

2024 MRA ALL AGES MEET

POOL LOCATION:

GRANITE HILLS HIGH SCHOOL, 1719 E. MADISON AVE, EL CAJON, CA 92019.

CHECK-IN: CHECK-IN IS REQUIRED FOR THE MEET.

CHECK-IN OPENS AT 3:30 P.M. AND CLOSES AT 4:30 P.M. ON FRIDAY. *Coaches may check in swimmers.*

Parents and other teammates are NOT ALLOWED to check in late arriving swimmers. ONLY swimmers checking in and Coaches are allowed in the check in area.

CHECK-IN OPENS AT 7:00 A.M. AND CLOSES AT 8:30 P.M. ON SATURDAY AND SUNDAY FOR **ALL** EVENTS.

DECK AREA: TEAMS CAN SET-UP ON THE BLACK-TOP TO THE WEST SIDE OF THE POOL AND BEHIND THE BLEACHERS AND ALONG THE FENCE AS LONG AS IT IS NOT IN THE WAY OF THE OF THE WALKING PATH AND TIMING SYSTEM.

SESSIONS: THE MEET WILL RUN IN 1 SESSION EACH DAY WITH A 9 LANE COURSE. NO PARENTS WILL BE ALLOWED BEHIND THE STARTING AREA.

SNACK BAR:

A SNACK BAR WILL BE AVAILABLE IN THE OUTDOOR STORAGE AREA.

HOSPITALITY:

HOSPITALITY WILL BE IN THE OUTDOOR STORAGE FOR COACHES AND OFFICIALS.

VENDORS:

JOLYN WILL BE ON DECK ON SATURDAY AND SUNDAY

TIMELINE:

START AT 5:00 P.M. ON FRIDAY AND FINISH APPROX. 7:45 P.M.

START AT 9:00 A.M. ON SATURDAY AND FINISH APPROX. 12:40 P.M.

START AT 9:00 AM ON SUNDAY AND FINISH APPROX. 1:00 P.M.

WARM-UP:

FRIDAY WARM-UP: OPEN WARM-UP.

SATURDAY AND SUNDAY WARM-UP:

7:00 TO 7:35: MRA (1-2) / RRST (8)/ PS (3-6) / SEA (7) / MVY (8)

7:35 TO 8:10: NCA (1-4)/ JBST (5-6)/ SBA (7-8)/ SDSA (9)/ CAST (10)/ TAQ (10)/ RAQ (11) / RYAN (11)

8:10 TO 8:45: RSD (1-4) / BAY (5-6) / WIND (7) / CSTE (8)/ ICAC (8)/ FAST (9) / RST (9)

TIMING ASSIGNMENTS:

FRIDAY: SWIMMERS NEED TO PROVIDE THEIR OWN TIMERS AND COUNTERS.

LANE	1	2	3	4	5	6	7	8	9
SAT	JBST/ JBST	RSD/ RSD	RSD/ RSD	PS/ PS	PS/ PS	NCA/ NCA	SBA/ SBA	BAY/ BAY	SEA/ SDSA
LANE	1	2	3	4	5	6	7	8	9
SUN	PS/ PS	PS/ PS	SEA/ SDSA	BAY/ BAY	JBST/ JBST	NCA/ NCA	SBA/ SBA	RSD/ RSD	RSD/ RSD

Granite Hills High School
1719 E. Madison Ave El Cajon

**Parking avail in red
areas**

