

Agenda for BOD

- 1) Review approve previous minutes
- 2) Consider items in consent agenda
- 3) Old business:
- 4) New Business
- 5) Adjournment

Consent Agenda

SI BOD meeting March 16 2025

General Chair Report: Dave Kilmer

Treasurer Report: John McGlynn

Program Committee Report / LC schedule: Scott Lawson Requires review and vote

Safe Sport Report: Maria Davila

Governance: Maria Davila (committee members sought)

Registration Report: Mary Redmond

General Chair Report

Recent Sectionals – at Oceanside pool instead of Alga Norte. North Coast did a great job. All reports were good and the meet ran smoothly.

Future sectionals notes: potential conflict with UCSD pool this summer – Cal State Games had Saturday reserved. Priority is to get CSG to move to another site and Sectionals to remain at UCSD, alternate site of Southwestern for Sectionals could be considered. Matter should be resolved this coming week.

Meet bids for winter, spring and summer sectional meets due by May 5th. Decided May 20.

Review of recent SC Age group championships for input from attendees.

USA swimming coach development academy in Black Forest Colorado is being held on April 11-13. See SI web posting under news tab (March 8) for information. SI support may be available (discuss and vote).

Remaining 2025 board meeting dates: (meeting times will be 7:00 PM)

May 18th July 20th Sept 21st Nov 16th

Treasurer Report:

Jan

Checking - \$ 210,217.02

Savings - \$ 68,758.43

Investment - \$ 592,400.43

Mar

Checking - \$228,760.62

Savings - \$68,760.62

Investment - \$586,915.24

Tax return is submitted and annual audit has been initiated. We do have some payments pending finalizing winter senior travel.

Program Committee Report:

2025 LC meet schedule

Date	Type	Notes	Other Events
March 22-23	OPEN		(20-23)SWAGR @ Sacramento
March 29-30	OPEN		
April 5-6	OPEN		(3-6)Far Westerns @Plesanton (4-6)Nationals & Jr Nationals @Sarasto .Fl
April 12-13	BC All Ages	SBA	(10-13)Fran Crippen SMOC @ Mission Viejo
April 19-20			EASTER
Apr 26-27	A/BB LCM	PS	
April 30-May 3	OPEN		HS Leagues
May 3-4	14/u NTS meet SC	FAST ?2nd site?	(3-5) Open Water JNats and Nats @ FL
May 10-11	OPEN		(11) Mother's Day
May 17-18	11/o NTS LC OR SC	?second site?	May 8- May 10) HS Swim CIF
May 24-25	OPEN		(15-17) HS Swim State Champs
			(23-25) Speedo Grand Challenge @Irvine
			(26) Memorial Day
May 31-June 1	Munchkin Meet 1-14/u	FAST HSA	
June 7-8	Splash & Dash Max LC PREF	SBA JBST	(3-7) Nationals @Indianapolis, IN
June 14-15	OPEN		(16) Father's Day (12-15) JAG – SO CAL
June 20-22	Splash & Dash	LSC HOSTED Wagner Pool/Oceanside	
June 28-29	Munchkin Meet 2-14u	FAST CAST	
July 5-6	OPEN		
	All Ages NTS LC PREFERRED-LAST CHANCE		
July 11-13		JBST SDSA	(11-13) LA Invite @USC
July 19-20	Munchkin Meet 3-14u	NO Bids	(17-20) Sectionals @ La Jolla
July 24-27	LC AG CHAMPS	LSC HOSTED BBMAC	(23-26) Futures @ Sacramento (31- Aug 3 Far Westerns @Morgan Hill (7/30-8/3) Jr Nationals @Irvine
August 2-3	Wrap Up Meet NTS	SBA CAST	
August 9-10			(5-8) TYR Pro @Irvine
August 16-17			(6-9) WZ Age Group Champs @ Elk Grove
August 23-24			

Meets without second site bid or no bids went out for re-bid. Program committee met during Sunday at Age Group championship meet, and [committee will report results of that meeting.](#)

Safe Sport – Maria Davila

USA Swimming + U.S. Center For Safe Sport Updates

USA Swimming's national Safe Sport committee sent out an intro video (from our former Athlete Rep., Maja Palmroos, who is now the Chair of the National Safe Sport Committee). Video can be viewed [here](#).

