



SAN DIEGO-IMPERIAL SWIMMING 2016 LONG COURSE SEASON MEET BID PACKAGE

Attached is the San Diego-Imperial Swimming 2016 long course swim meet schedule as approved by the SI Swimming Program Committee, and the approved formats for each meet. The application form to be used to bid for any meets your club wishes to host is also attached; a separate application is required for each meet that you bid upon. All bids must be received at the SI Swim Office by 2:30 pm on Tuesday, 12 January 2016.

The Meet Application Form must be filled out completely, and Proof of Water must be received with the bid in order for the bid to be considered. Except for meets specifically designated as Short Course (SC) meets, bids using long course pools will be considered superior to ones using short course pools. If you bid on more than one meet, indicate which meets you would accept if you are awarded more than one. Also, if you bid on more than one meet, indicate your priority for your choices (1, 2, 3, etc.). Traditional meets must be specifically requested.

The Program Committee will meet on Tuesday, 12 January 2016 at 8:00 p.m. at the Swim Office. If you wish to present additional information about your bid or want to be available to answer any questions about your bid, you are welcome to attend the meeting for that purpose.

Some of the criteria (but not necessarily all of them) used to select bids are:

- Physical Facility (appropriateness of pool, warm-up area, rest areas, spectator areas, etc.)
- Prior history of the club with respect to meet operations and compliance with SI Swimming's administrative requirements (timely submission of reports, fees, etc.).

Weekend	Meet	Notes
March 19-20	ABC All Ages LC	
March 26-27		Easter Weekend
April 2-3	Senior Meet LC	<i>CNSA Traditional year 3 of 3</i>
April 2-3	C All Ages SC	
April 9-10	AB All Ages LC	
April 15-17	12 & Over AB LC	
April 23-24	11 & Under AB LC	
April 30-May 1	C All Ages SC	
May 7-8		Mother's Day (8)
May 14-15		SD CIF Championships (14)
May 21-22	BC All Ages North & South (SC or LC)	CIF State Champs (21)
May 27-29	A+ All Ages LC	
June 4-5		
June 11-12		
June 17-19	A+ All Ages LC	
June 24-26	BC All Ages North & South (SC or LC)	
July 2-3		
July 8-10	AB All Ages LC (2 locations, teams to be assigned)	
July 16-17		Cal State Games (16)
July 23-24	C All Ages SC	Sectionals (21-24)
July 28-31	SI Long Course Junior Olympics	
August 6-7		Senior Zones (3-6)
August 15-16	JO MAX Meet SC North & South	Age Group Zones (10-13)

March 19-20: ABC All Ages Meet LC

Girls						Boys			
	B min	A min	Age	Dist/Stroke		A min	B min		
Warmup 7:00am						Saturday, March 19, 2016			
						Meet Starts 8:30am			
1	3:19.30	3:02.70	10/U	A/B/C	200 FREE	3:02.40	3:19.00	2	
3	2:57.70	2:42.90	11-12	A/B/C	200 FREE	2:43.60	2:58.40	4	
5	2:48.10	2:34.10	13/Ov	A/B/C	200 FREE	2:28.50	2:42.00	6	
7	2:02.40	1:52.20	10/U	A/B/C	100 BRST	1:52.90	2:03.10	8	
9	1:49.10	1:40.00	11-12	A/B/C	100 BRST	1:40.10	1:49.20	10	
11	1:42.50	1:33.90	13/Ov	A/B/C	100 BRST	1:29.20	1:37.30	12	
13	54.70	45.60	8/U	A/B/C	50 FREE	44.40	53.30	14	
15	41.90	38.40	9-10	A/B/C	50 FREE	38.10	41.50	16	
17	38.00	34.90	11-12	A/B/C	50 FREE	34.40	37.60	18	
19	36.40	33.30	13/Ov	A/B/C	50 FREE	30.20	33.00	20	
21	1:02.40	52.00	8/U	A/B/C	50 FLY	52.70	1:08.50	22	
23	47.20	43.20	9-10	A/B/C	50 FLY	43.10	47.00	24	
25	41.90	38.40	11-12	A/B/C	50 FLY	39.20	42.70	26	
27	3:17.40	3:00.90	13/Ov	A/B/C	200 FLY	2:53.10	3:08.90	28	
29	1:50.30	1:41.00	10/U	A/B/C	100 BACK	1:41.30	1:50.50	30	
31	1:37.60	1:29.40	11-12	A/B/C	100 BACK	1:30.70	1:39.00	32	
33	1:32.90	1:25.10	13/Ov	A/B/C	100 BACK	1:22.10	1:31.60	34	
35	6:55.10	6:20.40	13/Ov	A/B/C	400 IM	6:00.20	6:33.00	36	
Warmup 7:00am						Sunday, March 20, 2016			
						Meet Starts 8:30am			
37	1:05.30	54.40	8/U	A/B/C	50 BRST	57.10	1:08.50	38	
39	56.00	51.40	9-10	A/B/C	50 BRST	51.40	56.00	40	
41	50.20	46.00	11-12	A/B/C	50 BRST	45.60	49.80	42	
43	3:43.00	3:24.40	13/Ov	A/B/C	200 BRST	3:15.20	3:33.00	44	
45	1:05.30	54.40	8/U	A/B/C	50 BACK	53.20	1:03.80	46	
47	50.60	46.40	9-10	A/B/C	50 BACK	46.30	50.50	48	
49	45.40	41.60	11-12	A/B/C	50 BACK	42.00	45.80	50	
51	3:19.60	3:02.80	13/Ov	A/B/C	200 BACK	2:53.30	3:09.20	52	
53	1:49.70	1:40.50	10/U	A/B/C	100 FLY	1:40.70	1:49.80	54	
55	1:35.30	1:27.30	11-12	A/B/C	100 FLY	1:28.10	1:36.10	56	
57	1:27.60	1:20.30	13/Ov	A/B/C	100 FLY	1:16.70	1:23.60	58	
59	4:52.80	4:04.90	8/U	A/B/C	200 IM	3:58.40	4:45.20	60	
61	3:49.30	3:30.20	9-10	A/B/C	200 IM	3:31.20	3:50.40	62	
63	3:25.00	3:07.90	11-12	A/B/C	200 IM	3:08.20	3:25.30	64	
65	3:13.40	2:57.30	13/Ov	A/B/C	200 IM	2:49.00	3:04.30	66	
67	1:32.00	1:24.40	10/U	A/B/C	100 FREE	1:23.90	1:31.60	68	
69	1:22.40	1:15.60	11-12	A/B/C	100 FREE	1:15.10	1:22.00	70	
71	1:18.50	1:11.90	13/Ov	A/B/C	100 FREE	1:07.90	1:14.00	72	
73	6:18.80	5:47.30	12/U	A/B/C	400 FREE*	5:46.60	6:18.10	74	
75	5:55.80	5:26.10	13/Ov	A/B/C	400 FREE*	5:15.60	5:44.30	76	

* Events 35/36, 73/74 and 75/76 will be combined seeded and swum fastest to slowest, alternating women and men. Provide your own timer.

