## **DECEMBER 10, 2023 SI FAST 14U MINI MEET INFORMATION SHEET**

## **Pool is located off of Mission Ave and Winterhaven**

Do not park in front of the school as all the gates will be locked.

The lot up the street from the pool will be open for parking.

<u>CHECK IN:</u> All swimmers must check in for their events at the check in table. NO PARENTS ARE ALLOWED AT THE CHECK IN AREA: only coaches and swimmers.

<u>FACILITY:</u> The facility will open at 6:30 am. Teams are NOT allowed to set up tarps on the bleachers. The bleachers are allowed for parents/spectators only.

<u>PARKING:</u> There will be some reserved parking for officials in the parking lot.

PARENTS ARE NOT ALLOWED BEHIND THE BLOCKS UNLESS THEY ARE TIMING.

There are no phones or recording devices allowed in the locker rooms or behind the blocks.

SNACK BAR & HOSPITALITY: There will be hospitality and a snack bar available.

<u>WARM UP ASSIGNMENTS:</u> Both pools will be available for warm up during all warm up times.

7:35 -8:00 AM: FAST, ICAC, RAQ

8:00 – 8:25: PS -4 LANES, WIND -1 LANE, OSC -1 LANE

<u>8:25 -8:50:</u> CAST -1 LANE MAIN POOL, NCA-3 LANES MAIN POOL, 3 LANES DIVE POOL, SBA-1 LANE MAIN, RRST – 1 LANE MAIN POOL

**TIMING ASSIGNMENTS: 2 timers per lane** 

LANE	LANE	LANE	LANE	LANE	LANE
1	2	3	4	5	6
NCA	NCA	NCA	PS	PS	ICAC

We are trying to get high school students to time the entire meet but lanes are assigned in case this doesn't work out.

**TIMELINE: Approximate meet finish 12:30 PM** 

Because Athletes and Non-Athletes must share the locker room, the athletes are not allowed to change or use the showers. Teams should bring their safe sport tents to allow your swimmers a place to change.