



SAN DIEGO-IMPERIAL SWIMMING 2016 – 2017 SHORT COURSE SEASON MEET BID PACKAGE

Attached is the San Diego-Imperial Swimming 2016 - 2017 short course swim meet schedule as approved by the SI Swimming Program Committee, and the approved format for each meet. The application form to be used to bid for any meets your club wishes to host is also attached; a separate application is required for each meet that you bid upon. All bids must be received at the SI Swim Office by 2:30 pm on Wednesday, June 15, 2016.

The Meet Bid Form must be filled out completely, and Proof of Water must be received with the bid in order for the bid to be considered. If you bid on more than one meet, indicate which meets you would accept if you are awarded more than one. Also, if you bid on more than one meet, indicate your priority for your choices (1, 2, 3, etc.). Traditional meets must be specifically requested.

The Program Committee will meet on Wednesday, June 15, 2016 at 8:00 p.m. at the All-Sports Swim Office to select meet hosts from the bids received. If you wish to present additional information about your bid or to be available to answer any questions about your bid, you are welcome to attend the meeting for that purpose.

Some of the criteria (but not necessarily all of them) used to select bids are:

- Physical Facility (appropriateness of pool, warm-up area, rest areas, spectator areas, etc.)
- Prior history of the club with respect to meet operations and compliance with SI Swimming's administrative requirements (timely submission of reports, fees, etc.).

Dates	Meet	Notes
September 24	Freestyle Festival – North & South	
October 1-2	* BC “No Free” All Ages – 2 Sites	
October 8-9		
October 15	14 & Under Pentathlon	Columbus Day 10 Oct
October 16	* October Senior Meet	
October 22-23	10&Under Mini /11&Over Distance Meet	
October 29-30		
November 5-6	ABC All Ages – 2 Sites	Veteran’s Day 11 Nov
November 12-13		
November 19-20		
November 26-27		<i>Thanksgiving Weekend</i>
December 2-4	AB All Ages Meet	
December 10	C All Ages Meet	
December 17-19	Winter Age Group Championships	
December 24-25		<i>Christmas Weekend</i>
Dec 31 – Jan 1		
January 7-8		
January 13-15	* AB All Ages Meet – 2 Sites	ML King Day 16 Jan
January 21-22	12 & Under C Meet	
January 27-29	* 11 & Over NTS Meet	
February 4-5		
February 11-12	12 & Under ABC Meet North & South	
February 17-20	* SI Senior Swimming Classic	President’s Day 20 Feb
February 24-26	SI SC Junior Olympics	
March 4-5		
March 11-12	JOMAX North & South	

* Meets open to Mexican Federation teams / swimmers

Freestyle Festival North & South

September 24, 2016

		Girls				Boys			
		B Min	A Min	Age	Dist/Stroke	A min	B min		
Warmup 7:30am		Saturday, September 24, 2016				Meet Starts 9:00am			
1	1:46.10	1:28.40	8/Under	ABC	100 Free	1:25.00	1:42.00	2	
3	1:21.50	1:14.70	9 – 10	ABC	100 Free	1:14.30	1:21.00	4	
5	1:12.70	1:06.70	11 – 12	ABC	100 Free	1:06.20	1:12.20	6	
7	-	-	6/Under		25 Free	-	-	8	
9	21.70	18.10	7 – 8	ABC	25 Free	17.60	21.10	10	
11	2:37.20	2:24.10	11 – 12	ABC	200 Free	2:24.60	2:37.80	12	
13	2:56.80	2:42.00	9 – 10	AB	200 Free	2:41.80	2:56.50	14	
15	3:50.20	3:11.80	8/Under	AB	200 Free	3:04.50	3:41.30	16	
17	33.50	30.70	11 – 12	ABC	50 Free	30.80	33.60	18	
19	37.00	33.90	9 – 10	ABC	50 Free	34.10	37.20	20	
21	48.60	40.50	7 – 8	ABC	50 Free	39.40	47.30	22	
23	-	-	6/Under		50 Free	-	-	24	
25	6:59.50	6:24.60	12/Under	AB	500 Free	6:29.80	7:05.30	26	
Afternoon Session									
27	1:08.50	1:02.80	15/Over	ABC	100 Free	57.40	1:02.60	28	
29	1:09.10	1:03.40	13 – 14	ABC	100 Free	59.60	1:05.00	30	
31	2:28.80	2:16.40	15/Over	ABC	200 Free	2:04.80	2:16.20	32	
33	2:28.40	2:16.10	13 – 14	ABC	200 Free	2:10.90	2:22.80	34	
35	31.90	29.30	15/Over	ABC	50 Free	26.50	28.90	36	
37	31.90	29.30	13 – 14	ABC	50 Free	27.50	30.00	38	
39	6:32.30	5:59.60	13/Over	AB	500 Free	5:48.60	6:20.30	40	

Notes:

- The 8/U and 9-10 200 Free have minimum time standards.
- The 12/U and 13/Ov 500 free also have a minimum time standard.
- All afternoon session events of the same stroke & distance will be swum combined and awarded separately.

B/C All Ages “No Free” Meet – 2 Sites (new format)

October 1-2, 2016

Warmup 7:30 am		Saturday, October 1, 2016					Meet Starts 9:00 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
1	57.80	48.10	8 & Under	B/C	50 BACK	46.80	56.30	2
3	44.30	40.50	9 – 10	B/C	50 BACK	40.40	44.20	4
5	39.60	36.20	11 - 12	B/C	50 BACK	36.60	40.00	6
7			13 & Over	B/C	50 BACK			8
9			8 & Under	B/C	100 BREAST			10
11	1:49.10	1:40.00	9 – 10	B/C	100 BREAST	1:40.50	1:49.70	12
13	1:37.00	1:28.90	11 – 12	B/C	100 BREAST	1:29.00	1:37.10	14
15	1:31.00	1:23.40	13 & Over	B/C	100 BREAST	1:19.10	1:26.30	16
17	55.60	46.30	8 & Under	B/C	50 FLY	47.00	56.40	18
19	41.80	38.30	9 – 10	B/C	50 FLY	38.20	41.60	20
21	37.40	34.30	11 - 12	B/C	50 FLY	34.50	37.70	22
23			13 & Over	B/C	50 FLY			24
25	2:01.40	1:41.20	8 & Under	B/C	100 IM	1:38.50	1:58.20	26
27	1:34.40	1:26.60	9 – 10	B/C	100 IM	1:26.90	1:34.80	28
29	1:24.70	1:17.70	11 - 12	B/C	100 IM	1:17.70	1:24.70	30
31			13 & Over	B/C	100 IM			32