April 2 - 3: Senior Meet LC

Warmup 8:30 AM			Saturday April 2, 2016			Meet Starts 10:00 AM		
Women	LCM	SCY				LCM	SCY	Men
1	2:42.69	2:22.89	Open	200 M	Free	2:33.79	2:14.19	2
3	1:23.69	1:12.69	Open	100 M	Back	1:18.99	1:08.29	4
5	3:26.69	3:00.19	Open	200 M	Breast	3:14.49	2:47.59	6
7	1:21.79	1:12.19	Open	100 M	Fly	1:16.29	1:07.09	8
9	3:05.29	2:40.79	Open	200 M	IM	2:53.69	2:30.29	10
11	34.89	30.49	Open	50 M	Free	31.99	28.19	12
13	5:14.89	5:52.99	Open	400 M	Free	5:02.69	5:33.89	14

Warmup 8:30 AM			Sunday April 3, 2016			Meet Starts 10:00 AM		
Women	LCM	SCY				LCM	SCY	Men
15	6:00.39	5:15.89	Open	400 M	IM	5:40.39	4:55.60	16
17	1:15.49	1:06.29	Open	100 M	Free	1:10.79	1:01.59	18
19	2:59.49	2:40.09	Open	200 M	Fly	2:49.59	2:28.89	20
21	1:35.49	1:22.99	Open	100 M	Breast	1:28.09	1:16.69	22
23	2:59.39	2:36.29	Open	200 M	Back	2:49.89	2:27.09	24
25	10:47.99	12:07.59	Open	800 M	Free	10:29.39	11:30.19	26

April 2 - 3: Mostly C All Ages Meet

Girls						Boys			
Warmup 7:30am			Saturday, April 2, 2016			Meet Starts 9:00am			
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event	
1	--	--	6 & Under	--	25 Y Free	--		2	
3		1:46.10	8 & Under	ABC	100 Y Free	1:42.00		4	
5		1:21.50	9 – 10	C	100 Y Free	1:21.00		6	
7		1:12.70	11 – 12	C	100 Y Free	1:12.20		8	
9		1:09.10	13 & Over	C	100 Y Free	1:05.00		10	
11		--	6 & Under	--	25 Y Back	--		12	
13		57.80	8 & Under	ABC	50 Y Back	56.30		14	
15		44.30	9 – 10	C	50 Y Back	44.20		16	
17		39.60	11 – 12	C	50 Y Back	40.00		18	
19		1:21.00	13 & Over	C	100 Y Back	1:18.00		20	
21		--	6 & Under	--	25 Y Fly	--		22	
23		55.60	8 & Under	ABC	50 Y Fly	56.40		24	
25		41.80	9 – 10	C	50 Y Fly	41.60		26	
27		37.40	11 – 12	C	50 Y Fly	37.70		28	
29		1:17.40	13 & Over	C	100 Y Fly	1:13.80		30	
31		--	6 & Under	--	25 Y Breast	--		32	
33		2:56.80	9 – 10	C	200 Y Free	2:56.50		34	
35		2:37.20	11 – 12	C	200 Y Free	2:37.80		36	
37		2:28.40	13 & Over	C	200 Y Free	2:22.80		38	
39			8 & Under	--	Mixed 100 Y Free Relay				
40			10 & Under	--	Mixed 200 Y Free Relay				
41			11 – 12	--	Mixed 200 Y Free Relay				
42			13 & Over	--	Mixed 200 Y Free Relay				
Warmup 7:30am			Sunday, April 3, 2016			Meet Starts 9:00am			
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event	
43		48.60	8 & Under	ABC	50 Y Free	47.30		44	
45		37.00	9 – 10	C	50 Y Free	37.20		46	
47		33.50	11 – 12	C	50 Y Free	33.60		48	
49		31.90	13 & Over	C	50 Y Free	30.00		50	
51		2:01.40	8 & Under	ABC	100 Y IM	1:58.20		52	
53		1:34.40	9 – 10	C	100 Y IM	1:34.80		54	
55		1:24.70	11 – 12	C	100 Y IM	1:24.70		56	
57		2:50.90	13 & Over	C	200 Y IM	2:42.60		58	
59		1:02.80	8 & Under	ABC	50 Y Breast	1:01.20		60	
61		49.80	9 – 10	C	50 Y Breast	49.80		62	
63		44.50	11 – 12	C	50 Y Breast	44.80		64	
65		1:31.00	13 & Over	C	100 Y Breast	1:26.30		66	
67			8 & Under	--	Mixed 100 Y Medley Relay				
68			10 & Under	--	Mixed 200 Y Medley Relay				
69			11 – 12	--	Mixed 200 Y Medley Relay				
70			13 & Over	--	Mixed 200 Y Medley Relay				

Except for 8 & Under events, this is a C meet. All 9 & over swimmers must be slower than the B minimum time standard shown. 8 & Under swimmers may swim only one relay per day!

April 8-10: AB All Ages Meet LC

Girls					Boys				
	B min	A min	Age	Dist/Stroke	A min	B min			
Warmup 4:00pm Friday, April 8, 2016 Meet Starts 5:00pm									
1	6:18.80	5:47.30	12/Un	A/B	400 FREE	5:46.60	6:18.10	2	
3	5:55.80	5:26.10	13-14	A/B	400 FREE	5:15.60	5:44.30	4	
5	5:47.60	5:18.70	OPEN	A/B	400 FREE	4:59.20	6:26.40	6	

Events 1-6 will be seeded and swum together, but awarded separately.

Warmup 7:15am Saturday, April 9, 2016 Meet Starts 8:30am									
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MORNING SESSION									
7	3:19.30	3:02.70	10/U	A/B	200 FREE	3:02.40	3:19.00	8	
9	2:57.70	2:42.90	11-12	A/B	200 FREE	2:43.60	2:58.40	10	
11	1:50.30	1:41.00	10/U	A/B	100 BACK	1:41.30	1:50.50	12	
13	1:37.60	1:29.40	11-12	A/B	100 BACK	1:30.70	1:39.00	14	
15	41.90	38.40	10/U	A/B	50 FREE	38.10	41.50	16	
17	38.00	34.90	11-12	A/B	50 FREE	34.40	37.60	18	
19	47.20	43.20	10/U	A/B	50 FLY	43.10	47.00	20	
21	41.90	38.40	11-12	A/B	50 FLY	39.20	42.70	22	
23	2:02.40	1:52.20	10/U	A/B	100 BRST	1:52.90	2:03.10	24	
25	1:49.10	1:40.00	11-12	A/B	100 BRST	1:40.10	1:49.20	26	
AFTERNOON SESSION									
27	3:13.40	2:57.30	13-14	A/B	200 IM	2:49.00	3:04.30	28	
29	3:12.00	2:56.00	OPEN	A/B	200 IM	2:41.00	2:55.70	30	
31	2:48.10	2:34.10	13-14	A/B	200 FREE	2:28.50	2:42.00	32	
33	2:46.20	2:32.30	OPEN	A/B	200 FREE	2:21.80	2:34.70	34	
35	1:32.90	1:25.10	13-14	A/B	100 BACK	1:22.10	1:31.60	36	
37	1:32.20	1:24.40	OPEN	A/B	100 BACK	1:18.60	1:25.80	38	
39	36.40	33.30	13-14	A/B	50 FREE	30.20	33.00	40	
41	35.80	32.80	OPEN	A/B	50 FREE	29.80	32.50	42	
43	3:17.40	3:00.90	13-14	A/B	200 FLY	2:53.10	3:08.90	44	
45	3:13.00	2:56.90	OPEN	A/B	200 FLY	2:40.30	2:54.80	46	
47	1:42.50	1:33.90	13-14	A/B	100 BRST	1:29.20	1:37.30	48	
49	1:43.20	1:34.60	OPEN	A/B	100 BRST	1:25.60	1:33.40	50	
51	12:31.70	11:29.00	OPEN	A/B	800 FREE	11:01.20	12:01.30	52	

