.30	54
55	32.30	11-12	50 FLY	33.30	56
57	2:33.50	13-14	200 FLY	2:28.90	58
59	2:26.00	15-18	200 FLY	2:19.80	60
61	1:26.00	10/U	100 BACK	1:29.70	62
63	1:13.30	11-12	100 BACK	1:17.00	64
65	1:08.20	13-14	100 BACK	1:07.50	66
67	1:05.30	15-18	100 BACK	1:00.30	68
Warmup 7:30am		Sunday, Mar 7, 2016		Meet Starts 9:00am	
69	5:43.00	13-14	500 FREE	5:40.10	70
71	5:29.90	15-18	500 FREE	5:14.80	72
73	44.40	8/U	50 BRST	46.40	74
75	44.40	9-10	50 BRST	46.40	76
77	38.60	11-12	50 BRST	39.70	78
79	2:47.00	13-14	200 BRST	2:45.00	80
81	2:43.00	15-18	200 BRST	2:33.50	82
83	1:28.80	10/U	100 FLY	1:38.00	84
85	1:12.40	11-12	100 FLY	1:17.00	86
87	1:07.40	13-14	100 FLY	1:05.60	88
89	1:03.70	15-18	100 FLY	58.50	90
91	39.10	8/U	50 BACK	40.40	92
93	39.10	9-10	50 BACK	40.40	94
95	34.00	11-12	50 BACK	35.20	96
97	2:27.10	13-14	200 BACK	2:26.10	98
99	2:22.50	15-18	200 BACK	2:13.50	100
101	2:42.10	10/U	200 MED REL	2:47.10	102
103	2:17.10	11-12	200 MED REL	2:21.10	104
105	---	13-14	200 MED REL	---	106
107	---	15-18	200 MED REL	---	108
109	3:00.90	10/U	200 IM	3:09.60	110
111	2:35.70	11-12	200 IM	2:40.60	112
113	2:26.30	13-14	200 IM	2:22.60	114
115	2:18.40	15-18	200 IM	2:06.80	116
117	1:13.30	10/U	100 FREE	1:14.00	118
119	1:02.40	11-12	100 FREE	1:03.70	120
121	58.90	13-14	100 FREE	57.00	122
123	56.30	15-18	100 FREE	51.70	124

- THIS MEET HAS MAXIMUM TIME STANDARDS
- SWIMMERS ARE NOT QUALIFIED IF THEY HAVE 6 OR MORE JO CUTS
- ALL 13-14 AGE GROUP AND 15-18 AGE GROUP - EVENTS ARE SWUM TOGETHER BUT AWARDED SEPARATELY
- SWIMMERS MAY ENTER ANY NUMBER OF EVENTS, BUT SWIM ONLY 3 EVENTS PER DAY (6 MAX FOR THE ENTIRE MEET)!
- IF A SWIMMER IS QUALIFIED IN STROKE/DISTANCE FOR JO'S, HE/SHE MAY NOT SWIM THE EVENT IN THIS MEET. THE SAME APPLIES TO A RELAY LEG.