Warmup 7:30 am		Sunday, October 2, 2016					Meet Starts 9:00 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
33			8 & Under	B/C	100 BACK			34
35	1:36.80	1:28.60	9 – 10	B/C	100 BACK	1:28.70	1:37.00	36
37	1:25.20	1:17.90	11 – 12	B/C	100 BACK	1:20.50	1:28.00	38
39	1:21.00	1:14.10	13 & Over	B/C	100 BACK	1:11.30	1:18.00	40
41	1:02.80	52.30	8 & Under	B/C	50 BREAST	51.00	1:01.20	42
43	49.80	45.60	9 – 10	B/C	50 BREAST	45.60	49.80	44
45	44.50	40.80	11 - 12	B/C	50 BREAST	41.00	44.80	46
47			13 & Over	B/C	50 BREAST			48
49			8 & Under	B/C	100 FLY			50
51	1:37.40	1:29.30	9 – 10	B/C	100 FLY	1:29.40	1:37.60	52
53	1:23.00	1:16.10	11 - 12	B/C	100 FLY	1:18.20	1:25.30	54
55	1:17.40	1:11.00	13 & Over	B/C	100 FLY	1:07.70	1:13.80	56
57	3:23.50	3:06.50	10 & Under	B/C	200 IM	3:07.40	3:24.50	58
59	3:01.30	2:46.20	11 - 12	B/C	200 IM	2:46.50	3:01.70	60
61	2:50.90	2:36.60	13 – 14	B/C	200 IM	2:29.00	2:42.60	62

14 & Under Pentathlon

October 15, 2016

Warmup 7:30 am		Saturday, October 15, 2016		Meet Starts 9:00 am	
Girls Event #	Min	Age	Dist/Stroke	Min	Boys Event #
1	55.60	8 & Under	50 Y FLY	56.40	2
3	41.80	9	50 Y FLY	41.60	4
5	38.30	10	50 Y FLY	38.20	6
7	34.30	11	50 Y FLY	34.50	8
9	34.30	12	50 Y FLY	34.50	10
11	1:11.00	13	100 Y FLY	1:07.70	12
13	1:11.00	14	100 Y FLY	1:07.70	14
15	57.80	8 & Under	50 Y BACK	56.30	16
17	44.30	9	50 Y BACK	44.20	18
19	40.50	10	50 Y BACK	40.40	20
21	36.20	11	50 Y BACK	36.60	22
23	36.20	12	50 Y BACK	36.60	24
25	1:14.10	13	100 Y BACK	1:11.30	26
27	1:14.10	14	100 Y BACK	1:11.30	28
29	1:02.80	8 & Under	50 Y BREAST	1:01.20	30
31	49.80	9	50 Y BREAST	49.80	32
33	45.60	10	50 Y BREAST	45.60	34
35	40.80	11	50 Y BREAST	41.00	36
37	40.80	12	50 Y BREAST	41.00	38
39	1:23.40	13	100 Y BREAST	1:19.10	40
41	1:23.40	14	100 Y BREAST	1:19.10	42
43	48.60	8 & Under	50 Y FREE	47.30	44
45	37.00	9	50 Y FREE	37.20	46
47	33.90	10	50 Y FREE	34.10	48
49	30.70	11	50 Y FREE	30.80	50
51	30.70	12	50 Y FREE	30.80	52
53	1:03.40	13	100 Y FREE	59.60	54
55	1:03.40	14	100 Y FREE	59.60	56
57	2:01.40	8 & Under	100 Y IM	1:58.20	58
59	1:34.40	9	100 Y IM	1:34.80	60
61	1:26.60	10	100 Y IM	1:26.90	62
63	1:17.70	11	100 Y IM	1:17.70	64
65	1:17.70	12	100 Y IM	1:17.70	66
67	2:36.60	13	200 Y IM	2:29.00	68
69	2:36.60	14	200 Y IM	2:29.00	70

8 & Under and age 9 swimmers must meet the minimum time standard for all events.

Swimmers age 10 and older must meet the minimum time standard in at least 2 of the events, and enter at the minimum time for any non-qualifying events.

AWARDS: Trophies 1-8 Individuals will be scored using Hy-Tek Power Points. Swimmers must compete in all 5 events in order to be eligible for awards. (A DQ does not make them ineligible.)

October Senior Meet

October 16, 2016

Girls		Distance		Stroke	Boys	
Warmup 7:30 AM		Sun October 16, 2016			Meet Starts 9:00 AM	
1	5:36.60	OPEN	400 Y	IM	5:18.20	2
3	29.30	OPEN	50 Y	FREE	27.50	4
5	1:23.40	OPEN	100 Y	BREAST	1:19.10	6
7	2:16.10	OPEN	200 Y	FREE	2:10.90	8
9	2:40.50	OPEN	200 Y	FLY	2:33.30	10
11	1:14.10	OPEN	100 Y	BACK	1:11.30	12
13	3:01.70	OPEN	200 Y	BREAST	2:50.80	14
15	1:11.00	OPEN	100 Y	FLY	1:07.70	16
17	2:39.60	OPEN	200 Y	BACK	2:31.00	18
19	2:36.60	OPEN	200 Y	IM	2:29.00	20
21	1:03.40	OPEN	100 Y	FREE	59.60	22
23	5:59.60	*OPEN	500 Y	FREE	5:48.60	24
25	12:37.00	*OPEN	1000 Y	FREE	12:23.20	26
27	21:02.90	*OPEN	1650 Y	FREE	20:42.80	28

* Swimmers may swim only 1 of these 3 events. These 3 events may be seeded/swum together. The combination & seeding of these events will be determined and announced prior to event #15.

The 400 IM and the 500, 1000, 1650 frees will be swum fastest to slowest, alternating women and men's heats.
All other events will be seeded and swum fastest to slowest.

10 & Under NTS Mini-Meet / 11 & Over NTS Distance Meet

October 22-23, 2015

Girls		Boys	
Warmup 7:30am	Saturday, Oct 22, 2016	Meet Starts 9:00am	
Morning Session			
1	9 – 10	100 Y Indiv Medley	2
3	8 & Under	100 Y Indiv Medley	4
5	10 & Under	50 Y Breast	6
7	7 – 8	25 Y Breast	8
9	6 & Under	25 Y Breast	10
11	10 & Under	50 Y Back	12
13	7 – 8	25 Y Back	14
15	6 & Under	25 Y Back	16
17	10 & Under	50 Y Fly	18
19	7 – 8	25 Y Fly	20
21	6 & Under	25 Y Fly	22
23	10 & Under	50 Y Free	24
25	7 – 8	25 Y Free	26
27	6 & Under	25 Y Free	28
29	10 & Under Mixed	200 Y Free Relay	
30	8 & Under Mixed	100 Y Free Relay	
Afternoon Session			
31	11 – 12	1650 Y Free	32
33	13 – 14	1650 Y Free	34
35	15 & Over	1650 Y Free	36

Girls		Distance	Stroke	Boys	
Warmup 7:30 AM	Sunday Oct 23, 2015		Meet Starts 9:00 AM		
37	11 – 12	500 Y	Free	38	
39	13 – 14	500 Y	Free	40	
41	15 & Over	500 Y	Free	42	
43	11 – 12	400 Y	IM	44	
45	13 – 14	400 Y	IM	46	
47	15 & Over	400 Y	IM	48	
49	11 – 12	200 Y	Back	50	
51	13 – 14	200 Y	Back	52	
53	15 & Over	200 Y	Back	54	
55	11 – 12	200 Y	Fly	56	
57	13 – 14	200 Y	Fly	58	
59	15 & Over	200 Y	Fly	60	
61	11 – 12	200 Y	Breast	62	
63	13 – 14	200 Y	Breast	64	
65	15 & Over	200 Y	Breast	66	
67	11 – 12	1000 Y	Free	68	
69	13 – 14	1000 Y	Free	70	
71	15 & Over	1000 Y	Free	72	

Notes:

- All events of same stroke & distance will be seeded by time and swum together, but awarded separately.
- Medals 1-3 and Ribbons 4-8 for 11-12 and 13-14 events, no awards for 15 & Over events.
- All events will be swum fastest to slowest.
- Distance freestyle events (500, 1000 and 1650Y Free) will alternate women's and men's heats as well.