Warmup 7:15am Sunday, April 10, 2016 Meet Starts 8:30am									
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MORNING SESSION									
53	1:32.00	1:24.40	10/U	A/B	100 FREE	1:23.90	1:31.60	54	
55	1:22.40	1:15.60	11-12	A/B	100 FREE	1:15.10	1:22.00	56	
57	56.00	51.40	10/U	A/B	50 BRST	51.40	56.00	58	
59	52.20	46.00	11-12	A/B	50 BRST	45.60	49.80	60	
61	50.60	46.40	10/U	A/B	50 BACK	46.30	50.50	62	
63	45.40	41.60	11-12	A/B	50 BACK	42.00	45.80	64	
65	1:49.70	1:40.50	10/U	A/B	100 FLY	1:40.70	1:49.80	66	
67	1:35.30	1:27.30	11-12	A/B	100 FLY	1:28.10	1:36.10	68	
69	3:49.30	3:30.20	10/U	A/B	200 IM	3:31.20	3:50.40	70	
71	3:25.00	3:07.90	11-12	A/B	200 IM	3:08.20	3:25.30	72	
AFTERNOON SESSION									
73	1:18.50	1:11.90	13-14	A/B	100 FREE	1:07.90	1:14.00	74	
75	1:17.80	1:11.30	OPEN	A/B	100 FREE	1:04.50	1:10.30	76	
77	3:43.00	3:24.40	13-14	A/B	200 BRST	3:15.20	3:33.00	78	
79	3:41.90	3:23.40	OPEN	A/B	200 BRST	3:03.70	3:20:40	80	
81	3:19.60	3:02.80	13-14	A/B	200 BACK	2:53.30	3:09.20	82	
83	3:12.70	2:56.50	OPEN	A/B	200 BACK	2:45.50	3:00.70	84	
85	1:27.60	1:20.30	13-14	A/B	100 FLY	1:16.70	1:23.60	86	
87	1:26.40	1:19.20	OPEN	A/B	100 FLY	1:13.90	1:20.60	88	
89	6:55.10	6:20.40	13-14	A/B	400 IM	6:00.20	6:33.00	90	
91	6:37.70	6:04.50	OPEN	A/B	400 IM	5:41.70	6:12.80	92	
93	23:13.30	21:17.20	OPEN	A/B	1500 FREE	20:57.40	22:51.70	94	

April 15-17: 12 & Over AB Meet LC

Women						Men		
Warmup 4:00pm			Friday, April 15, 2016			Meet Starts 5:00pm		
Event	B Min	A Min	Age	Div	Distance/Stroke	A Min	B Min	Event
1	23:13.30	21:17.20	12 – 14	A/B	1500 M Free	20:57.40	22:51.70	2
3	22:54.80	21:00.30	15 & Over	A/B	1500 M Free	19:59.90	21:49.00	4

Warmup 7:30am			Saturday, April 16, 2016			Meet Starts 9:00am		
Event	B Min	A Min	Age	Div	Distance/Stroke	A Min	B Min	Event
5	6:55.10	6:20.40	12 – 14	A/B	400 M IM	6:00.20	6:33.00	6
7	6:37.70	6:04.50	15 & Over	A/B	400 M IM	5:41.70	6:12.80	8
9	2:57.70	2:42.90	12 – 14	A/B	200 M Free	2:43.60	2:58.40	10
11	2:46.20	2:32.30	15 & Over	A/B	200 M Free	2:21.80	2:34.70	12
13	1:37.60	1:29.40	12 – 14	A/B	100 M Back	1:30.70	1:39.00	14
15	1:32.30	1:24.40	15 & Over	A/B	100 M Back	1:18.60	1:25.80	16
17	38.00	34.90	12 – 14	A/B	50 M Free	34.40	37.60	18
19	35.80	32.80	15 & Over	A/B	50 M Free	29.80	32.50	20
21	3:22.60	3:05.70	12 – 14	A/B	200 M Fly	3:07.20	3:24.20	22
23	3:13.00	2:56.90	15 & Over	A/B	200 M Fly	2:40.30	2:54.80	24
25	1:49.10	1:40.00	12 – 14	A/B	100 M Breast	1:40.10	1:49.20	26
27	1:43.20	1:34.60	15 & Over	A/B	100 M Breast	1:25.60	1:33.40	28
29	6:18.80	5:47.30	12 – 14	A/B	400 M Free	5:46.60	6:18.10	30
31	5:47.60	5:18.70	15 & Over	A/B	400 M Free	4:59.20	5:26.40	32

Warmup 7:30am			Sunday, April 17, 2016			Meet Starts 9:00am		
Event	B Min	A Min	Age	Div	Distance/Stroke	A Min	B Min	Event
33	1:22.40	1:15.60	12 – 14	A/B	100 M Free	1:15.10	1:22.00	34
35	1:17.80	1:11.30	15 & Over	A/B	100 M Free	1:04.50	1:10.30	36
37	3:50.20	3:31.00	12 – 14	A/B	200 M Breast	3:31.20	3:50.40	38
39	3:41.90	3:23.40	15 & Over	A/B	200 M Breast	3:03.70	3:20.40	40
41	3:26.50	3:09.20	12 – 14	A/B	200 M Back	3:11.80	3:29.40	42
43	3:12.70	2:56.50	15 & Over	A/B	200 M Back	2:45.50	3:00.70	44
45	1:35.30	1:27.30	12 – 14	A/B	100 M Fly	1:28.10	1:36.10	46
47	1:26.40	1:19.20	15 & Over	A/B	100 M Fly	1:13.90	1:20.60	48
49	3:25.00	3:07.90	12 – 14	A/B	200 M IM	3:08.20	3:25.30	50
51	3:12.00	2:56.00	15 & Over	A/B	200 M IM	2:41.00	2:55.70	52

Awards for 12-14 age group only

April 23-24: 11 & Under AB Meet LC

Girls						Boys		
Warmup 7:30am			Saturday, April 23, 2016			Meet Starts 9:00am		
Event	B Min	A Min	Age	Div	Distance/Stroke	A Min	B Min	Event
1			9 & Under	A/B	200 M Free			2
3			10 - 11	A/B	200 M Free	3:02.40	3:19.00	4
5			9 & Under	A/B	100 M Back			6
7			10 - 11	A/B	100 M Back			8
9			9 & Under	A/B	50 M Free			10
11			10 - 11	A/B	50 M Free			12
13			9 & Under	A/B	50 M Fly			14
15			10 - 11	A/B	50 M Fly			16
17			9 & Under	A/B	100 M Breast			18
19			10 - 11	A/B	100 M Breast			20

Warmup 7:30am			Sunday, April 17, 2016			Meet Starts 9:00am		
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event
21			9 & Under	A/B	100 M Free			22
23			10 - 11	A/B	100 M Free			24
25			9 & Under	A/B	50 M Breast			26
27			10 - 11	A/B	50 M Breast			28
29			9 & Under	A/B	50 M Back			30
31			10 - 11	A/B	50 M Back			32
33			9 & Under	A/B	100 M Fly			34
35			10 - 11	A/B	100 M Fly			36
37			9 & Under	A/B	200 M IM			38
39			10 - 11	A/B	200 M IM			40

