



2024 Winter Age Group Championship Time Standards

GIRLS			BOYS	
LCM	SCY	10 & UNDER	SCY	LCM
38.40	33.90	50 FREE	34.10	38.10
1:24.40	1:14.70	100 FREE	1:14.70	1:24.60
3:02.70	2:42.00	200 FREE	2:48.60	3:02.40
45.60	40.50	50 BACK	40.70	45.80
1:39.60	1:28.60	100 BACK	1:30.80	1:41.70
3:04.40	2:44.00	200 BACK	2:51.40	3:12.70
51.40	45.60	50 BREAST	46.80	52.70
1:52.20	1:40.00	100 BREAST	1:42.00	1:54.20
3:29.40	3:05.00	200 BREAST	3:06.70	3:31.20
43.30	38.40	50 FLY	40.80	45.70
1:40.50	1:29.30	100 FLY	1:38.60	1:50.90
3:05.00	2:44.10	200 FLY	2:47.40	3:07.20
	1:26.40	100 IM	1:27.90	
3:30.20	3:06.50	200 IM	3:10.00	3:31.20

LCM	SCY	11 & 12	SCY	LCM
33.40	29.40	50 FREE	29.80	33.90
1:12.40	1:03.80	100 FREE	1:04.00	1:12.60
2:38.80	2:20.20	200 FREE	2:19.50	2:38.10
5:32.50	6:12.50	400M/500Y FREE	6:22.50	5:41.40
39.10	34.70	50 BACK	35.00	39.50
1:24.10	1:14.70	100 BACK	1:17.70	1:27.50
3:04.40	2:44.00	200 BACK	2:51.40	3:12.70
46.00	40.50	50 BREAST	41.00	46.50
1:35.50	1:24.20	100 BREAST	1:28.60	1:40.10
3:29.40	3:05.00	200 BREAST	3:06.70	3:31.20
37.20	32.90	50 FLY	33.80	38.20
1:24.80	1:15.10	100 FLY	1:17.10	1:27.00
3:05.00	2:44.10	200 FLY	2:47.40	3:07.20
2:58.80	2:38.20	200 IM	2:42.90	3:04.00
6:21.90	5:38.30	400 IM	5:44.90	6:29.20

LCM	SCY	13 & 14	SCY	LCM
31.90	28.00	50 FREE	26.90	30.50
1:07.10	59.00	100 FREE	57.00	1:04.90
2:26.80	2:09.40	200 FREE	2:05.50	2:22.60
5:10.30	5:47.70	400M/500Y FREE	5:45.20	5:08.10
10:48.00	12:06.00	800M/1000Y FREE	11:33.00	10:19.00
20:24.80	20:00.00	1500M/1650Y FREE	19:00.00	19:32.80
1:18.10	1:09.30	100 BACK	1:08.70	1:17.50
2:51.20	2:29.80	200 BACK	2:33.20	2:52.90
1:31.30	1:20.40	100 BREAST	1:17.50	1:28.10
3:17.10	2:54.00	200 BREAST	2:49.30	3:11.90
1:15.60	1:06.80	100 FLY	1:06.20	1:14.90
3:00.00	2:39.60	200 FLY	2:31.00	2:50.00
2:47.60	2:28.10	200 IM	2:23.90	2:43.00
5:59.40	5:18.00	400 IM	5:16.90	5:58.20

LCM	SCY	15 - 18	SCY	LCM
30.90	27.10	50 FREE	24.80	28.40
1:06.00	58.00	100 FREE	53.00	1:00.50
2:24.00	2:06.70	200 FREE	1:55.00	2:11.00
5:08.00	5:45.10	400M/500Y FREE	5:11.60	4:38.10
10:48.00	12:06.00	800M/1000Y FREE	11:33.00	10:19.00
20:24.8	20:00.00	1500M/1650Y FREE	19:00.00	19:32.80
1:14.70	1:06.20	100 BACK	1:02.60	1:10.80
2:48.70	2:35.60	200 BACK	2:20.60	2:38.90
1:31.90	1:21.00	100 BREAST	1:11.40	1:21.50
3:23.20	2:59.80	200 BREAST	2:41.20	3:02.90
1:16.20	1:07.40	100 FLY	1:01.30	1:09.50
2:56.00	2:35.60	200 FLY	2:21.80	2:39.80
2:45.60	2:26.20	200 IM	2:11.30	2:29.40
6:03.80	5:22.00	400 IM	5:01.20	5:40.70