APT + Parent/Coaches Education Changes

Center for SafeSport: The U.S. Center for Safe Sport is implementing updated versions of the below courses on Wednesday, March 26, 2025. Course updates **will not** change the status of individual course completions prior to March 25.

SafeSport® Trained Core

Refresher 1, 2, and 3

Parent's Guide to Misconduct in Sport

SafeSport® for Youth Athletes (Ages 13-17)

SafeSport® for Kids

Learners who are in progress on any of these courses need to complete them by Tuesday, March 25 to avoid having progress reset and having to restart from the beginning.

All updated courses will include new content reflecting the 2024 SafeSport Code and 2025 USA Swimming MAAPP. The SafeSport® Trained Core and Refresher courses also include improvements to the learning experience (e.g., fewer videos, easier to read). The course for Parents has been updated to improve accessibility for learners with disabilities.

WZ Safe Sport Updates

N/A

SI Safe Sport Updates

Safe Sport Club Recognition (SSRP) Update: Jan 2025 - March 2025 - Clubs newly meeting or completing renewal of USA Swimming SSRP requirements:

Heartland Swim Association

Reminder to all clubs to read through the criteria and get up to speed on requirements; goal is to have all clubs in the LSC meet SSRP by the end of the 24/25 season. **Note: to host a meet in our LSC, your club MUST have completed all SSRP requirements no later than the first day of the meet being hosted.**

Upcoming SSRP Webinars:

For Parents:

- March 12, 8pm ET / 5 pm PT | [REGISTER](#)
- April 2, 8pm ET / 5pm PT | [REGISTER](#)
- May 7, 8pm ET / 5pm PT | [REGISTER](#)
- June 11, 8pm ET / 5pm PT | [REGISTER](#)

For Athletes:

- March 13, 8pm ET / 5pm PT | [REGISTER](#)
- April 3, 8pm ET / 5pm PT | [REGISTER](#)
- May 8, 8PM ET / 5pm PT | [REGISTER](#)
- June 12, 8pm ET / 5pm PT | [REGISTER](#)

***Note: if you cannot attend the live webinars, you can also complete the education requirements via your USA Swimming education portal [here](#).*

Required courses counting towards SSRP points:

1. For parents: [Parents Guide to Misconduct in Sport](#)
2. For athletes: [SafeSport for Youth Athletes \(5-12\)](#), [SafeSport for Youth Athletes \(13-17\)](#)

Note to all coaches + parents (please communicate to your teams):

A friendly reminder that the USA Swimming & U.S. Center For Safe Sport programs exist to promote a healthy and positive environment free from abuse for all its members. To better understand how to recognize Safe Sport incidents, please refer to USA Swimming's Safe Sport education tools, which can be found [here](#).

The program **IS NOT** intended to be used as a retaliation tool for your personal drama with other USA Swimming members (including but not limited to: coaches, officials, administrators, etc.)

If you are unsure of whether or not an incident should be reported, or need assistance with Safe Sport education, please reach out to SI Safe Sport Chair, Maria Davila (maria.paulad99@gmail.com; 619.240.0573).

Governance: Maria

USA Swimming Updates

2025 Women Coaches In Governance Program

Program includes an 8-week course and fellowship. Full information is located [here](#).

Program is **free** for attendees. LSC's are asked to incur the travel and lodging expense for those attending the in-person portion of this event. LSCs **must** nominate a swim coach for this program. Nominations open Monday, April 28, 2025 close on Friday, May 23, 2025.

Preferred nominee criteria include:

3. USA Swimming women coach member in good standing, with minimum five years coaching experience.
4. Less than one year of governance experience and interest in getting involved.

SI Updates

Governance Committee Revival

Appointment of SI members to Governance Committee (Dave, General Chair)

Minimum of 1 Coach, 1 Official, 1 Non-Coach At-Large, 1 Athlete + Committee Chair (ie. 5 member minimum)

For the appointment of any additional non-athlete, an additional athlete must be appointed

Recommend no more than 9 members total, including the Chair

Proposal for the adoption of a quarterly committee meeting schedule as follows:

March - Intro to USA Swimming & LSC Governance structure + best practices, review of any governance interpretations made by the Chair

since previous meeting, review of updates from USA Swimming requiring timely adoption; initial brainstorming of Bylaws/Policies & Procedures (P&P) updates for SI's Nov. HOD; time-constrained amendments that require BOD approval (*optional*)

