

## 2026 SI FAST 14U RISING STARS 3 MEET INFORMATION SHEET

Meet will start at 9:00 am   TIMELINE: Approximate meet finish time 11 AM

Pool is located off of Mission Ave and Winterhaven

Do not park in front of the school as all the gates will be locked. The lot up the street from the pool will be open for parking.

CHECK-IN IS REQUIRED: Check in will open at 7:15 am and close at 8:30 am

No parents allowed at check in. We have staff that will help the swimmers check in

Both boys and girls will swim the events together but be awarded separately.

FACILITY: The facility will open at 7:00 am. Teams are NOT allowed to set up tarps on the bleachers. The bleachers are allowed for parents/spectators only.

PARKING: There will be some reserved parking for officials in the parking lot.

**PARENTS ARE NOT ALLOWED BEHIND THE BLOCKS UNLESS THEY ARE TIMING.**

There are no phones or recording devices allowed in the locker rooms or behind the blocks.

SNACK BAR & HOSPITALITY: There will be NO hospitality or a snack bar available due to the work being done at the facility.

WARM UP ASSIGNMENTS: Both pools will be available for warm up during all warm up times.

7:30-8:00 am FAST   8:00-8:45 PS, ICAC, RAQ, RST

TIMING ASSIGNMENTS: 2 timers per lane

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
PS	PS	PS	ICAC	RAQ	FAST

RELAY CARDS: Relays will be deck entered and are due by 9:30 am - relays are \$20

Event 16: 10/u Mixed 100 MEDLEY mixed relay- 2 boys and 2 girls

Event 17: 14/u Mixed 200 MEDLEY relay – 2 boys and 2 girls

Because Athletes and Non-Athletes must share the locker room, the athletes are not allowed to change or use the showers. Teams should bring their safe sport tents to allow your swimmers a place to change.