

**USA Swimming Members 17 years and older & Athlete
Protection Training Requirement as of September 1, 2022**

Since 2019, USA Swimming adult athlete members have been required to complete Athlete Protection Training (APT) as a requirement of membership. In 2019, USA Swimming built in an administrative grace period to give athletes 30 days after their 18th birthday to complete the requirement. **Effective September 1, 2022, there will no longer be a 30-day administrative grace period.** Going forward, any 17-year-old athlete who has not completed the APT requirement by their 18th birthday will not be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18th birthday as well as a reminder on their 18th birthday.

All USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual's responsibility and includes both athlete and non-athlete members.