A/B/C All Ages Meet – 2 Sites (new format)

November 5-6, 2016

Warmup 7:15 am		Saturday, November 5, 2016					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
1	2:56.80	2:42.00	10 & Under	A/B	200 FREE	2:41.80	2:56.50	2
3	2:37.20	2:24.10	11 - 12	A/B	200 FREE	2:24.60	2:37.80	4
5	48.60	40.50	8 & Under	A/B	50 FREE	39.40	47.30	6
7	37.00	33.90	9 – 10	A/B	50 FREE	34.10	37.20	8
9	33.50	30.70	11 - 12	A/B	50 FREE	30.80	33.60	10
11	55.60	46.30	8 & Under	A/B	50 FLY	47.00	56.40	12
13	41.80	38.30	9 – 10	A/B	50 FLY	38.20	41.60	14
15	37.40	34.30	11 - 12	A/B	50 FLY	34.50	37.70	16
17	57.80	48.10	8 & Under	A/B	50 BACK	46.80	56.30	18
19	44.30	40.50	9 – 10	A/B	50 BACK	40.40	44.20	20
21	39.60	36.20	11 - 12	A/B	50 BACK	36.60	40.00	22
23	1:02.80	52.30	8 & Under	A/B	50 BREAST	51.00	1:01.20	24
25	49.80	45.60	9 – 10	A/B	50 BREAST	45.60	49.80	26
27	44.50	40.80	11 - 12	A/B	50 BREAST	41.00	44.80	28
29	2:01.40	1:41.20	8 & Under	A/B	100 IM	1:38.50	1:58.20	30
31	1:34.40	1:26.60	9 – 10	A/B	100 IM	1:26.90	1:34.80	32
33	1:24.70	1:17.70	11 - 12	A/B	100 IM	1:17.70	1:24.70	34
35	--	--	10 & Under	--	200 MED RELAY	--	--	36
37	--	--	11 – 12	--	200 MED RELAY	--	--	38

AFTERNOON SESSION

39	--	--	13 & Over	--	200 MED RELAY	--	--	40
41	2:28.40	2:16.10	13 – 14	A/B	200 FREE	2:10.90	2:22.80	42
43	2:28.80	2:16.40	15 & Over	A/B	200 FREE	2:04.80	2:16.20	44
45	2:55.10	2:40.50	11 – 14	A/B	200 FLY	2:33.30	2:47.30	46
47	2:50.90	2:36.60	15 & Over	A/B	200 FLY	2:21.60	2:34.40	48
49	3:18.20	3:01.70	11 – 14	A/B	200 BREAST	3:06.40	2:50.80	50
51	3:17.30	3:00.80	15 & Over	A/B	200 BREAST	2:43.00	2:57.80	52
53	1:21.00	1:14.10	13 – 14	A/B	100 BACK	1:11.30	1:18.00	54
55	1:21.50	1:14.50	15 & Over	A/B	100 BACK	1:08.20	1:14.50	56
57	31.90	29.30	13 – 14	A/B	50 FREE	27.50	30.00	58
59	31.90	29.30	15 & Over	A/B	50 FREE	26.50	28.90	60
61	6:07.30	5:36.60	11 – 14	A/B	400 IM	5:18.20	5:47.30	62
63	5:51.50	5:22.00	15 & Over	A/B	400 IM	5:01.20	5:28.80	64

Warmup 7:15 am		Sunday, November 6, 2016					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
65	1:23.00	1:16.10	11 – 12	A/B	100 FLY	1:18.20	1:25.30	66
67	1:37.40	1:29.30	10 & Under	A/B	100 FLY	1:29.40	1:37.60	68
69	1:12.70	1:06.70	11 – 12	A/B	100 FREE	1:06.20	1:12.20	70
71	1:21.50	1:14.70	10 & Under	A/B	100 FREE	1:14.30	1:21.00	72
73	1:37.00	1:28.90	11 – 12	A/B	100 BREAST	1:29.00	1:37.10	74
75	1:49.10	1:40.00	10 & Under	A/B	100 BREAST	1:40.50	1:49.70	76
77	1:25.20	1:17.90	11 – 12	A/B	100 BACK	1:20.50	1:28.00	78
79	1:36.80	1:28.60	10 & Under	A/B	100 BACK	1:28.70	1:37.00	80
81	3:01.30	2:46.20	11 - 12	A/B	200 IM	2:46.50	3:01.70	82
83	3:23.50	3:06.50	10 & Under	A/B	200 IM	3:07.40	3:24.50	84
85	--	--	11 – 12	--	200 FREE RELAY	--	--	86
87	--	--	10 & Under	--	200 FREE RELAY	--	--	88
89	6:59.50	6:24.60	12 & Under	A/B	500 FREE	6:29.80	7:05.30	90

Continued next page

AFTERNOON SESSION

91	--	--	13 & Over	--	200 FREE RELAY	--	--	92
93	1:17.50	1:11.10	15 & Over	A/B	100 FLY	1:05.10	1:11.00	94
95	1:17.40	1:11.00	13 – 14	A/B	100 FLY	1:07.70	1:13.80	96
97	1:08.50	1:02.80	15 & Over	A/B	100 FREE	57.40	1:02.60	98
99	1:09.10	1:03.40	13 – 14	A/ B	100 FREE	59.60	1:05.00	100
101	2:48.10	2:33.80	15 & Over	A/B	200 BACK	2:23.90	2:37.30	102
103	2:54.50	2:39.60	11 – 14	A/ B	200 BACK	2:31.00	2:45.10	104
105	1:31.60	1:23.90	15 & Over	A/B	100 BREAST	1:15.80	1:22.70	106
107	1:31.00	1:23.40	13 – 14	A/B	100 BREAST	1:19.10	1:26.30	108
109	2:52.10	2:37.70	15 & Over	A/B	200 IM	2:21.70	2:34.70	110
111	2:50.90	2:36.60	13 – 14	A/B	200 IM	2:29.00	2:42.60	112
113	6:32.30	5:59.60	13 & Over	A/B	500 FREE	5:48.60	6:20.30	114

Notes:

- 4 events per day limit
- Distance freestyle events (500 and 1000 Y Free) will alternate women's and men's heats.

