



San Diego-Imperial Swimming

2025 18/O LCM NTS Summer Championships

July 27-30, 2025



SANCTION: SI-25-35 This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming. Current USA Swimming rules and any relevant sections of the San Diego Imperial Policies and Procedures Manual will apply. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET FORMAT: Long Course, 3.5-day, Senior Meet with Prelims & Finals (Championship, Consolations & Bonus for most individual events. Open to SI and Out-of-District swimmers from all LSC's registered as of the

ENTRY DEADLINE: July 16, 2025.

Meet Referee:

Mike Carpenter michael.carpenter@onedigital.com

Meet Director:

Jaclyn Rosen jaclyn.rosen@athletics.ucsb.edu 415-640-4205

Meet Admin & Contact:

Sammie Hail shail9@cox.net 619-865-4209

Meet Host:

UCSB Gaucho Aquatics

VENUE: Southwestern Community College, 900 Otay Lakes Rd, Chula Vista, CA 91910. One 8 lane 50 meters x 25 yard pool. An Additional 8 lane 50 meters x 25 yard pool.

ELIGIBILITY: Open to SI and Out-of-District USAS 18/O swimmers who hold a valid 2025 USA Swimming Card issued no later than **Saturday, July 16, 2025** and are affiliated with a University, Junior College or a collegiate program competing under NCAA/NAIA (all divisions). On-deck registrations are not permitted. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events.

Age Up Date: The age of the swimmer will be the swimmer's age on July 27, 2025

ENTRY LIMITS: This event may be limited to the first 500 swimmer entries received. Entries will be accepted in the order received until the meet capacity is reached. Entries that are rejected due to the entry limit having been exceeded will be notified via email.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All 18 and older athletes registered with the club must have completed the Athlete Protection Training. Failing to complete the APT test will impact the athlete's ability to compete at meets or have their times loaded into SWIMS.

Violations of MAAPP can result in person(s) being asked to leave the facility immediately by the meet director or the meet referee. If this happens, person(s) will not be allowed to return through the rest of the meet.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.

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APT for Athletes 18 years and older

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after July 27, 2025, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after July 27, 2025, who competes in this USA Swimming sanctioned event without completing this



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membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

A notification will be sent to the athlete's team/head coach flagged in the meet recon report notifying the athlete of the need to complete the requirement(s) and that if the requirement(s) are not completed prior to the start of the meet that the athlete will be prohibited from participating.

Safe Sport: The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. There may be designated area(s) for athletes, coaches and meet personal.

Coaches: All coaches are required to complete the USADA Coaching Advantage and the concussion protocol. California coaches are required to complete the following course:

(CANRA) Mandatory Reporting: Understanding Your Responsibility

Coaches & Officials: All coaches and officials will be required to show their credentials before entering the venue on the first date they attend the meet. Coaches and officials without current certifications/credentials will be spectators only and not allowed on the deck in any official capacity.

Officials: Officials will be scheduled in advance with the minimum number of officials required, set by the Officials Chair. All deck officials must be in good standing and registered with USA Swimming for 2025. California residents must complete the CANRA: Mandatory Reporting Course.

Other restrictions:

- There may be separate restroom facilities for athletes and coaches/officials/spectators
- Shaving is not allowed anywhere in the facility.
- Tobacco products of any kind, vaping, alcohol beverages, and glass containers are not allowed in the swimming venue.
- Trained service animals or service animals in training with identifiable vests will be allowed. Service animals must remain on a leash or be always in a harness.

GUIDELINES: *This meet will be held using the most current State, County, Local, and Facility COVID guidelines that are in place on the day(s) of the event.*

- **Cell phone restrictions:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms and behind the start area behind the blocks.
- **Drone Restrictions:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- **Deck Changing:** Deck changes are prohibited. Teams are encouraged to bring and use their Safe Sport changing tent.

Timers: Two volunteers per lane will be assigned to work back up buttons and stop watches.

USA SWIMMING MEET 360:

Permanently suspended or ineligible individuals cannot be present on deck, coach, or perform any function at a meet requiring USA Swimming Membership.

1. During registration, ensure all coaches, officials, trainers, massage therapists, LSC or host club staff, and medical professionals show proof of current USA Swimming membership (e.g., require them to show their Membership Card via the USA Swimming app) at registration. If such an individual cannot demonstrate proof of membership in good standing, deck access will not be granted.
2. Individuals permanently suspended or ineligible can be spectators at a meet and may be in the stands.



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3. Violators shall be reported to the Meet Director or Meet Referee, who can then direct that individual to the spectator area. A subsequent report should also be made to USA Swimming.
4. A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.
5. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

RULES: Current USA swimming rules and SI Swimming meet procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement.