June - Review of any interpretations made by the Chair since previous meeting, Review of any mandatory

governance/policy/operating procedure updates from USA Swimming requiring timely adoption, first call for proposed amendments to the LSC Bylaws/P&P (in writing) for Nov. HOD; time-constrained amendments that require BOD approval (*optional*)

October - Review of any interpretations made by the Chair since previous meeting, second call for proposed amendments to the LSC Bylaws/P&P (in writing), including required updates adopted by the USA Swimming HOD at the USAS Annual Business Meeting/Workshops; time-constrained amendments that require BOD approval (*optional*)

November - Review of proposed amendments to the LSC Bylaws/P&P (including Committee recommendations), any last minute amendments proposed by the Committee (*optional*)

Doodle poll to be sent to newly appointed committee members to set date/time for March meeting (*pending schedule approval from BOD*)

Upcoming Events

March Committee Meeting - Date/Time TBD

USA Swimming 2025 Women Coaches In Governance Program - September 2, 2025 - October 24, 2025 on Tuesdays, 12:00 p.m. - 1:00 p.m. ET

Registration Report: - Mary Redmond

Registration Type	2025 Registrations 090124 thru 011625	2022 Registrations 090121 thru 083122	2023 Registrations 090122 thru 083123	2024 Registrations 090123 thru 083124	Member Type
Athlete Premium (YR)	2246	3271	2966	2854	Athlete
Athlete Seasonal 1	NA	117	109	82	Athlete
Athlete Flex	560	1133	672	737	Athlete
Athlete Outreach	36	60	46	48	Athlete
TOTAL ATHLETE REG	2842	4581	3793	3721	Athlete
Individual	276	353	438	392	Non-Athlete
Life	5	5	5	5	Non-Athlete
Club	27	29	29	30	Clubs
Club Seasonal	0	0	NA	NA	Seasonal Club

Total Athlete Registrations 2018: 3929
Total Athlete Registrations 2019: 4440
Total Athlete Registrations 2020: 3860

Total Athlete Registrations 2021: 4228
Total Athlete Registrations 2022: 4581
Total Athlete Registrations 2023: 3793
Total Athlete Registrations 2024: 3721

**The registrations numbers are through March 11,
2025LSC Leadership Call takeaways: March 13**

- 2026 New Club Dues – committee is working on details
 - Phase 2 of the Block Party review
 - CEO Search- the committee is not starting from scratch but taking the previous information/candidates to search for a candidate
 - Club Tool Kit: has been updated with new graphics to use with your team
 - <https://www.usaswimming.org/coaches-leaders/team-leaders/marketing-toolkit>
- Camps and Clinics: June 6 & 7 @ASU during the Zone Select Camp up to 5 LSC coaches are invited to attend for a nominal fee:

<https://www.usaswimming.org/coaches-leaders/connect-learn/programs-services/clinics-workshops/regional-coach-clinics>

- Club Business Update: Webinar April 30 – discussion regarding Revenue
- Safe Sport Course Updates: March 26

Coaches that were registered before 9/1/22 will no longer be required to take the following courses as they are grandfathered in: QFC: Quality Coaching Framework, Welcome to USA Swimming, Rules and Regulations and CORE Certification.
All coaches registered for the first time after 9/1/22 will be required to take the courses.

2025 Registration Fee Information - can be found on the SI Website

Registration links: DO NOT POST REGISTRATION LINKS FOR YOUR CLUB ON YOUR WEBSITE- These are specific to your club.

Program Meeting: March 24@8:15 pm- Work on 2025/2026 SC Schedule
Request the zoom meeting from Mary Redmond

Championship Committee Meeting: TBD- To discuss potential changes to LC AG Champs

Mary Redmond
John McGlynn
Debbie Baldwin
Eric Hughes
Catherine Rowe
Paul Folts

Upcoming Meets:

Splash and Dash: June 20-22 will be held at Wagner Pool in Oceanside

LC Age Group Championships: July 24-27 will be held at BBMAC

Coaches report:

Kevin Eslinger has noted that the ASCA clinic in September (Reno) is available for a discounted rate through March. See ASCA website.

Old business:

New Business: Discussion re LC SI AGC - Dave

Adjournment:

Next meeting - May 18th