AB All Ages Meet North & South

December 2-4, 2016

Warmup 4:00 pm		Friday, December 2, 2016					Meet Starts 5:00 pm	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
1	6:59.50	6:24.60	12 & Un	A/B	500 FREE	6:29.80	7:05.30	2
3	22:57.70	21:02.90	12 & Over	A/B	1650 FREE	20:42.80	22:35.80	4

Warmup 7:15 am		Saturday, December 3, 2016					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
5	2:37.20	2:24.10	11 - 12	A/B	200 FREE			
6	--	--	6 & Un	--	25 FREE	--	--	7
8	48.60	40.50	8 & Un	A/B	50 FREE	39.40	47.30	9
10	37.00	33.90	9 - 10	A/B	50 FREE	34.10	37.20	11
12	33.50	30.70	11 - 12	A/B	50 FREE			
13	2:01.40	1:41.20	8 & Un	A/B	100 IM	1:38.50	1:58.20	14
15	1:34.40	1:26.60	9 - 10	A/B	100 IM	1:26.90	1:34.80	16
17	1:24.70	1:17.70	11 - 12	A/B	100 IM			
18	--	--	6 & Un	--	25 BACK	--	--	19
20	57.80	48.10	8 & Un	A/B	50 BACK	46.80	56.30	21
22	1:36.80	1:28.60	10 & Un	A/B	100 BACK	1:28.70	1:37.00	23
24	1:25.20	1:17.90	11 - 12	A/B	100 BACK			
25	--	--	6 & Un	--	25 BREAST	--	--	26
27	1:02.80	52.30	8 & Un	A/B	50 BREAST	51.00	1:01.20	28
29	49.80	45.60	9 - 10	A/B	50 BREAST	45.60	49.80	30
31	44.50	40.80	11 - 12	A/B	50 BREAST			
32	--	--	6 & Un	--	25 FLY	--	--	33
34	55.60	46.30	8 & Un	A/B	50 FLY	47.00	56.40	35
36	1:37.40	1:29.30	10 & Un	A/B	100 FLY	1:29.40	1:37.60	37
38	1:23.00	1:16.10	11 - 12	A/B	100 FLY			
39	--	--	10 & Un	--	200 MED RELAY	--	--	40
41	--	--	11 - 12	--	200 MED RELAY			

AFTERNOON SESSION

			11 - 12	A/B	200 FREE	2:24.60	2:37.80	42
43	2:28.40	2:16.10	13 - 14	A/B	200 FREE	2:10.90	2:22.80	44
45	2:28.80	2:16.40	15 & Over	A/B	200 FREE	2:04.80	2:16.20	46
			11 - 12	A/B	50 FLY	34.50	37.70	47
48	2:55.10	2:40.50	13 - 14	A/B	200 FLY	2:33.30	2:47.30	49
50	2:50.90	2:36.60	15 & Over	A/B	200 FLY	2:21.60	2:34.40	51
			11 - 12	A/B	50 BREAST	41.00	44.80	52
53	3:18.20	3:01.70	13 - 14	A/B	200 BREAST	2:50.80	3:06.40	54
55	3:17.30	3:00.80	15 & Over	A/B	200 BREAST	2:43.00	2:57.80	56
			11 - 12	--	200 MED RELAY	--	--	57
58	--	--	13 & Over	--	200 MED RELAY	--	--	59
			11 - 12	A/B	100 BACK	1:20.50	1:28.00	60
61	1:21.00	1:14.10	13 - 14	A/B	100 BACK	1:11.30	1:18.00	62
63	1:21.50	1:14.50	15 & Over	A/B	100 BACK	1:08.20	1:14.50	64
			11 - 12	A/B	50 FREE	30.80	33.60	65
66	31.90	29.30	13 - 14	A/B	50 FREE	27.50	30.00	67
68	31.90	29.30	15 & Over	A/B	50 FREE	26.50	28.90	69
			11 - 12	A/B	100 IM	1:17.70	1:24.70	70
71	6:07.30	5:36.60	13 - 14	A/B	400 IM	5:18.20	5:47.30	72
73	5:51.50	5:22.00	15 & Over	A/B	400 IM	5:01.20	5:28.80	74

Warmup 7:15 am		Sunday, December 4, 2016					Meet Starts 8:30 am		
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #	
75	41.80	38.30	9 – 10	A/B	50 FLY	38.20	41.60	76	
77	37.40	34.30	11 – 12	A/B	50 FLY				
78	2:56.80	2:42.00	8 & Un	A/B	200 FREE	2:41.80	2:56.50	79	
80	2:56.80	2:42.00	9 – 10	A/B	200 FREE	2:41.80	2:56.50	81	
82	1:49.10	1:40.00	10 & Un	A/B	100 BREAST	1:40.50	1:49.70	83	
84	1:37.00	1:28.90	11 – 12	A/B	100 BREAST				
85	44.30	40.50	9 – 10	A/B	50 BACK	40.40	44.20	86	
87	39.60	36.20	11 – 12	A/B	50 BACK				
88	1:46.10	1:28.40	8 & Un	A/B	100 FREE	1:25.00	1:42.00	89	
90	1:21.50	1:14.70	9 – 10	A/B	100 FREE	1:14.30	1:21.00	91	
92	1:12.70	1:06.70	11 – 12	A/B	100 FREE				
93	3:23.50	3:06.50	8 & Un	A/B	200 IM	3:07.40	3:24.50	94	
95	3:23.50	3:06.50	9 – 10	A/B	200 IM	3:07.40	3:24.50	96	
97	3:01.30	2:46.20	11 – 12	A/B	200 IM				
98	--	--	10 & Un	--	200 FREE RELAY	--	--	99	
100	--	--	11 – 12	--	200 FREE RELAY				
101	--	--	10 & Un	--	500 FREE	--	--	102	
103	6:59.50	6:24.60	11 – 12	A/B	500 FREE				

SUNDAY AFTERNOON SESSION

104	1:17.50	1:11.10	15 & Over	A/B	100 FLY	1:05.10	1:11.00	105
106	1:17.40	1:11.00	13 – 14	A/B	100 FLY	1:07.70	1:13.80	107
			11 – 12	A/B	100 FLY	1:18.20	1:25.30	108
109	1:08.50	1:02.80	15 & Over	A/B	100 FREE	57.40	1:02.60	110
111	1:09.10	1:03.40	13 – 14	A/B	100 FREE	59.60	1:05.00	112
			11 – 12	A/B	100 FREE	1:06.20	1:12.20	113
114	2:48.10	2:33.80	15 & Over	A/B	200 BACK	2:23.90	2:37.30	115
116	2:54.50	2:39.60	13 – 14	A/B	200 BACK	2:31.00	2:45.10	117
			11 – 12	A/B	50 BACK	36.60	40.00	118
119	1:31.60	1:23.90	15 & Over	A/B	100 BREAST	1:15.80	1:22.70	120
121	1:31.00	1:23.40	13 – 14	A/B	100 BREAST	1:19.10	1:26.30	122
			11 – 12	A/B	100 BREAST	1:29.00	1:37.10	123
124	2:52.10	2:37.70	15 & Over	A/B	200 IM	2:21.70	2:34.70	125
126	2:50.90	2:36.60	13 – 14	A/B	200 IM	2:29.00	2:42.60	127
			11 – 12	A/B	200 IM	2:46.50	3:01.70	128
129	--	--	13 & Over	--	200 FREE RELAY	--	--	130
			11 – 12	--	200 FREE RELAY	--	--	131
132	6:29.90	5:57.40	15 & Over	A/B	500 FREE	5:34.80	6:05.30	133
134	6:32.30	5:59.60	13 – 14	A/B	500 FREE	5:48.60	6:20.30	135
			11 – 12	A/B	500 FREE	6:29.80	7:05.30	136

