

2025 SI CAST Senior Meet - copied - 10/5/2025**2019 SI CAST Senior Meet****Session Report**

Session: 1 Sunday

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 400 IM	17	3 u	09:00 AM	_____
Finals	2 Men 400 IM	4	1 u	09:18 AM	_____
Finals	3 Women 50 Freestyle	36	5 u	09:23 AM	_____
Finals	4 Men 50 Freestyle	28	4 u	09:27 AM	_____
Finals	5 Women 100 Breaststroke	26	4 u	09:30 AM	_____
Finals	6 Men 100 Breaststroke	26	4 u	09:37 AM	_____
Finals	7 Women 200 Freestyle	25	4 u	09:43 AM	_____
Finals	8 Men 200 Freestyle	17	3 u	09:53 AM	_____
Finals	9 Women 200 Butterfly	6	1 u	10:01 AM	_____
Finals	10 Men 200 Butterfly	9	2 u	10:04 AM	_____
Finals	11 Women 100 Backstroke	34	5 u	10:09 AM	_____
Finals	12 Men 100 Backstroke	21	3 u	10:17 AM	_____
Finals	13 Women 200 Breaststroke	21	3 u	10:22 AM	_____
Finals	14 Men 200 Breaststroke	12	2 u	10:32 AM	_____
Finals	15 Women 100 Butterfly	26	4 u	10:38 AM	_____
Finals	16 Men 100 Butterfly	23	3 u	10:44 AM	_____
Finals	17 Women 200 Backstroke	24	3 u	10:48 AM	_____
Finals	18 Men 200 Backstroke	12	2 u	10:57 AM	_____
Finals	19 Women 200 IM	28	4 u	11:03 AM	_____
Finals	20 Men 200 IM	30	4 u	11:14 AM	_____
Finals	21 Women 100 Freestyle	25	4 u	11:24 AM	_____
Finals	22 Men 100 Freestyle	27	4 u	11:30 AM	_____
Finals	23 Women 500 Freestyle	11	2 u	11:35 AM	_____
Finals	24 Men 500 Freestyle	8	1 u	11:48 AM	_____
Finals	25 Women 1000 Freestyle	6	1 u	11:54 AM	_____
Finals	26 Men 1000 Freestyle	6	1 u	12:07 PM	_____
Finals	27 Women 1650 Freestyle	1	1 u	12:20 PM	_____
Finals	28 Men 1650 Freestyle	2	1 u	12:42 PM	_____
	Swimmers Counts for Warm-ups: 155	=====	=====		
	Entry / Heat Totals:	511	79		
	Finish Time			01:03 PM	_____