April 30 – May 1: Mostly C All Ages Meet SC

Girls						Boys		
Warmup 7:30am			Saturday, April 30, 2016			Meet Starts 9:00am		
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event
1	--	--	6 & Under	--	25 Y Free	--		2
3		1:46.10	8 & Under	ABC	100 Y Free	1:42.00		4
5		1:21.50	9 – 10	C	100 Y Free	1:21.00		6
7		1:12.70	11 – 12	C	100 Y Free	1:12.20		8
9		1:09.10	13 & Over	C	100 Y Free	1:05.00		10
11		--	6 & Under	--	25 Y Back	--		12
13		57.80	8 & Under	ABC	50 Y Back	56.30		14
15		44.30	9 – 10	C	50 Y Back	44.20		16
17		39.60	11 – 12	C	50 Y Back	40.00		18
19		1:21.00	13 & Over	C	100 Y Back	1:18.00		20
21		--	6 & Under	--	25 Y Fly	--		22
23		55.60	8 & Under	ABC	50 Y Fly	56.40		24
25		41.80	9 – 10	C	50 Y Fly	41.60		26
27		37.40	11 – 12	C	50 Y Fly	37.70		28
29		1:17.40	13 & Over	C	100 Y Fly	1:13.80		30
31		--	6 & Under	--	25 Y Breast	--		32
33		2:56.80	9 – 10	C	200 Y Free	2:56.50		34
35		2:37.20	11 – 12	C	200 Y Free	2:37.80		36
37		2:28.40	13 & Over	C	200 Y Free	2:22.80		38
39			8 & Under	--	Mixed 100 Y Free Relay			
40			10 & Under	--	Mixed 200 Y Free Relay			
41			11 – 12	--	Mixed 200 Y Free Relay			
42			13 & Over	--	Mixed 200 Y Free Relay			
Warmup 7:30am			Sunday, May 1, 2016			Meet Starts 9:00am		
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event
43		48.60	8 & Under	ABC	50 Y Free	47.30		44
45		37.00	9 – 10	C	50 Y Free	37.20		46
47		33.50	11 – 12	C	50 Y Free	33.60		48
49		31.90	13 & Over	C	50 Y Free	30.00		50
51		2:01.40	8 & Under	ABC	100 Y IM	1:58.20		52
53		1:34.40	9 – 10	C	100 Y IM	1:34.80		54
55		1:24.70	11 – 12	C	100 Y IM	1:24.70		56
57		2:50.90	13 & Over	C	200 Y IM	2:42.60		58
59		1:02.80	8 & Under	ABC	50 Y Breast	1:01.20		60
61		49.80	9 – 10	C	50 Y Breast	49.80		62
63		44.50	11 – 12	C	50 Y Breast	44.80		64
65		1:31.00	13 & Over	C	100 Y Breast	1:26.30		66
67			8 & Under	--	Mixed 100 Y Medley Relay			
68			10 & Under	--	Mixed 200 Y Medley Relay			
69			11 – 12	--	Mixed 200 Y Medley Relay			
70			13 & Over	--	Mixed 200 Y Medley Relay			

Except for 8 & Under events, this is a C meet. All 9 & over swimmers must be slower than the B minimum time standard shown. 8 & Under swimmers may swim only one relay per day!

May 21-22: BC All Ages Meet North & South (LC or SC)

	Girls			Age	Dist/Stroke	Boys			
	B Min	A Min				A min	B min		
Warmup 7:30am									
Saturday, May 21, 2016									
Meet Starts 9:00am									
1	2:56.80	2:42.00	10 & Under	B/C	200 Free	2:41.80	2:56.50	2	
3	2:37.20	2:24.10	11 – 12	B/C	200 Free	2:24.60	2:37.80	4	
5	2:28.40	2:16.10	13 – 14	B/C	200 Free	2:10.90	2:22.80	6	
7	2:28.80	2:16.40	15 & Over	B/C	200 Free	2:04.80	2:16.20	8	
9	6:07.30	5:36.60	13 – 14	B/C	400 IM	5:18.20	5:47.30	10	
11	5:51.50	5:22.00	15 & Over	B/C	400 IM	5:01.20	5:28.80	12	
13	57.80	48.10	8 & Under	A/B/C	50 Back	46.80	56.30	14	
15	1:36.80	1:28.60	10 & Under	B/C	100 Back	1:28.70	1:37.00	16	
17	1:25.20	1:17.90	11 – 12	B/C	100 Back	1:20.50	1:28.00	18	
19	1:21.00	1:14.10	13 – 14	B/C	100 Back	1:11.30	1:18.00	20	
21	1:21.50	1:14.50	15 & Over	B/C	100 Back	1:08.20	1:14.50	22	
23	1:02.80	52.30	8 & Under	A/B/C	50 Breast	51.00	1:01.20	24	
25	49.80	45.60	9 – 10	B/C	50 Breast	45.60	49.80	26	
27	44.50	40.80	11 – 12	B/C	50 Breast	41.00	44.80	28	
29	3:18.20	3:01.70	13 – 14	B/C	200 Breast	2:50.80	3:06.40	30	
31	3:17.30	3:00.80	15 & Over	B/C	200 Breast	2:43.00	2:57.80	32	
33	48.60	40.50	8 & Under	A/B/C	50 Free	39.40	47.30	34	
35	37.00	33.90	9 – 10	B/C	50 Free	34.10	37.20	36	
37	33.50	30.70	11 – 12	B/C	50 Free	30.80	33.60	38	
39	31.90	29.30	13 – 14	B/C	50 Free	27.50	30.00	40	
41	31.90	29.30	15 & Over	B/C	50 Free	26.50	28.90	42	
43	55.60	46.30	8 & Under	A/B/C	50 Fly	47.00	56.40	44	
45	1:37.40	1:29.30	10 & Under	B/C	100 Fly	1:29.40	1:37.60	46	
47	1:23.00	1:16.10	11 – 12	B/C	100 Fly	1:18.20	1:25.30	48	
49	1:17.40	1:11.00	13 – 14	B/C	100 Fly	1:07.70	1:13.80	50	
51	1:17.50	1:11.10	15 & Over	B/C	100 Fly	1:05.10	1:11.00	52	
53	--	--	10 & Under	--	200 Medley Relay	--	--	54	
55	--	--	11 – 12	--	200 Medley Relay	--	--	56	
57	--	--	13 & Over	--	400 Medley Relay	--	--	58	

Warmup 7:30am									
Sunday, May 22, 2016									
Meet Starts 9:00am									
59	6:29.90	5:57.40	15 & Over	B/C	500 Free	5:34.80	6:05.30	60	
61	6:32.30	5:59.60	13 – 14	B/C	500 Free	5:48.60	6:20.30	62	
63	6:59.50	6:24.60	12 & Under	B/C	500 Free	6:29.80	7:05.30	64	
65	2:50.90	2:36.60	15 & Over	B/C	200 Fly	2:21.60	2:34.40	66	
67	2:55.10	2:40.50	13 – 14	B/C	200 Fly	2:33.30	2:47.30	68	
69	37.40	34.30	11 – 12	B/C	50 Fly	34.50	37.70	70	
71	41.80	38.30	10 & Under	B/C	50 Fly	38.20	41.60	72	
73	1:08.50	1:02.80	15 & Over	B/C	100 Free	57.40	1:02.60	74	
75	1:09.10	1:03.40	13 – 14	B/C	100 Free	59.60	1:05.00	76	
77	1:12.70	1:06.70	11 – 12	B/C	100 Free	1:06.20	1:12.20	78	
79	1:21.50	1:14.70	10 & Under	B/C	100 Free	1:14.30	1:21.00	80	
81	1:31.60	1:23.90	15 & Over	B/C	100 Breast	1:15.80	1:22.70	82	
83	1:31.00	1:23.40	13 – 14	B/C	100 Breast	1:19.10	1:26.30	84	
85	1:37.00	1:28.90	11 – 12	B/C	100 Breast	1:29.00	1:37.10	86	
87	1:49.10	1:40.00	10 & Under	B/C	100 Breast	1:40.50	1:49.70	88	
89	2:48.10	2:33.80	15 & Over	B/C	200 Back	2:23.90	2:37.30	90	
91	2:54.50	2:39.60	13 – 14	B/C	200 Back	2:31.00	2:45.10	92	
93	39.60	36.20	11 – 12	B/C	50 Back	36.60	40.00	94	
95	44.30	40.50	10 & Under	B/C	50 Back	40.40	44.20	96	
97	2:52.10	2:37.70	15 & Over	B/C	200 IM	2:21.70	2:34.70	98	
99	2:50.90	2:36.60	13 – 14	B/C	200 IM	2:29.00	2:42.60	100	
101	3:01.30	2:46.20	11 – 12	B/C	200 IM	2:46.50	3:01.70	102	
103	3:23.50	3:06.50	10 & Under	B/C	200 IM	3:07.40	3:24.50	104	
105	--	--	13 & Over	--	400 Free Relay	--	--	106	
107	--	--	11 – 12	--	200 Free Relay	--	--	108	
109	--	--	10 & Under	--	200 Free Relay	--	--	110	