5 EVENTS PER DAY – USA SWIMMING LIMIT

1 Day C All Ages Meet

December 10, 2016

Warmup 7:30 am		Saturday, December 10, 2016			Meet Starts 9:00 am	
Girls Event #	B Min	Age	Div	Dist/Stroke	B min	Boys Event #
1	--	6 & Under	--	25 Y FREE	--	2
3	48.60	7 – 8	C	50 Y FREE	47.30	4
5	37.00	9 – 10	C	50 Y FREE	37.20	6
7	33.50	11 – 12	C	50 Y FREE	33.60	8
9	31.90	13 & Over	C	50 Y FREE	30.00	10
11	--	6 & Under	--	25 Y BACK	--	12
13	57.80	7 – 8	C	50 Y BACK	56.30	14
15	44.30	9 – 10	C	50 Y BACK	44.20	16
17	39.60	11 – 12	C	50 Y BACK	40.00	18
19	1:21.00	13 & Over	C	100 Y BACK	1:18.00	20
21	1:41.20	8 & Under	C	100 Y IM	1:37.00	22
23	1:34.40	9 – 10	C	100 Y IM	1:01.20	24
25	1:24.70	11 – 12	C	100 Y IM	49.80	26
27	2:50.90	13 & Over	C	200 Y IM	2:42.60	28
29	--	6 & Under	--	25 Y BREAST	--	30
31	1:02.80	7 – 8	C	50 Y BREAST	1:01.20	32
33	49.80	9 – 10	C	50 Y BREAST	49.80	34
35	44.50	11 – 12	C	50 Y BREAST	44.80	36
37	1:31.00	13 & Over	C	100 Y BREAST	1:26.30	38
39	--	6 & Under	--	25 Y FLY	--	40
41	55.60	7 – 8	C	50 Y FLY	56.40	42
43	41.80	9 – 10	C	50 Y FLY	41.60	44
45	37.40	11 – 12	C	50 Y FLY	37.70	46
47	1:17.40	13 & Over	C	100 Y FLY	1:13.80	48
49	1:46.10	8 & Under	C	100 Y FREE	1:42.00	50
51	1:21.50	9 – 10	C	100 Y FREE	1:21.00	52
53	1:12.70	11 – 12	C	100 Y FREE	1:12.20	54
55	1:09.10	13 & Over	C	100 Y FREE	1:05.00	56

SWIMMERS MUST BE SLOWER THAN THE B minimum TIMES SHOWN.

AB All Ages Meet – 2 Sites

January 13-15, 2017

Warmup 4:00 pm		Friday, January 13, 2017					Meet Starts 5:00 pm	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
1	6:59.50	6:24.60	12 & Un	A/B	500 FREE	6:29.80	7:05.30	2
3	22:57.70	21:02.90	12 & Over	A/B	1650 FREE	20:42.80	22:35.80	4

Warmup 7:15 am		Saturday, January 14, 2017					Meet Starts 8:30 am	
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #
5	41.80	38.30	9 – 10	A/B	50 FLY	38.20	41.60	6
7	37.40	34.30	11 – 12	A/B	50 FLY			
8	2:56.80	2:42.00	8 & Un	A/B	200 FREE	2:41.80	2:56.50	9
10	2:56.80	2:42.00	9 – 10	A/B	200 FREE	2:41.80	2:56.50	11
12	1:49.10	1:40.00	10 & Un	A/B	100 BREAST	1:40.50	1:49.70	13
14	1:37.00	1:28.90	11 – 12	A/B	100 BREAST			
15	44.30	40.50	9 – 10	A/B	50 BACK	40.40	44.20	16
17	39.60	36.20	11 – 12	A/B	50 BACK			
18	1:46.10	1:28.40	8 & Un	A/B	100 FREE	1:25.00	1:42.00	19
20	1:21.50	1:14.70	9 – 10	A/B	100 FREE	1:14.30	1:21.00	21
22	1:12.70	1:06.70	11 – 12	A/B	100 FREE			
23	3:23.50	3:06.50	8 & Un	A/B	200 IM	3:07.40	3:24.50	24
25	3:23.50	3:06.50	9 – 10	A/B	200 IM	3:07.40	3:24.50	26
27	3:01.30	2:46.20	11 – 12	A/B	200 IM			
28	--	--	10 & Un	--	200 FREE RELAY	--	--	29
30	--	--	11 – 12	--	200 FREE RELAY			
31	--	--	10 & Un	--	500 FREE	--	--	32
33	6:59.50	6:24.60	11 – 12	A/B	500 FREE			

AFTERNOON SESSION

34	1:17.50	1:11.10	15 & Over	A/B	100 FLY	1:05.10	1:11.00	35
36	1:17.40	1:11.00	13 – 14	A/B	100 FLY	1:07.70	1:13.80	37
			11 – 12	A/B	100 FLY	1:18.20	1:25.30	38
39	1:08.50	1:02.80	15 & Over	A/B	100 FREE	57.40	1:02.60	40
41	1:09.10	1:03.40	13 – 14	A/B	100 FREE	59.60	1:05.00	42
			11 – 12	A/B	100 FREE	1:06.20	1:12.20	43
44	2:48.10	2:33.80	15 & Over	A/B	200 BACK	2:23.90	2:37.30	45
46	2:54.50	2:39.60	13 – 14	A/B	200 BACK	2:31.00	2:45.10	47
			11 – 12	A/B	50 BACK	36.60	40.00	48
49	1:31.60	1:23.90	15 & Over	A/B	100 BREAST	1:15.80	1:22.70	50
51	1:31.00	1:23.40	13 – 14	A/B	100 BREAST	1:19.10	1:26.30	52
			11 – 12	A/B	100 BREAST	1:29.00	1:37.10	53
54	2:52.10	2:37.70	15 & Over	A/B	200 IM	2:21.70	2:34.70	55
56	2:50.90	2:36.60	13 – 14	A/B	200 IM	2:29.00	2:42.60	57
			11 – 12	A/B	200 IM	2:46.50	3:01.70	58
59	--	--	13 & Over	--	200 FREE RELAY	--	--	60
			11 – 12	--	200 FREE RELAY	--	--	61
62	6:29.90	5:57.40	15 & Over	A/B	500 FREE	5:34.80	6:05.30	63
64	6:32.30	5:59.60	13 – 14	A/B	500 FREE	5:48.60	6:20.30	65
			11 – 12	A/B	500 FREE	6:29.80	7:05.30	66

