

SDSA All Ages NTS (except for Friday's events: BB MIN)

July 11-13, 2025

Invited Teams: CAST,CSTE,HSA,MGST,MRA,MVY,RRST,RSD,RYAN,SDSA,SOL,SBA,SEA,TAQ

Sanction: SI-25-28 2025 SI SDSA All Ages NTS Meet July 11-13 2025 Meet Ref: Bill Eisenhamer beisenhamer@gmail.com	Sanction #: SI-25-28 Held under the sanction of USA Swimming by San Diego Imperial Swimming, Inc. All participating athletes and clubs are registered with San Diego Swimming. No athletes will be allowed from another LSC. This meet has been sanctioned by San Diego Imperial Swimming and current USA Swimming rules and any relevant sections of the San Diego Imperial Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2025 with USA Swimming by the meet entry deadline July 11, 2025. San Diego Imperial Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
Meet Director:	Paul Folts sdsaswim@gmail.com 217-621-7125
Meet Administrator:	Sammie Hail 619-865-4209 shail9@cox.net
Meet Entries and Deadlines:	Email entries to: Sammie Hail shail9@cox.net The meet's entry deadline is by <u>midnight July 2, 2025.</u> Late entries may be accepted and charged double if accepted.
Mail Meet Fees To:	Make checks payable to: SDSA Mail checks to: Tyler Thompson, 2671 Root St, San Diego, CA. 92123 Full payment (via a single team check) for entries must be postmarked within 48 hours of the email entry or hand deliver payment no later than the final date of the meet.
Entry Fees:	\$15 surcharge per athlete \$7 individual event
Deck Entries:	No Deck Entries allowed for individual events.
MAAPP:	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All 18 and older athletes registered with the club must have completed the Athlete Protection Training. Failing to complete the APT test will impact the athlete's ability to compete at meets or have their times loaded into SWIMS <i>Violations of MAAPP can result in person(s) being asked to leave the facility immediately by the meet director or meet referee. If this happens, person(s) will not be allowed to return through the rest of the meet.</i>
APT for Athletes 17 years and older:	<u>Effective September 1, 2022, there will no longer be a 30-day administrative grace period.</u> Going forward, any 17-year-old athlete who has not completed the APT requirement by their 18th birthday will not be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18 th birthday as well as a reminder on their 18 th birthday.
Safe Sport:	At this time swimmers, coaches, workers, officials, and parents will be allowed in the pool area. There may be designated area(s) for athletes, coaches, and meet personal.
Venue:	Brian Bent Memorial Aquatic Complex, 818 6 th St, Coronado CA 92118 Snack bar may be available.
Facility:	There may be designated area(s) for athletes, coaches, and meet personal.

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Water Depth:	The pool has 8 working lanes with a warm up pool available. The minimum water depth measured accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end.
Course Certification	The competition course has not been certified in accordance with 104.2.2C(4).
Guidelines:	The competition: <i>This meet will be held using the most current State, County, Local, and Facility COVID guidelines that are in place on the day(s) of the event.</i>
USA Swimming Registration:	All swimmers, coaches, and officials participating in this competition must be <u>currently</u> (2025) registered with USA Swimming. All Coaches are required to complete the USADA Coaching Advantage, and all officials and coaches are to have completed Concussion Protocol Training. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All swimmers must be registered as athletes for 2025 with USA Swimming by the meet entry deadline. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Format:	Flyover starts may be used. Teams will be assigned a session (if needed) after all the entries are received. Meet administration reserve the right to add or subtract session(s); or lanes used; based on entries
Clerk of Course (Check-in Procedures).	This meet will require each swimmer to check-in prior to the start of the meet. Check-in will close 30 minutes prior to the start of the meet. Swimmers and coaches are the only ones who can check-in; NO PARENTS WILL BE ALLOWED IN THE CHECK-IN AREA.
Meet Start Time:	Friday: Meet warmup - 5:00 pm, Meet Start time -6:00 pm Sat & Sun: Meet start time 9:00 am – warm up times will be sent out after entries have been received
Age Up Date:	The age of the swimmer will be the swimmers age on July 11, 2025
Restrictions:	Swimmers may enter up to 4 events per day. Friday Events – Swimmers may swim only 2 of the events.
Other Restrictions:	- There may be separate restroom facilities for athletes and coaches/ officials / spectators. - Shaving is not allowed anywhere in the facility - Tobacco products of any kind, vaping, alcohol beverages, and glass containers are not allowed in the swimming venue. - Trained service animals or service animals in training with identifiable vests will be allowed. Service animals must remain on a leash or be always in a harness.
Swimmers with Disabilities	<i>SDSA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations Article 105 to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and / or registered service animals. Failure to provide advance notice may limit SDSA's ability to accommodate all requests</i>
Qualifying Times:	This meet is using the National BB time standards for Fri events & NTS for Sat & Sun events. Swimmer must be equal to or faster than the listed time standard for Friday events.
Cell phone restrictions:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms and behind the start area behind the blocks.