May 27-29: A+ All Ages Meet LC

Girls				Boys			
	B min	A min	Age	Dist/Stroke	A min	B min	
				Friday,			
Warmup 4:00pm				May 27, 2016	Meet Starts 5:00pm		
1		11:29.00	12/Ov A	800 FREE			
			12/Ov A	1500 FREE	20:57.40		2
Warmup 7:15am				Saturday,	Meet Starts 8:30am		
				May 28, 2016			
MORNING SESSION							
3	1:49.70	1:40.50	10/U A	100 FLY	1:40.70	1:49.80	4
5	1:35.30	1:27.30	11-12 A	100 FLY	1:28.10	1:36.10	6
7	1:10.30	58.60	8/U A	50 BRST	57.10	1:08.50	8
9	56.00	51.40	9-10 A	50 BRST	51.40	56.00	10
11	50.20	46.00	11-12 A	50 BRST	45.60	49.80	12
13	1:05.30	54.40	8/U A	50 BACK	53.20	1:03.80	14
15	50.60	46.40	9-10 A	50 BACK	46.30	50.50	16
17	45.40	41.60	11-12 A	50 BACK	42.00	45.80	18
19	3:49.30	3:30.20	10/U A	200 IM	3:31.20	3:50.40	20
21	3:25.00	3:07.90	11-12 A	200 IM	3:08.20	3:25.30	22
23	1:59.20	1:39.30	8/U A	100 FREE	1:35.50	1:54.60	24
25	1:32.00	1:24.40	9-10 A	100 FREE	1:23.90	1:31.60	26
27	1:22.40	1:15.60	11-12 A	100 FREE	1:15.10	1:22.00	28
AFTERNOON SESSION							
29	2:48.10	2:34.10	13-14 A	200 FREE	2:28.50	2:42.00	30
31	2:46.20	2:32.30	15-Ov A	200 FREE	2:21.80	2:34.70	32
33	3:43.00	3:24.40	13-14 A	200 BRST	3:15.20	3:33.00	34
35	3:41.90	3:23.40	15-Ov A	200 BRST	3:03.70	3:20.40	36
37	1:27.60	1:20.30	13-14 A	100 FLY	1:16.70	1:23.61	38
39	1:26.40	1:19.20	15-Ov A	100 FLY	1:13.90	1:20.60	40
41	3:19.60	3:02.80	13-14 A	200 BACK	2:53.30	3:09.20	42
43	3:12.70	2:56.50	15-Ov A	200 BACK	2:45.50	3:00.70	44
45	3:13.40	2:57.30	13-14 A	200 IM	2:49.00	3:04.30	46
47	3:12.00	2:56.00	15-Ov A	200 IM	2:41.00	2:55.70	48
49	1:18.50	1:11.90	13-14 A	100 FREE	1:07.90	1:14.00	50
51	1:17.80	1:11.30	15-Ov A	100 FREE	1:04.50	1:10.30	52
Warmup 7:15am				Sunday,	Meet Starts 8:30am		
				May 29, 2016			
MORNING SESSION							
53	3:19.30	3:02.70	10/U A	200 FREE	3:02.40	3:19.00	54
55	2:57.70	2:42.90	11-12 A	200 FREE	2:43.60	2:58.40	56
57	2:02.40	1:52.20	10/U A	100 BRST	1:52.90	2:03.10	58
59	1:49.10	1:40.00	11-12 A	100 BRST	1:40.10	1:49.20	60
61	54.70	45.60	8/U A	50 FREE	44.40	53.30	62
63	41.90	38.40	9-10 A	50 FREE	38.10	41.50	64
65	38.00	34.90	11-12 A	50 FREE	34.40	37.60	66
67	1:02.40	52.00	8/U A	50 FLY	52.70	1:03.20	68
69	47.20	43.20	9-10 A	50 FLY	43.10	47.00	70
71	41.90	38.40	11-12 A	50 FLY	39.20	42.70	72
73	1:50.30	1:41.00	10/U A	100 BACK	1:41.30	1:50.50	74
75	1:37.60	1:29.40	11-12 A	100 BACK	1:30.70	1:39.00	76
AFTERNOON SESSION							
77	6:55.10	6:20.40	13-14 A	400 IM	6:00.20	6:33.00	78
79	6:37.70	6:04.50	15-Ov A	400 IM	5:41.70	6:12.80	80
81	1:42.51	1:33.90	13-14 A	100 BRST	1:29.20	1:37.30	82
83	1:43.20	1:34.60	15-Ov A	100 BRST	1:25.60	1:33.40	84
85	36.40	33.30	13-14 A	50 FREE	30.20	33.00	86
87	35.80	32.80	15-Ov A	50 FREE	29.80	32.50	88
89	3:17.40	3:00.90	13-14 A	200 FLY	2:53.10	3:08.90	90
91	3:13.00	2:56.90	15-Ov A	200 FLY	2:40.30	2:54.80	92
93	1:32.90	1:25.10	13-14 A	100 BACK	1:22.10	1:31.60	94
95	1:32.20	1:24.40	15-Ov A	100 BACK	1:18.60	1:25.80	96
97	5:47.60	5:18.70	13-Ov A	400 FREE	4:59.20	5:26.40	98

Swimmers who have 3 "A" qualifying times can enter all other events in their age group at the "A" minimum.