Warmup 7:15 am		Sunday, January 15, 2017					Meet Starts 8:30 am		
Girls Evt #	B Min	A Min	Age	Class	Dist/Stroke	A min	B min	Boys Evt #	
67	2:37.20	2:24.10	11 - 12	A/B	200 FREE				
68	--	--	6 & Un	--	25 FREE	--	--	60	
70	48.60	40.50	8 & Un	A/B	50 FREE	39.40	47.30	71	
72	37.00	33.90	9 - 10	A/B	50 FREE	34.10	37.20	73	
74	33.50	30.70	11 - 12	A/B	50 FREE				
75	2:01.40	1:41.20	8 & Un	A/B	100 IM	1:38.50	1:58.20	76	
77	1:34.40	1:26.60	9 - 10	A/B	100 IM	1:26.90	1:34.80	78	
79	1:24.70	1:17.70	11 - 12	A/B	100 IM				
80	--	--	6 & Un	--	25 BACK	--	--	81	
82	57.80	48.10	8 & Un	A/B	50 BACK	46.80	56.30	83	
84	1:36.80	1:28.60	10 & Un	A/B	100 BACK	1:28.70	1:37.00	85	
86	1:25.20	1:17.90	11 - 12	A/B	100 BACK				
87	--	--	6 & Un	--	25 BREAST	--	--	88	
89	1:02.80	52.30	8 & Un	A/B	50 BREAST	51.00	1:01.20	90	
91	49.80	45.60	9 - 10	A/B	50 BREAST	45.60	49.80	92	
93	44.50	40.80	11 - 12	A/B	50 BREAST				
94	--	--	6 & Un	--	25 FLY	--	--	95	
96	55.60	46.30	8 & Un	A/B	50 FLY	47.00	56.40	97	
98	1:37.40	1:29.30	10 & Un	A/B	100 FLY	1:29.40	1:37.60	99	
100	1:23.00	1:16.10	11 - 12	A/B	100 FLY				
101	--	--	10 & Un	--	200 MED RELAY	--	--	102	
103	--	--	11 - 12	--	200 MED RELAY				

AFTERNOON SESSION

			11 - 12	A/B	200 FREE	2:24.60	2:37.80	104
105	2:28.40	2:16.10	13 - 14	A/B	200 FREE	2:10.90	2:22.80	106
107	2:28.80	2:16.40	15 & Over	A/B	200 FREE	2:04.80	2:16.20	108
			11 - 12	A/B	50 FLY	34.50	37.70	109
110	2:55.10	2:40.50	13 - 14	A/B	200 FLY	2:33.30	2:47.30	111
112	2:50.90	2:36.60	15 & Over	A/B	200 FLY	2:21.60	2:34.40	113
			11 - 12	A/B	50 BREAST	41.00	44.80	114
115	3:18.20	3:01.70	13 - 14	A/B	200 BREAST	2:50.80	3:06.40	116
117	3:17.30	3:00.80	15 & Over	A/B	200 BREAST	2:43.00	2:57.80	118
			11 - 12	--	200 MED RELAY	--	--	119
120	--	--	13 & Over	--	200 MED RELAY	--	--	121
			11 - 12	A/B	100 BACK	1:20.50	1:28.00	122
123	1:21.00	1:14.10	13 - 14	A/B	100 BACK	1:11.30	1:18.00	124
125	1:21.50	1:14.50	15 & Over	A/B	100 BACK	1:08.20	1:14.50	126
			11 - 12	A/B	50 FREE	30.80	33.60	127
128	31.90	29.30	13 - 14	A/B	50 FREE	27.50	30.00	129
130	31.90	29.30	15 & Over	A/B	50 FREE	26.50	28.90	131
			11 - 12	A/B	100 IM	1:17.70	1:24.70	132
133	6:07.30	5:36.60	13 - 14	A/B	400 IM	5:18.20	5:47.30	134
135	5:51.50	5:22.00	15 & Over	A/B	400 IM	5:01.20	5:28.80	136

5 EVENTS PER DAY – USA SWIMMING LIMIT

12 & Under C Meet (New Format)

January 21-22, 2017

Girls						Boys		
Warmup 8:30am			Saturday, January 21, 2017			Meet Starts 10:00am		
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event
1	--	--	6 & Under	--	25 Y Free	--		2
3		1:46.10	8 & Under	ABC	100 Y Free	1:42.00		4
5		1:21.50	9 – 10	C	100 Y Free	1:21.00		6
7		1:12.70	11 – 12	C	100 Y Free	1:12.20		8
9		--	6 & Under	--	25 Y Back	--		10
11		57.80	8 & Under	ABC	50 Y Back	56.30		12
13		44.30	9 – 10	C	50 Y Back	44.20		14
15		39.60	11 – 12	C	50 Y Back	40.00		16
17		--	6 & Under	--	25 Y Fly	--		18
19		55.60	8 & Under	ABC	50 Y Fly	56.40		20
21		41.80	9 – 10	C	50 Y Fly	41.60		22
23		37.40	11 – 12	C	50 Y Fly	37.70		24
25		--	6 & Under	--	25 Y Breast	--		26
27		2:56.80	9 – 10	C	200 Y Free	2:56.50		28
29		2:37.20	11 – 12	C	200 Y Free	2:37.80		30
31			8 & Under	--	Mixed 100 Y Free Relay			
32			10 & Under	--	Mixed 200 Y Free Relay			
33			11 – 12	--	Mixed 200 Y Free Relay			

Warmup 8:30am			Sunday, January 22, 2017			Meet Starts 10:00am		
Event	A Min	B Min	Age	Div	Distance/Stroke	B Min	A Min	Event
34		48.60	8 & Under	ABC	50 Y Free	47.30		35
36		37.00	9 – 10	C	50 Y Free	37.20		37
38		33.50	11 – 12	C	50 Y Free	33.60		39
40		2:01.40	8 & Under	ABC	100 Y IM	1:58.20		41
42		1:34.40	9 – 10	C	100 Y IM	1:34.80		43
44		1:24.70	11 – 12	C	100 Y IM	1:24.70		45
46		1:02.80	8 & Under	ABC	50 Y Breast	1:01.20		47
48		49.80	9 – 10	C	50 Y Breast	49.80		49
50		44.50	11 – 12	C	50 Y Breast	44.80		51
52			8 & Under	--	Mixed 100 Y Medley Relay			
53			10 & Under	--	Mixed 200 Y Medley Relay			
54			11 – 12	--	Mixed 200 Y Medley Relay			

Mixed relays must be 2 boys and 2 girls. Except for 8 & Under events, this is a C meet. All 9 & over swimmers must be slower than the B minimum time standard shown. 8 & Under swimmers may swim only one relay per day!

11 & Over No Time Standards Meet

January 27-29, 2017

Girls	Distance	Stroke	Boys
Warmup 4:00 PM	Friday Jan 27, 2017		Meet Starts 5:00 PM
1	11 & Over	1650 Y FREE	2

Girls	Distance	Stroke	Boys
Warmup 7:15 AM	Saturday Jan 28, 2017		Meet Starts 9:00 AM
3	11 & Over	400 Y IM	4
5	11 & Over	200 Y FREE	6
7	11 & Over	100 Y BREAST	8
9	11 & Over	50 Y FREE	10
11	11 & Over	200 Y FLY	12
13	11 & Over	100 Y BACK	14
15	11 & Over	500 Y FREE	16

Girls	Distance	Stroke	Boys
Warmup 7:15 AM	Sunday Jan 29, 2017		Meet Starts 9:00 AM
17	11 & Over	200 Y BREAST	18
19	11 & Over	100 Y FLY	20
21	11 & Over	200 Y BACK	22
23	11 & Over	200 Y IM	24
25	11 & Over	100 Y FREE	26
27	11 & Over	1000 Y FREE	28

Notes: All events will be swum fastest to slowest. Distance events (400Y IM and 500, 1000 and 1650Y Free) will alternate women's and men's heats as well.