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Drone Restrictions:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Deck Changing:	<u>Deck changes are prohibited.</u> Teams are encouraged to bring and use the Safe Sport changing tent.
12 & under Tech Suit Restriction:	102.8.1.F SWIMWEAR (USA Swimming Rulebook) No Technical Suits Shall be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet. (as of 9/1/2020). 1) Exceptions for the foregoing restriction are only for Junior nationals, U.S. Open, National championships, and Olympic Trials. 2) A Technical Suit is one that has the following components: a. Any suit with any bonded or taped seams regardless of its fabric or silhouette: or b. Any suit with woven fabric extending past the hips. (Note: WOVEN FABRIC – a suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC – a suit with knit fabric and sewn seams not extending below the knee is permitted.)
Racing start Certification:	Any Athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must each race from within the water without the use of a backstroke ledge. When unaccompanied by a member coach, it is the responsibility of the athlete or athletes' legal guardian to ensure compliance with this requirement.
Officials:	Officials will be scheduled in advance with the minimum number of officials required set by the Officials Chair. All deck officials must be registered with USA Swimming for 2025 and have a current Background Check, Athlete Protection Course, and Concussion Protocol Training acknowledged by USA Swimming.
Timers:	Two Parent Volunteers per lane will be assigned to work back up buttons and stop watches. Friday evening: Swimmers must provide 2 timers and their own lap counter.
Awards:	1-8 Ribbons
Medical Assistance/Supervision	Lifeguards will be on duty throughout the meet. There is a fire station across from the school Law enforcement contact: Coronado Police Dept 616-522-7350 Child Protective Services: San Diego Child & Family Wellbeing 877-792-5437 Medical Services: Sharp Coronado Hospital 619-522-3600, 250 Prospect Pl, Coronado 92118

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Friday, July 11, 2025

Girls				Boys		
Warm up:				Meet Starts:		
Event	SC/LC Time	Age		Dist./Stroke	SC/LC Time	Event
1	<u>10</u> 7:45.09/7:01.69 <u>11/12</u> 6:45.69/6:04.79 <u>13/o</u> 6:22.79/5:41.79	10/o	BB MIN	400/500 Free	<u>10</u> 7:33.79/6:52.49 <u>11/12</u> 6:29.99/5:53.89 <u>13/o</u> 5:58.19/5:23.49	2
3	<u>11/12</u> 13:58.19/12:42.89 <u>13/o</u> 13:10.29/11:50.79	11/o	BB min	800/1000 Free	<u>11/12</u> 13:40.39/12:22.99 <u>13/o</u> 12:20.99/11:09.19	4
5	<u>11/12</u> 6:03.69/6:56.79 <u>13/o</u> 5:39.69/6:28.19	11/o	BB MIN	400 IM	<u>11/12</u> 5:50.09/6:46.59 <u>13/o</u> 5:13.59/6:02.79	6
7	<u>11/12</u> 23:19.69/24:14.99 <u>13/o</u> 22:01.19/22:43.49	11/o	BB Min	1500/1650 Free	<u>11/12</u> 22:42.89/24:00.99 <u>13/o</u> 20:46.99/21:25.69	8

Swimmers may swim a max of 2 events on Friday. Swimmers must be equal to or faster than the listed time

Saturday, July 12, 2025

Girls				Boys		
Warm up:				Meet Starts:		
Event		Age		Dist./Stroke		Event
9		12/u		200 IM		10
11		Open		100 Back		12
13		11/o		200 Breast		14
15		Open		100 Fly		16
17		12/u		50 Breast		18
19		Open		100 Free		20
21		13/o		200 IM		22

Sunday, July 13, 2025

Girls				Boys		
Warm up:				Meet Starts:		
Event		Age		Dist./Stroke		Event
23		12/u		200 Free		24
25		11/o		200 Back		26
27		12/u		50 Fly		28
29		Open		100 Breast		30
31		12/u		50 Back		32
33		11/o		200 Fly		34
35		Open		50 Free		36
37		13/o		200 Free		38

Swimmers may enter up to 4 events Sat and 4 events Sun