- Swimmers are allowed to swim up to 3 individual events and 2 relays per day or a max of 8 events for the meet
- **Check-in opens at 7 am on Sunday, Jul 27, 2025. No pool Space will be available on Saturday July 26.**
- **Scratch Deadlines:** Scratch deadline for Monday, Tuesday and Wednesday's events will be 5:30 pm for the next day's events.
- **NO SHOW PENALTY.** Once checked in for an event, any swimmer who is a no show for the preliminary or timed finals heats of an event will be barred from their next individual event and will not be allowed to swim that race. A swimmer who is a no show for a finals heat for which he/she has qualified and has not scratched will be barred from competition for the remainder of the meet.
- **Seeding:** All preliminary events will be swum fast to slow, with the fastest 3 heats circle seeded. LCM times will be seeded before SCY times.
- **Racing start certification:** Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge.
- **Unaccompanied Athlete:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **Finals:** For events 200 and shorter, finals will consist of a Bonus Final (C), Consolation Final (B) and Championship Final (A) swum in that order, with 8 swimmers qualifying for each final heat. The top 26 qualifiers for finals must scratch if they do not wish to swim in finals. Only A and B Finals for 400 Free and 400 IM.
- **NO TIME TRIALS**
- **Start Time for Finals 6 pm:** The start time for finals will be set by the meet referee, but in any event will begin no sooner than 2 hours after the conclusion of the last preliminary heat.
- **Finals Scratch Procedures:** A swimmer must scratch or place an intent to scratch an event within 30 minutes of the announcement of the preliminary results. Finals are scratch only



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(positive check in will not be used). A swimmer who is a "no-show" for finals (original top 27 places only) will be removed from the remainder of the meet.

- **Relays:** All relays are timed final events and will be swum during the finals sessions; Wednesday's finals will be held in the morning. Clubs may enter as many relay teams as they wish. Relays do not score points, but awards will be given to the top three teams in each event. Relays may be deck entered; however, relay only swimmers must be pre-entered in the meet. **Relay entry cards are due each day by 12:00 p.m.** Swimmers who arrive without a team—or teams that need extra swimmers to complete a relay—can be placed on a relay by meet staff. Please feel free to mix up your teams and join others when creating your relay.
- **Distance Events.** The 800 and 1500 Free Events are timed final events and will be swum fastest to slowest, alternating women's and men's heats. The fastest heat of the women's 1650 will be the first individual event of Wednesday Finals Session taken place in the Morning. Swimmers in the 800 and 1500 freestyle must be prepared to supply a timer for up to three heats, and are responsible for providing their own lap counters. The 400 Free and 400 IM will be swum fastest to slowest. Only A and B finals for 400's.

Entries: Entries for this meet will be accepted beginning **Monday, May 19, 2025.** All entries must be received (hand delivered, express delivered or electronic- **NO SIGNATURE REQUIRED PLEASE**) by the entry deadline: **Entry deadline: Wednesday, July 16, 2025.** Late entries may be accepted and charged double.

All team entries (3 or more swimmers) must be submitted electronically using a Hy-Tek Team Manager compatible system. The meet event file is available at www.si-swimming.com. Full payment (via a single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry.

Once the meet has reached full capacity, only entry updates (to add additional events or update entry times) to **currently entered swimmers** will be accepted, up until the entry deadline (no new swimmers may be added once the meet closes or the meet has reached full capacity). No refunds of swimmer entries or event deletions are allowed.

Email Entries to: Sammie Hail shail9@cox.net

Pay Entries: Gaucho Aquatics via Zelle jaclynrosen@ucsb.edu

or send check to Gaucho Aquatics 107 Natoma Ave #1 Santa Barbara, CA 93101

ENTRY FEES: \$9.00 Individual event
\$25.00 Swimmer surcharge
\$20.00 Facility fee (no charge for Relays)

No refunds. Please make team checks payable to: **Gaucho Aquatics**

COACHES MEETING: There will be a meeting of all coaches on Sunday morning at 8:45 am. At least one representative from each team must attend.

SCORING: Individual events will be scored from 1-16th (20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1). MVP of the meet for both Men and Women will be awarded based on high individual performance..

AWARDS: Presented to the top three in each event including relays.

MEDIA: This meet may be covered by the media, including photographs, video, webcasting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

WARM-UP: No Assigned warm-ups, an estimated timeline and team timing assignments will be posted on www.si-swimming.com before the meet.

Swimmers must enter the pool feet first while maintaining at least one hand on the pool wall until both feet touch the water (3-point entry). NO DIVING or JUMPING allowed from the blocks or the edge of the



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pool

WOMEN'S

ORDER OF EVENTS

MEN'S

Warm Up 8:00 am		Sunday July 27, 2025		Meet Starts 10:00 am	
1		SENIOR	50 M	BACK	2
3		SENIOR	50 M	BREAST	4
5		SENIOR	100 M	FLY	6
7		SENIOR	400 M	FREE	8
9		SENIOR	200 M	IM	10
11		SENIOR	50 M	FREE	12
13		SENIOR	200 M	MEDLEY REL	14

Warm Up 8:00 am		Monday July 28, 2025		Meet Starts 10:00 am	
15		SENIOR	50 M	FLY	16
17		SENIOR	400 M	IM	18
19		SENIOR	200 M	FREE	20
21		SENIOR	100 M	BREAST	22
23		SENIOR	100 M	BACK	24
25		SENIOR	200 M	FREE RELAY (swim in finals)	26

Warm Up 8:00 am		Tuesday July 29, 2025		Meet Starts 10:00 am	
27		SENIOR	200 M	BACK	16
29		SENIOR	100 M	FREE	18
31		SENIOR	200 M	BREAST	20
33		SENIOR	200 M	FLY	22
35		SENIOR	400 M	FREE RELAY (swim ifinals)	26

All events Wednesday July 30 are timed finals

Warm Up 8:00am		Wednesday July 30, 2025		Meet Starts 10:00 am	
37		SENIOR	400 M	MEDLEY RELAY	38
39		SENIOR	800 M	FREE	40
41		SENIOR	1500 M	FREE	42