12 & Under ABC Meet – North

February 10-12, 2017

Girls						Boys			
	B min	A min	Age	Dist/Stroke		A min	B min		
Warmup 5:00pm						Friday, Feb 10, 2017			Meet Starts 6:00pm
1	6:59.50	6:24.60	12/U	A/B/C	500 FREE	6:29.80	7:05.30	2	
Warmup 7:30am						Saturday, Feb. 11, 2017			Meet Starts 9:00am
3	2:01.40	1:41.20	8/U	A/B/C	100 IM	1:38.50	1:58.20	4	
5	1:34.40	1:26.60	9-10	A/B/C	100 IM	1:26.90	1:34.80	6	
7	1:24.70	1:17.70	11-12	A/B/C	100 IM	1:17.70	1:24.70	8	
9	48.60	40.50	8/U	A/B/C	50 FREE	39.40	47.30	10	
11	37.00	33.90	9-10	A/B/C	50 FREE	34.10	37.20	12	
13	33.50	30.70	11-12	A/B/C	50 FREE	30.80	33.60	14	
15	55.60	46.30	8/U	A/B/C	50 FLY	47.00	56.40	16	
17	41.80	38.30	9-10	A/B/C	50 FLY	38.20	41.60	18	
19	37.40	34.30	11-12	A/B/C	50 FLY	34.50	37.70	20	
21	-	-	10/U		200 FREE RELAY	-	-	22	
23	-	-	11-12		200 FREE RELAY	-	-	24	
25	1:49.10	1:40.00	10/U	A/B/C	100 BRST	1:40.50	1:49.70	26	
27	1:37.00	1:28.90	11-12	A/B/C	100 BRST	1:29.00	1:37.10	28	
29	1:36.80	1:28.60	10/U	A/B/C	100 BACK	1:28.70	1:37.00	30	
31	1:25.20	1:17.90	11-12	A/B/C	100 BACK	1:20.50	1:28.00	32	
33	2:56.80	2:42.00	10/U	A/B/C	200 FREE	2:41.80	2:56.50	34	
35	2:37.20	2:24.10	11-12	A/B/C	200 FREE	2:24.60	2:37.80	36	
Warmup 7:30am						Sunday, Feb. 12, 2017			Meet Starts 9:00am
37	57.80	48.10	8/U	A/B/C	50 BACK	46.80	56.30	38	
39	44.30	40.50	9-10	A/B/C	50 BACK	40.40	44.20	40	
41	39.60	36.20	11-12	A/B/C	50 BACK	36.60	40.00	42	
43	1:46.10	1:28.40	8/U	A/B/C	100 FREE	1:25.00	1:42.00	44	
45	1:21.50	1:14.70	9-10	A/B/C	100 FREE	1:14.30	1:21.00	46	
47	1:12.70	1:06.70	11-12	A/B/C	100 FREE	1:06.20	1:12.20	48	
49	1:02.80	52.30	8/U	A/B/C	50 BRST	51.00	1:01.20	50	
51	49.80	45.60	9-10	A/B/C	50 BRST	45.60	49.80	52	
53	44.50	40.80	11-12	A/B/C	50 BRST	41.00	44.80	54	
55	-	-	10/U		200 MED RELAY	-	-	56	
57	-	-	11-12		200 MED RELAY	-	-	58	
59	1:37.40	1:29.30	10/U	A/B/C	100 FLY	1:29.40	1:37.60	60	
61	1:23.00	1:16.10	11-12	A/B/C	100 FLY	1:18.20	1:25.30	62	
63	3:23.50	3:06.50	10/U	A/B/C	200 IM	3:07.40	3:24.50	64	
65	3:01.30	2:46.20	11-12	A/B/C	200 IM	2:46.50	3:01.70	66	

5 EVENT PER DAY LIMIT

12 & Under ABC Meet – South February 10-12, 2017

Girls						Boys			
B min	A min	Age	Dist/Stroke			A min	B min		
Warmup 5:00pm						Friday, Feb 10, 2017			Meet Starts 6:00pm
1	6:59.50	6:24.60	12/U	A/B/C	500 FREE	6:29.80	7:05.30	2	
Warmup 7:30am						Saturday, Feb. 11, 2017			Meet Starts 9:00am
3	2:01.40	1:41.20	8/U	A/B/C	100 IM	1:38.50	1:58.20	4	
5	1:34.40	1:26.60	9-10	A/B/C	100 IM	1:26.90	1:34.80	6	
7	1:24.70	1:17.70	11-12	A/B/C	100 IM	1:17.70	1:24.70	8	
9	48.60	40.50	8/U	A/B/C	50 FREE	39.40	47.30	10	
11	37.00	33.90	9-10	A/B/C	50 FREE	34.10	37.20	12	
13	33.50	30.70	11-12	A/B/C	50 FREE	30.80	33.60	14	
15	55.60	46.30	8/U	A/B/C	50 FLY	47.00	56.40	16	
17	41.80	38.30	9-10	A/B/C	50 FLY	38.20	41.60	18	
19	37.40	34.30	11-12	A/B/C	50 FLY	34.50	37.70	20	
21	-	-	10/U		200 FREE RELAY	-	-	22	
23	-	-	11-12		200 FREE RELAY	-	-	24	
25	1:49.10	1:40.00	10/U	A/B/C	100 BRST	1:40.50	1:49.70	26	
27	1:37.00	1:28.90	11-12	A/B/C	100 BRST	1:29.00	1:37.10	28	
29	1:36.80	1:28.60	10/U	A/B/C	100 BACK	1:28.70	1:37.00	30	
31	1:25.20	1:17.90	11-12	A/B/C	100 BACK	1:20.50	1:28.00	32	
33	2:56.80	2:42.00	10/U	A/B/C	200 FREE	2:41.80	2:56.50	34	
35	2:37.20	2:24.10	11-12	A/B/C	200 FREE	2:24.60	2:37.80	36	
Warmup 7:30am						Sunday, Feb. 12, 2017			Meet Starts 9:00am
37	57.80	48.10	8/U	A/B/C	50 BACK	46.80	56.30	38	
39	44.30	40.50	9-10	A/B/C	50 BACK	40.40	44.20	40	
41	39.60	36.20	11-12	A/B/C	50 BACK	36.60	40.00	42	
43	1:46.10	1:28.40	8/U	A/B/C	100 FREE	1:25.00	1:42.00	44	
45	1:21.50	1:14.70	9-10	A/B/C	100 FREE	1:14.30	1:21.00	46	
47	1:12.70	1:06.70	11-12	A/B/C	100 FREE	1:06.20	1:12.20	48	
49	1:02.80	52.30	8/U	A/B/C	50 BRST	51.00	1:01.20	50	
51	49.80	45.60	9-10	A/B/C	50 BRST	45.60	49.80	52	
53	44.50	40.80	11-12	A/B/C	50 BRST	41.00	44.80	54	
55	-	-	10/U		200 MED RELAY	-	-	56	
57	-	-	11-12		200 MED RELAY	-	-	58	
59	1:37.40	1:29.30	10/U	A/B/C	100 FLY	1:29.40	1:37.60	60	
61	1:23.00	1:16.10	11-12	A/B/C	100 FLY	1:18.20	1:25.30	62	
63	3:23.50	3:06.50	10/U	A/B/C	200 IM	3:07.40	3:24.50	64	
65	3:01.30	2:46.20	11-12	A/B/C	200 IM	2:46.50	3:01.70	66	