June 17-19: A+ All Ages Meet LC

Girls				Boys			
B min	A min	Age	Dist/Stroke	A min	B min		
Warmup 4:00pm				Meet Starts 5:00pm			
Friday, June 17, 2016							
1	6:18.80	5:47.30	12/Ov A	1500 FREE			
			12/Ov A	800 FREE	11:01.20		2
Warmup 7:15am				Saturday, June 18, 2016			
				Meet Starts 8:30am			
MORNING SESSION							
3	3:19.30	3:02.70	10/U A	200 FREE	3:02.40	3:19.00	4
5	2:57.70	2:42.90	11-12 A	200 FREE	2:43.60	2:58.40	6
7	2:02.40	1:52.20	10/U A	100 BRST	1:52.90	2:03.10	8
9	1:49.10	1:40.00	11-12 A	100 BRST	1:40.10	1:49.20	10
11	54.70	45.60	8/U A	50 FREE	44.40	53.30	12
13	41.90	38.40	9-10 A	50 FREE	38.10	41.50	14
15	38.00	34.90	11-12 A	50 FREE	34.40	37.60	16
17	1:02.40	52.00	8/U A	50 FLY	52.70	1:03.20	18
19	47.20	43.20	9-10 A	50 FLY	43.10	47.00	20
21	41.90	38.40	11-12 A	50 FLY	39.20	42.70	22
23	1:50.30	1:41.00	10/U A	100 BACK	1:41.30	1:50.50	24
25	1:37.60	1:29.40	11-12 A	100 BACK	1:30.70	1:39.00	26
AFTERNOON SESSION							
27	6:55.10	6:20.40	11-14 A	400 IM	6:00.20	6:33.00	28
29	6:37.70	6:04.50	15-Ov A	400 IM	5:41.70	6:12.80	30
31	1:42.51	1:33.90	13-14 A	100 BRST	1:29.20	1:37.30	32
33	1:43.20	1:34.60	15-Ov A	100 BRST	1:25.60	1:33.40	34
35	36.40	33.30	13-14 A	50 FREE	30.20	33.00	36
37	35.80	32.80	15-Ov A	50 FREE	29.80	32.50	38
39	3:17.40	3:00.90	11-14 A	200 FLY	2:53.10	3:08.90	40
41	3:13.00	2:56.90	15-Ov A	200 FLY	2:40.30	2:54.80	42
43	1:32.90	1:25.10	13-14 A	100 BACK	1:22.10	1:31.60	44
45	1:32.20	1:24.40	15-Ov A	100 BACK	1:18.60	1:25.80	46
47	5:47.60	5:18.70	13-Ov A	400 FREE	4:59.20	5:26.40	48
Warmup 7:15am				Sunday, June 19, 2016			
				Meet Starts 8:30am			
MORNING SESSION							
49	1:49.70	1:40.50	10/U A	100 FLY	1:40.70	1:49.80	50
51	1:35.30	1:27.30	11-12 A	100 FLY	1:28.10	1:36.10	52
53	1:10.30	58.60	8/U A	50 BRST	57.10	1:08.50	54
55	56.00	51.40	9-10 A	50 BRST	51.40	56.00	56
57	50.20	46.00	11-12 A	50 BRST	45.60	49.80	58
59	1:05.30	54.40	8/U A	50 BACK	53.20	1:03.80	60
61	50.60	46.40	9-10 A	50 BACK	46.30	50.50	62
63	45.40	41.60	11-12 A	50 BACK	42.00	45.80	64
65	3:49.30	3:30.20	10/U A	200 IM	3:31.20	3:50.40	66
67	3:25.00	3:07.90	11-12 A	200 IM	3:08.20	3:25.30	68
69	1:59.20	1:39.30	8/U A	100 FREE	1:35.50	1:54.60	70
71	1:32.00	1:24.40	9-10 A	100 FREE	1:23.90	1:31.60	72
73	1:22.40	1:15.60	11-12 A	100 FREE	1:15.10	1:22.00	74
AFTERNOON SESSION							
75	2:48.10	2:34.10	13-14 A	200 FREE	2:28.50	2:42.00	76
77	2:46.20	2:32.30	15-Ov A	200 FREE	2:21.80	2:34.70	78
79	3:43.00	3:24.40	11-14 A	200 BRST	3:15.20	3:33.00	80
81	3:41.90	3:23.40	15-Ov A	200 BRST	3:03.70	3:20.40	82
83	1:27.60	1:20.30	13-14 A	100 FLY	1:16.70	1:23.61	84
85	1:26.40	1:19.20	15-Ov A	100 FLY	1:13.90	1:20.60	86
87	3:19.60	3:02.80	11-14 A	200 BACK	2:53.30	3:09.20	88
89	3:12.70	2:56.50	15-Ov A	200 BACK	2:45.50	3:00.70	90
91	3:13.40	2:57.30	13-14 A	200 IM	2:49.00	3:04.30	92
93	3:12.00	2:56.00	15-Ov A	200 IM	2:41.00	2:55.70	94
95	1:18.50	1:11.90	13-14 A	100 FREE	1:07.90	1:14.00	96
97	1:17.80	1:11.30	15-Ov A	100 FREE	1:04.50	1:10.30	98

Swimmers who have 3 "A" qualifying times can enter all other events in their age group at the "A" minimum.

June 25-26: BC All Ages Meet North & South (LC or SC)

	Girls		Age	Dist/Stroke	Boys			
	B Min	A Min			A min	B min		
Warmup 7:30am			Saturday, June 25, 2016			Meet Starts 9:00am		
1	2:56.80	2:42.00	10 & Under	B/C	200 Free	2:41.80	2:56.50	2
3	2:37.20	2:24.10	11 – 12	B/C	200 Free	2:24.60	2:37.80	4
5	2:28.40	2:16.10	13 – 14	B/C	200 Free	2:10.90	2:22.80	6
7	2:28.80	2:16.40	15 & Over	B/C	200 Free	2:04.80	2:16.20	8
9	6:07.30	5:36.60	13 – 14	B/C	400 IM	5:18.20	5:47.30	10
11	5:51.50	5:22.00	15 & Over	B/C	400 IM	5:01.20	5:28.80	12
13	57.80	48.10	8 & Under	A/B/C	50 Back	46.80	56.30	14
15	1:36.80	1:28.60	10 & Under	B/C	100 Back	1:28.70	1:37.00	16
17	1:25.20	1:17.90	11 – 12	B/C	100 Back	1:20.50	1:28.00	18
19	1:21.00	1:14.10	13 – 14	B/C	100 Back	1:11.30	1:18.00	20
21	1:21.50	1:14.50	15 & Over	B/C	100 Back	1:08.20	1:14.50	22
23	1:02.80	52.30	8 & Under	A/B/C	50 Breast	51.00	1:01.20	24
25	49.80	45.60	9 – 10	B/C	50 Breast	45.60	49.80	26
27	44.50	40.80	11 – 12	B/C	50 Breast	41.00	44.80	28
29	3:18.20	3:01.70	13 – 14	B/C	200 Breast	2:50.80	3:06.40	30
31	3:17.30	3:00.80	15 & Over	B/C	200 Breast	2:43.00	2:57.80	32
33	48.60	40.50	8 & Under	A/B/C	50 Free	39.40	47.30	34
35	37.00	33.90	9 – 10	B/C	50 Free	34.10	37.20	36
37	33.50	30.70	11 – 12	B/C	50 Free	30.80	33.60	38
39	31.90	29.30	13 – 14	B/C	50 Free	27.50	30.00	40
41	31.90	29.30	15 & Over	B/C	50 Free	26.50	28.90	42
43	55.60	46.30	8 & Under	A/B/C	50 Fly	47.00	56.40	44
45	1:37.40	1:29.30	10 & Under	B/C	100 Fly	1:29.40	1:37.60	46
47	1:23.00	1:16.10	11 – 12	B/C	100 Fly	1:18.20	1:25.30	48
49	1:17.40	1:11.00	13 – 14	B/C	100 Fly	1:07.70	1:13.80	50
51	1:17.50	1:11.10	15 & Over	B/C	100 Fly	1:05.10	1:11.00	52
53	--	--	10 & Under	--	200 Medley Relay	--	--	54
55	--	--	11 – 12	--	200 Medley Relay	--	--	56
57	--	--	13 & Over	--	400 Medley Relay	--	--	58
Warmup 7:30am			Sunday, June 26, 2016			Meet Starts 9:00am		
59	6:59.50	6:24.60	12 & Under	B/C	500 Free	6:29.80	7:05.30	60
61	6:32.30	5:59.60	13 – 14	B/C	500 Free	5:48.60	6:20.30	62
63	6:29.90	5:57.40	15 & Over	B/C	500 Free	5:34.80	6:05.30	64
65	41.80	38.30	10 & Under	B/C	50 Fly	38.20	41.60	66
67	37.40	34.30	11 – 12	B/C	50 Fly	34.50	37.70	68
69	2:55.10	2:40.50	13 – 14	B/C	200 Fly	2:33.30	2:47.30	70
71	2:50.90	2:36.60	15 & Over	B/C	200 Fly	2:21.60	2:34.40	72
73	1:21.50	1:14.70	10 & Under	B/C	100 Free	1:14.30	1:21.00	74
75	1:12.70	1:06.70	11 – 12	B/C	100 Free	1:06.20	1:12.20	76
77	1:09.10	1:03.40	13 – 14	B/C	100 Free	59.60	1:05.00	78
79	1:08.50	1:02.80	15 & Over	B/C	100 Free	57.40	1:02.60	80
81	1:49.10	1:40.00	10 & Under	B/C	100 Breast	1:40.50	1:49.70	82
83	1:37.00	1:28.90	11 – 12	B/C	100 Breast	1:29.00	1:37.10	84
85	1:31.00	1:23.40	13 – 14	B/C	100 Breast	1:19.10	1:26.30	86
87	1:31.60	1:23.90	15 & Over	B/C	100 Breast	1:15.80	1:22.70	88
89	44.30	40.50	10 & Under	B/C	50 Back	40.40	44.20	90
91	39.60	36.20	11 – 12	B/C	50 Back	36.60	40.00	92
93	2:54.50	2:39.60	13 – 14	B/C	200 Back	2:31.00	2:45.10	94
95	2:48.10	2:33.80	15 & Over	B/C	200 Back	2:23.90	2:37.30	96
97	3:23.50	3:06.50	10 & Under	B/C	200 IM	3:07.40	3:24.50	98
99	3:01.30	2:46.20	11 – 12	B/C	200 IM	2:46.50	3:01.70	100
101	2:50.90	2:36.60	13 – 14	B/C	200 IM	2:29.00	2:42.60	102
103	2:52.10	2:37.70	15 & Over	B/C	200 IM	2:21.70	2:34.70	104
105	--	--	10 & Under	--	200 Free Relay	--	--	106
107	--	--	11 – 12	--	200 Free Relay	--	--	108
109	--	--	13 & Over	--	400 Free Relay	--	--	110

