



2024 SI SC AGE GROUP CHAMPIONSHIP

MEET INFORMATION SHEET

POOL LOCATION: GRANITE HILLS HIGH SCHOOL, 1719 E Madison Ave, El Cajon 92019

TEAM TARP SET UP: Per the high school, teams may come on campus after 4:00 pm on Friday. Teams are to set up outside the pool deck in the area down the stairs behind the pool. No team/family/parent tarps on deck.

COACHES MEETING: SATURDAY @ 8:45 AM

COACH TARPS: Coaches may set up tarps for themselves after 4:00 pm on Friday or wait until Saturday

BLEACHERS: For parents/spectators only- NO TARPS OVER ANY OF THE BLEACHERS OR BEHIND BLEACHERS

CHECK-IN: Check in is required for the meet and check in Friday closes at 5 pm and Saturday & Sunday closes at 8:30 am. Only athletes and coaches are allowed to check in the athletes.

SCRATCH PROCEDURES:

- a. **PRELIMS:** At the first Check-in for each day, a swimmer may scratch any event, but the swimmer may not reenter an event once scratched.
- b. **FINALS:** A swimmer wishing to declare their intent to scratch from finals must sign the official scratch sheet within 30 minutes from the announcement of the preliminary results in the administrative office.
- c. **LATE WITHDRAWAL FROM FINALS:** A swimmer who qualifies for a Finals heat (championship or consolation), and has not scratched, and wishes to withdraw from the event, may do so without a NO SHOW penalty only if:
 1. The swimmer involved, in person, notifies the Referee before the Finals start of his/her desire to withdraw and allow a reseeding of the Finals Heat(s) AND
 2. The swimmer is present at the Finals at the time of the event involved.

NO SHOW PENALTY: Once checked in for an event, any swimmer who is a no show for the preliminary heats of an event will be barred from their next individual event and will not be allowed to swim that race. A swimmer who is a no show for a finals heat (championship or consolation) for which he/she has qualified and has not scratched will be barred from competition for the remainder of the meet.

SESSIONS/COURSES: Prelims: 10 lanes Finals: 8 lanes



SAN DIEGO-IMPERIAL
SWIMMING

TIMELINE: FRIDAY: STARTS AT 5:30 PM SATURDAY & SUNDAY PRELIMS START AT 9 AM
SATURDAY & SUNDAY ESTIMATED START OF FINALS: 4:00 PM

FRIDAY: OPEN WARM UP at 4:30 pm ALL TEAMS & SWIMMERS WILL PROVIDE THEIR OWN TIMERS & LAP COUNTERS

TEAM WARM UP ASSIGNMENTS & # of LANES TO USE: WARMUP TIMES REVERSED FOR SUNDAY

GROUP A: NCA, BAY, MVY, SDSA, CAST, RST GROUP A: SAT: 7:00 – 7:35 AM: SUN: 8:05 – 8:40 AM:

GROUP B: RSD, JBST, SEA, ICAC, RAQ GROUP B: SAT: 7:35 – 8:05 AM: SAME AS SAT

GROUP C: PS, SBA, CSTE, HSA, CALI GROUP C: SAT: 8:05 – 8:40 AM: SUN: 7:00 – 7:35 AM

TEAMS WITH 5 OR FEWER SWIMMERS MAY CHOOSE THEIR WARM UP TIME AND SHARE A LANE

SAT & SUN TIMING ASSIGNMENTS: 2 TIMERS EACH LANE - LANE 9 & 10 WILL BE AM ONLY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
JBST	NCA	NCA	RSD	RSD	PS	PS	SBA	BAY	SDSA

MEET JOBS: MEET MARSHALL (need 2 at all times) -1 MUST BE MALE & 1 FEMALES

JOB	FRI	SAT AM	SAT PM	SUN AM	SUN PM
HEAD TIMER	SBA	CSTE	RSD	BAY	NCA
RUNNER/POSTING	ADMIN	JBST	SBA	JBST	SBA
CHECK-IN	ADMIN	PS		PS	
MEET MARSHALL	PS(2)	JBST (2)	NCA (2)	RSD (2)	NCA (2)
AWARDS			SAM		SAM

HOSPITALITY: THERE WILL BE HOSPITALITY FOR OFFICIALS AND COACHES.

SNACK BAR: There will NOT be a snack bar so teams/swimmers should bring their own drinks and food to make sure they remain hydrated and nourished during the meet.

MEDICAL ASSISTANCE/SUPERVISION: THERE WILL BE LIFEGUARDS ON DUTY DURING THE MEET. FIRST AID SUPPLIES, AED AND A BACKBOARD WILL BE AVAILABLE.