

2025 SI SPLASH & DASH MEET INFORMATION SHEET

LOCATION: Wagner Aquatic Center, 3306 Senior Center Dr, Oceanside CA 92056

COACHES AND OFFICIALS: The coaches and officials may enter through the gate by the senior center or the front door and proceed to the coach/official check in table (next to the swimmer check in table) to have their credentials checked on their USA Swimming App. Those not in good standing will not be issued a bag tag and will not be allowed on deck to work/coach. It is the individual's responsibility to make sure they are in good standing and no exceptions will be made. This includes the CANRA for CA residents. In good-standing coaches and officials will be issued a bag tag at this time.

THURSDAY NIGHT: Due to scheduling restraints and conflicts there won't be any warm-up. Team tarp set up is allowed beginning at 7:00 pm and all individuals must be out of the facility no later than 8:00 pm

Athlete & Tarp drop off area and team entrance each day: The gate next to the Senior Center through the grass picnic area.

TARP SETUP: Teams may set up on the small bleachers in front of the warm up pool, in the picnic area outside the gate next to the pool and designated areas on the deck. The splash pad has new tiles and will be blocked from anyone setting up in that area. Please bring your pop up changing tents for your team area. Teams are NOT allowed to set up against the Senior Center building in the garden area as that blocks a walk way and teams cannot set up outside the pool area.

PARKING: NO RV PARKING ALLOWED IN ANY PARKING LOT- Parking is free for most of the weekend

- Lot in front of facility: NO PARKING- THIS IS RESERVED FOR MEET ADMINISTRATIVE STAFF AND FACILITY STAFF ONLY-
- Parking Lot in front of Senior Citizen building: Parking is allowed in designated areas only
- FRONT WAVE PARKING LOT: Free in purple and white parking spots and if there is no event then in any other spots. Sunday there is an event at 4 pm so individuals may have to pay for parking
- Wagner Pool does NOT control the parking in the Front Wave parking lot.

COACHES TARPS: Coaches may set up their tarps on the North Side(across from bleachers). Since we have 4 out of district teams you may want to invite them to share your tarp area while watching the meet. No tarps for coaches on the bleacher side of the pool. Bring your own chairs.

FACILITY: The facility will open at 6 am each day. All parents & swimmers must enter through the back gate by the senior center. Teams are NOT allowed to set up on or behind the bleachers. The bleachers are allowed for parents/spectators only.

SCRATCHES FROM FINALS: Scratches for finals must be declared within 30 minutes of the results being announced. There will be a scratch desk at the admin area. Only athletes or coaches are allowed to scratch (no parents)

HOSPITALITY FOR COACHES', OFFICIAL'S & ADMIN STAFF: There will be hospitality available for the coaches, officials and admin staff in the Event Room. This is also where official's and coach's meetings will take place. Breakfast and lunch along with snacks and drinks will be provided.

SNACK BAR: There will NOT be a snack bar available. Teams are allowed to bring in food and drinks. Please keep your areas free from trash at all times.

RESTROOMS: Safe Sport Guidelines: The 4 individual restrooms outside are for adults only. Locker rooms are for athletes. If an individual restroom is not available only the Officials and Coaches may use the locker rooms as they are USA Swimming registered non-athletes. There will be additional restrooms near the Senior Center that will be open for Non-athletes only.

MEET MARSHALS: MONITOR THE WARM UP POOL AND BEHIND THE BLOCKS – ONLY ATHLETES BEHIND BLOCKS AND PARENTS WHO ARE TIMING It is required to have 1 meet marshal of each gender. Work together as teams to meet the requirement.

PHONE USAGE: When working a position or job keep your phone in your bag/pocket please

POSITIVE CHECK IN IS REQUIRED FOR ALL EVENTS EACH DAY. NO PARENTS WILL BE ALLOWED AT THE CHECK IN AREA- ONLY ATHLETES AND COACHES.

- Check in each day closes at 8:00 am. Scratches for 200 IM on Saturday close at 11:15 am, Scratches for 400 Free close at 1:00 pm on Sunday

<u>TIMELINE:</u> PRELIMS START AT 8:30 AM FINALS START AT 4:30 PM each day Each final session will begin with a heat of Splash & Dash Top 8
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WARM-UP INFORMATION

GROUP 1: PS,NCA,COM, BAAC,SMST, BAY, CALI, ICAC,

GROUP 2: RSD, JBST, SBA, PSC, SDSA,SEA,CSTE, RST, HSA

GROUP 3: 12/U Swimmers only from any team

TEAMS WITH 6 OR LESS SWIMMERS MAY CHOOSE A TIME TO WARM UP

There will not be assigned lanes. The 25 yd warm up pool has 8 lanes and will open at all times for teams to use

FRIDAY: GROUP 1 6:45-7:20 GROUP 2: 7:20-7:55 GROUP 3: 7:55-8:20

SATURDAY: GROUP 1: 7:20-7:55 GROUP 2: 6:45-7:20 GROUP 3: 7:55-8:20

SUNDAY: GROUP 1 6:45-7:20 GROUP 2: 7:20-7:55 GROUP 3: 7:55-8:20

The 7:55-8:20 warmup is for 12/u swimmers only

1st Warm up

6:45 AM - 7:20 AM (both pools available)

after 20 min from the start of the warm up time,

AT 7:10 AM

Ln 1- Pace lane (in the competition pool)

Ln 7 - Dive /sprint (in the competition pool)

at around 7:20 AM or earlier

Ln - #3 and #5 - will be dive /sprint lanes

2nd warm up (both pools available)

7:20 AM – 7:55 AM

after 20 mins from the start of the warm up time

7:45 AM

Ln - #1 - Pace lane (competition pool)

Ln # 7 - Dive/ Sprint (competition pool)

at around 7:55 AM or earlier

Ln # 3 and # 5 - Dive /sprint lane.

3rd warm up- for 12 & Under (ONLY the 12& U in the competition pool)

7:55 AM - 8:20 AM

if requested by coaches at 8:10 AM open Ln # 1 for Pace, and Ln #7 for Drive/Sprint and then Ln #3 & #5 for additional dive.

All ages can be in the 25 yd pool at this time.

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TIMING ASSIGNMENTS: 2 TIMERS EACH LANE- BOTH AM AND PM

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
SDSA	NCA	NCA	RSD	RSD	PS	PS	SBA

MEET JOB ASSIGNMENTS

JOB	FRI AM	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM
HEAD TIMER	BAY	RSD	BAY	RSD	BAY	PS
RUNNER/POSTING	SBA	SBA	SBA	SBA	SBA	SBA
ATHLETE CHECK-IN	PS		PS		PS	
COACHES/OFFICIALS CHECK-IN	FAST					
MEET MARSHALL(2) 1 male/1 female	CSTE/SEA	RSD	CSTE/SEA	NCA	RSD	NCA
AWARDS	JBST	JBST	JBST	JBST	JBST	JBST

8 PEOPLE NEEDED FOR ATHLETE CHECK IN EACH MORNING