July 8-10: AB All Ages LC (2 Sites)

		Girls				Boys			
		B min	A min	Age	Dist/Stroke	A min	B min		
Warmup 4:00pm		Friday, July 8, 2016				Meet Starts 5:00pm			
1	6:18.80	5:47.30	12/Un	A/B	400 FREE	5:46.60	6:18.10	2	
3	12:31.70	11:29.00	12-Ov	A/B	800 FREE	11:01.20	12:01.30	4	
Warmup 7:15am		Saturday, July 9, 2016				Meet Starts 8:30am			
MORNING SESSION									
5	3:19.30	3:02.70	10/U	A/B	200 FREE	3:02.40	3:19.00	6	
7	2:57.70	2:42.90	11-12	A/B	200 FREE	2:43.60	2:58.40	8	
9	1:50.30	1:41.00	10/U	A/B	100 BACK	1:41.30	1:50.50	10	
11	1:37.60	1:29.40	11-12	A/B	100 BACK	1:30.70	1:39.00	12	
13	54.70	45.60	8/U	A/B	50 FREE	44.40	53.30	14	
15	41.90	38.40	9-10	A/B	50 FREE	38.10	41.50	16	
17	38.00	34.90	11-12	A/B	50 FREE	34.40	37.60	18	
19	1:02.40	52.00	8/U	A/B	50 FLY	52.70	1:03.20	20	
21	47.20	43.20	9-10	A/B	50 FLY	43.10	47.00	22	
23	41.90	38.40	11-12	A/B	50 FLY	39.20	42.70	24	
25	2:02.40	1:52.20	10/U	A/B	100 BRST	1:52.90	2:03.10	26	
27	1:49.10	1:40.00	11-12	A/B	100 BRST	1:40.10	1:49.20	28	
AFTERNOON SESSION									
29	6:55.10	6:20.40	11-14	A/B	400 IM	6:00.20	6:33.00	30	
31	6:37.70	6:04.50	15-Ov	A/B	400 IM	5:41.70	6:12.80	32	
33	2:48.10	2:34.10	13-14	A/B	200 FREE	2:28.50	2:42.00	34	
35	2:46.20	2:32.30	15-Ov	A/B	200 FREE	2:21.80	2:34.70	36	
37	1:32.90	1:25.10	13-14	A/B	100 BACK	1:22.10	1:31.60	38	
39	1:32.20	1:24.40	15-0v	A/B	100 BACK	1:18.60	1:25.80	40	
41	36.40	33.30	13-14	A/B	50 FREE	30.20	33.00	42	
43	35.80	32.80	15-0v	A/B	50 FREE	29.80	32.50	44	
45	3:17.40	3:00.90	11-14	A/B	200 FLY	2:53.10	3:08.90	46	
47	3:13.00	2:56.90	15-Ov	A/B	200 FLY	2:40.30	2:54.80	48	
49	1:42.50	1:33.90	13-14	A/B	100 BRST	1:29.20	1:37.30	50	
51	1:43.20	1:34.60	15-Ov	A/B	100 BRST	1:25.60	1:33.40	52	
53	5:55.80	5:26.10	13-14	A/B	400 FREE	5:15.60	5:44.30	54	
55	5:47.60	5:18.70	15-Ov	A/B	400 FREE	4:59.20	5:26.40	56	
Warmup 7:15am		Sunday, July 10, 2016				Meet Starts 8:30am			
MORNING SESSION									
57	1:59.20	1:39.30	8/U	A/B	100 FREE	1:35.50	1:54.60	58	
59	1:32.00	1:24.40	9-10	A/B	100 FREE	1:23.90	1:31.60	60	
61	1:22.40	1:15.60	11-12	A/B	100 FREE	1:15.10	1:22.00	62	
63	1:10.30	58.60	8/U	A/B	50 BRST	57.10	1:08.50	64	
65	56.00	51.40	9-10	A/B	50 BRST	51.40	56.00	66	
67	50.20	46.00	11-12	A/B	50 BRST	45.60	49.80	68	
69	1:05.30	54.40	8/U	A/B	50 BACK	53.20	1:03.80	70	
71	50.60	46.40	9-10	A/B	50 BACK	46.30	50.50	72	
73	45.40	41.60	11-12	A/B	50 BACK	42.00	45.80	74	
75	1:49.70	1:40.50	10/U	A/B	100 FLY	1:40.70	1:49.80	76	
77	1:35.30	1:27.30	11-12	A/B	100 FLY	1:28.10	1:36.10	78	
79	3:49.30	3:30.20	10/U	A/B	200 IM	3:31.20	3:50.40	80	
81	3:25.00	3:07.90	11-12	A/B	200 IM	3:08.20	3:25.30	82	
AFTERNOON SESSION									
83	1:18.50	1:11.90	13-14	A/B	100 FREE	1:07.90	1:14.00	84	
85	1:17.80	1:11.30	15-Ov	A/B	100 FREE	1:04.50	1:10.30	86	
87	3:43.00	3:24.40	11-14	A/B	200 BRST	3:15.20	3:33.00	88	
89	3:41.90	3:23.40	15-Ov	A/B	200 BRST	3:03.70	3:20.40	90	
91	3:19.60	3:02.80	11-14	A/B	200 BACK	2:53.30	3:09.20	92	
93	3:12.70	2:56.50	15-Ov	A/B	200 BACK	2:45.50	3:00.70	94	
95	1:27.60	1:20.30	13-14	A/B	100 FLY	1:16.70	1:23.60	96	
97	1:26.40	1:19.20	15-Ov	A/B	100 FLY	1:13.90	1:20.60	98	
99	3:13.40	2:57.30	13-14	A/B	200 IM	2:49.00	3:04.30	100	
101	3:12.00	2:56.00	15-Ov	A/B	200 IM	2:41.00	2:55.70	102	
103	23:13.30	21:17.20	13-Ov	A/B	1500 FREE	20:57.40	22:51.70	104	