5 EVENT PER DAY LIMIT

SI Time Trials (Separate Sanction)							
	Girls		Distance	Stroke		Boys	
1	5:36.60	OPEN	400 Y	IM		5:18.20	2
3	29.30	OPEN	50 Y	FREE		27.50	4
5	1:23.40	OPEN	100 Y	BREAST		1:19.10	6
7	2:16.10	OPEN	200 Y	FREE		2:10.90	8
9	2:40.50	OPEN	200 Y	FLY		2:33.30	10
11	1:14.10	OPEN	100 Y	BACK		1:11.30	12
13	3:01.70	OPEN	200 Y	BREAST		2:50.80	14
15	1:11.00	OPEN	100 Y	FLY		1:07.70	16
17	2:39.60	OPEN	200 Y	BACK		2:31.00	18
19	2:36.60	OPEN	200 Y	IM		2:29.00	20
21	1:03.40	OPEN	100 Y	FREE		59.60	22
23	5:59.60	*OPEN	500 Y	FREE		5:48.60	24
25	12:37.00	*OPEN	1000 Y	FREE		12:23.20	26
27	21:02.90	*OPEN	1650 Y	FREE		20:42.80	28

* Swimmers may swim only 1 of these 3 events. These 3 events may be seeded/swum together. The combination & seeding of these events will be determined and announced prior to event #15.

JO MAX Meet – North & South

March 11-12, 2017

Girls MAXIMUM		AGE	EVENT	Boys MAXIMUM		
Warmup 7:30am		Saturday, Mar 11, 2017			Meet Starts 9:00am	
1	1:23.20	8/U	100 IM	1:26.50	2	
3	1:23.20	9-10	100 IM	1:26.50	4	
5	1:12.50	11-12	100 IM	1:14.90	6	
7	5:09.90	13-14	400 IM	5:08.00	8	
7	5:08.00	15-18	400 IM	4:47.10	8	
9	2:40.60	10/U	200 FREE	2:47.60	10	
11	2:17.10	11-12	200 FREE	2:20.50	12	
13	2:06.80	13-14	200 FREE	2:03.30	14	
13	2:01.60	15-18	200 FREE	1:52.30	14	
15	1:36.80	10/U	100 BRST	1:41.90	16	
17	1:23.20	11-12	100 BRST	1:26.50	18	
19	1:17.30	13-14	100 BRST	1:15.20	20	
19	1:14.90	15-18	100 BRST	1:09.00	20	
21	33.00	8/U	50 FREE	33.40	22	
23	33.00	9-10	50 FREE	33.40	24	
25	28.90	11-12	50 FREE	29.20	26	
27	27.10	13-14	50 FREE	25.80	28	
27	26.20	15-18	50 FREE	23.60	28	
29	2:20.00	10/U	200 FR REL	2:20.00	30	
31	2:00.00	11-12	200 FR REL	2:02.50	32	
33	---	13-14	200 FR REL	---	34	
33	---	15-18	200 FR REL	---	34	
35	38.00	8/U	50 FLY	40.00	36	
37	38.00	9-10	50 FLY	40.00	38	
39	32.10	11-12	50 FLY	33.20	40	
41	2:33.20	13-14	200 FLY	2:28.90	42	
41	2:26.00	15-18	200 FLY	2:19.80	42	
43	1:26.00	10/U	100 BACK	1:29.70	44	
45	1:13.30	11-12	100 BACK	1:16.90	46	
47	1:08.00	13-14	100 BACK	1:07.30	48	
47	1:04.90	15-18	100 BACK	1:00.10	48	
49	6:00.50	11-12	500 FREE	6:18.90	50	
51	11:31.20	13-14	1000 FREE	11:25.70	52	
51	11:16.00	15-18	1000 FREE	10:55.40	52	
Warmup 7:30am		Sunday, Mar 12, 2017			Meet Starts 9:00am	
53	5:42.30	13-14	500 FREE	5:39.10	54	
53	5:29.90	15-18	500 FREE	5:11.90	54	
55	44.20	8/U	50 BRST	46.30	56	
57	44.20	9-10	50 BRST	46.30	58	
59	38.50	11-12	50 BRST	39.40	60	
61	2:46.80	13-14	200 BRST	2:44.40	62	
61	2:43.00	15-18	200 BRST	2:33.50	62	
63	1:28.30	10/U	100 FLY	1:37.50	64	
65	1:12.00	11-12	100 FLY	1:16.50	66	
67	1:07.00	13-14	100 FLY	1:05.60	68	
67	1:03.70	15-18	100 FLY	58.10	68	
69	39.00	8/U	50 BACK	40.30	70	
71	39.00	9-10	50 BACK	40.30	72	
73	34.00	11-12	50 BACK	35.10	74	
75	2:27.10	13-14	200 BACK	2:25.50	76	
75	2:22.20	15-18	200 BACK	2:13.50	76	
77	2:42.10	10/U	200 MED REL	2:47.10	78	
79	2:17.10	11-12	200 MED REL	2:21.10	80	
81	---	13-14	200 MED REL	---	82	
81	---	15-18	200 MED REL	---	82	
83	3:00.90	10/U	200 IM	3:09.60	84	
85	2:35.40	11-12	200 IM	2:40.00	86	
87	2:25.90	13-14	200 IM	2:22.10	88	
87	2:18.40	15-18	200 IM	2:06.80	88	
89	1:13.10	10/U	100 FREE	1:13.90	90	
91	1:02.40	11-12	100 FREE	1:03.60	92	
93	58.70	13-14	100 FREE	56.80	94	
93	56.30	15-18	100 FREE	51.50	94	

- THIS MEET HAS MAXIMUM TIME STANDARDS
- SWIMMERS ARE NOT QUALIFIED IF THEY HAVE 6 OR MORE JO CUTS
- ALL 13-14 AGE GROUP AND 15-18 AGE GROUP EVENTS WILL BE SWUM TOGETHER BUT AWARDED SEPARATELY
- SWIMMERS MAY ENTER ANY NUMBER OF EVENTS, BUT SWIM ONLY 3 INDIVIDUAL EVENTS PER DAY (6 MAX FOR THE ENTIRE MEET!)
- IF A SWIMMER IS QUALIFIED IN STROKE/DISTANCE FOR JO'S, HE/SHE MAY NOT SWIM THE EVENT IN THIS MEET. THE SAME APPLIES TO A RELAY LEG.