2 separate hosts to be selected, teams to be assigned to each meet

July 23-24: C All Ages SC

Girls					Boys	
Warmup 7:30am		Saturday, July 23, 2016			Meet Starts 9:00am	
Event	B Min	Age	Div	Distance/Stroke	B Min	Event
1	2:01.40	8 & Under	C	100 Y IM	1:58.20	2
3	1:34.40	9 – 10	C	100 Y IM	1:34.80	4
5	1:24.70	11 – 12	C	100 Y IM	1:24.70	6
7	6:07.30	13 & Over	C	400 Y IM	5:47.30	8
9	2:56.80	10 & Under	C	200 Y Free	2:56.50	10
11	2:37.20	11 – 12	C	200 Y Free	2:37.80	12
13	2:28.40	13 & Over	C	200 Y Free	2:22.80	14
15	1:49.10	10 & Under	C	100 Y Breast	1:49.70	16
17	1:37.00	11 – 12	C	100 Y Breast	1:37.10	18
19	1:31.00	13 & Over	C	100 Y Breast	1:26.30	20
21	48.60	8 & Under	C	50 Y Free	47.30	22
23	37.00	9 – 10	C	50 Y Free	37.20	24
25	33.50	11 – 12	C	50 Y Free	33.60	26
27	31.90	13 & Over	C	50 Y Free	30.00	28
29	55.60	8 & Under	C	50 Y Fly	56.40	30
31	41.80	9 – 10	C	50 Y Fly	41.60	32
33	37.40	11 – 12	C	50 Y Fly	37.70	34
35	2:55.10	13 & Over	C	200 Y Fly	2:47.30	36
37	1:36.80	10 & Under	C	100 Y Back	1:37.00	38
39	1:25.20	11 – 12	C	100 Y Back	1:28.00	40
41	1:21.00	13 & Over	C	100 Y Back	1:18.00	42
43	--	10 & Under	--	200 Y Free Relay	--	44
45	--	11 – 12	--	200 Y Free Relay	--	46
47	--	13 & Over	--	400 Y Free Relay	--	48

Warmup 7:30am		Sunday, July 24, 2016			Meet Starts 9:00am	
Event	B Min	Age	Div	Distance/Stroke	B Min	Event
49	6:32.30	13 & Over	C	500 Y Free	6:20.30	50
51	1:02.80	8 & Under	C	50 Y Breast	1:01.20	52
53	49.80	9 – 10	C	50 Y Breast	49.80	54
55	44.50	11 – 12	C	50 Y Breast	44.80	56
57	3:18.20	13 & Over	C	200 Y Breast	3:06.40	58
59	1:37.40	10 & Under	C	100 Y Fly	1:37.60	60
61	1:23.00	11 – 12	C	100 Y Fly	1:25.30	62
63	1:17.40	13 & Over	C	100 Y Fly	1:13.80	64
65	57.80	8 & Under	C	50 Y Back	56.30	66
67	44.30	9 – 10	C	50 Y Back	44.20	68
69	39.60	11 – 12	C	50 Y Back	40.00	70
71	2:54.50	13 & Over	C	200 Y Back	2:45.10	72
73	3:23.50	10 & Under	C	200 Y IM	3:24.50	74
75	3:01.30	11 – 12	C	200 Y IM	3:01.70	76
77	2:50.90	13 & Over	C	200 Y IM	2:42.60	78
79	1:21.50	10 & Under	C	100 Y Free	1:21.00	80
81	1:12.70	11 – 12	C	100 Y Free	1:12.20	82
83	1:09.10	13 & Over	C	100 Y Free	1:05.00	84
85	--	10 & Under	--	200 Y Medley Relay	--	86
87	--	11 – 12	--	200 Y Medley Relay	--	88
89	--	13 & Over	--	400 Y Medley Relay	--	9A

August 13-14: JO MAX Meet SC – North & South

- THIS MEET HAS MAXIMUM TIME STANDARDS
- SWIMMERS ARE NOT QUALIFIED IF THEY HAVE 6 OR MORE JO CUTS
- *13-14 AGE GROUP, + 15-18 AGE GROUP - EVENTS SWUM TOGETHER BUT AWARDED SEPARATELY
- SWIMMERS MAY ENTER ANY NUMBER OF EVENTS, BUT SWIM ONLY 3 EVENTS PER DAY (6 MAX FOR THE ENTIRE MEET)!
- IF A SWIMMER IS QUALIFIED IN STROKE/DISTANCE FOR JO'S, HE/SHE MAY NOT SWIM THE EVENT IN THIS MEET. THE SAME APPLIES TO A RELAY LEG.

Girls MAX		AGE	EVENT	Boys MAX	
Warmup 7:30am		Saturday, August 13, 2016		Meet Starts 9:00am	
1	1:23.20	8/U	100 IM	1:26.50	2
3	1:23.20	9-10	100 IM	1:26.50	4
5	1:12.50	11-12	100 IM	1:14.90	6
7	5:09.90	13-14	400 IM	5:08.00	8
9	5:08.00	15-18	400 IM	4:47.10	10
11	2:40.60	10/U	200 FREE	2:47.60	12
13	2:17.10	11-12	200 FREE	2:20.50	14
15	2:06.80	13-14	200 FREE	2:03.30	16
17	2:01.60	15-18	200 FREE	1:52.30	18
19	1:36.80	10/U	100 BRST	1:41.90	20
21	1:23.20	11-12	100 BRST	1:26.50	22
23	1:17.30	13-14	100 BRST	1:15.20	24
25	1:14.90	15-18	100 BRST	1:09.00	26
27	33.00	8/U	50 FREE	33.40	28
29	33.00	9-10	50 FREE	33.40	30
31	28.90	11-12	50 FREE	29.20	32
33	27.10	13-14	50 FREE	25.80	34
35	26.20	15-18	50 FREE	23.60	36
37	38.00	8/U	50 FLY	40.00	38
39	38.00	9-10	50 FLY	40.00	40
41	32.10	11-12	50 FLY	33.20	42
43	2:33.20	13-14	200 FLY	2:28.90	44
45	2:26.00	15-18	200 FLY	2:19.80	46
47	1:26.00	10/U	100 BACK	1:29.70	48
49	1:13.30	11-12	100 BACK	1:16.90	50
51	1:08.00	13-14	100 BACK	1:07.30	52
53	1:04.90	15-18	100 BACK	1:00.10	54

15 Minute Session Break

55	2:20.00	10/U	200 FR REL	2:20.00	56
57	2:00.00	11-12	200 FR REL	2:02.50	58
59	4:06.40	13-14	400 FR REL	4:05.00	60
61	4:06.40	15-18	400 FR REL	4:05.00	62
63	6:00.50	11-12	500 FREE	6:18.90	64
65	* 11:31.20	13-14	1000 FREE	* 11:25.70	66
67	+ 11:16.00	15-18	1000 FREE	+ 10:55.40	68

Warmup 7:30am		Sunday, August 14, 2016		Meet Starts 9:00am	
69	5:42.30	13-14	500 FREE	5:39.10	70
71	5:29.90	15-18	500 FREE	5:11.90	72
73	44.20	8/U	50 BRST	46.30	74
75	44.20	9-10	50 BRST	46.30	76
77	38.50	11-12	50 BRST	39.40	78
79	2:46.80	13-14	200 BRST	2:44.40	80
81	2:43.00	15-18	200 BRST	2:33.50	82
83	1:28.30	10/U	100 FLY	1:37.50	84
85	1:12.00	11-12	100 FLY	1:16.50	86
87	1:07.00	13-14	100 FLY	1:05.60	88
89	1:03.70	15-18	100 FLY	58.10	90
91	39.00	8/U	50 BACK	40.30	92
93	39.00	9-10	50 BACK	40.30	94
95	34.00	11-12	50 BACK	35.10	96
97	2:27.10	13-14	200 BACK	2:25.50	98
99	2:22.20	15-18	200 BACK	2:13.50	100
101	3:00.90	10/U	200 IM	3:09.60	102
103	2:35.40	11-12	200 IM	2:40.00	104
105	2:25.90	13-14	200 IM	2:22.10	106
107	2:18.40	15-18	200 IM	2:06.80	108
109	1:13.10	10/U	100 FREE	1:13.90	110
111	1:02.40	11-12	100 FREE	1:03.60	112
113	58.70	13-14	100 FREE	56.80	114
115	56.30	15-18	100 FREE	51.50	116
117	2:42.10	10/U	200 MED REL	2:47.10	118
119	2:17.10	11-12	200 MED REL	2:21.10	120
121	4:40.20	13-14	400 MED REL	4:33.70	122
123	4:40.20	15-18	400 MED REL	4:33.70	124